



Hello again!

1/ Please find the February 2005 newsletter attached. This contains some details of what we worked on last month, and a chart showing Anxiety and depression presenting to members of practice teams in Scotland: annual prevalence rates per 1 000 population, by age and sex, year ending Mar 2004.

2/ The Doing Well by People with Depression Programme are holding a Development Network Event on the 8th and 9th February, at the Milton Hotel in Glasgow. A report of the event will be available on their website (see [http://cci.scot.nhs.uk/cci/cci\\_BaseTemplate.jsp?pContentID=1864](http://cci.scot.nhs.uk/cci/cci_BaseTemplate.jsp?pContentID=1864)) by the end of February.

3/ Resources for psychiatrists with pocket computers/personal digital assistants are available at [http://www.trickcyclists.co.uk/pocket\\_psychiatry.htm](http://www.trickcyclists.co.uk/pocket_psychiatry.htm). They include The Mental Health (Care and Treatment) (Scotland) Act 2003, The Criminal Procedures (Scotland) Act 1995 (relevant parts to psychiatrists), The Adults with Incapacity (Scotland) Act 2000 and parts of Chapter V of ICD-10, and Chapter 4 of the British National Formulary. For further details contact David Christmas at [d.m.christmas@dundee.ac.uk](mailto:d.m.christmas@dundee.ac.uk)

4/ On 27 January 2005 the "See Me" campaign to eliminate stigma and discrimination associated with mental health problems (see <http://www.seemescotland.org>), launched a new strand, specifically aimed at children and young people. This includes a television cartoon-style advertisement, showing a girl with an eating disorder who has been harassed by other children, with the message: "see me...I'm a person. Just like you". Two cartoon posters with the same message are being widely distributed, and the campaign is supported by leaflets and website information (see <http://www.justlikeme.org.uk>) to direct children, parents and teachers to relevant sources of support.

5/ The coming-into-effect date for many sections of the Mental Health (Care and Treatment) (Scotland) Act 2003 has been changed from April 2005 to October 2005. For further details of this change see <http://www.scotland.gov.uk/Topics/Health/care/15216/rmhlawspecial0105>. The new implementation date of October allows more time to help guarantee a successful implementation. The Executive will continue the work needed to put in place the Code of Practice and the new Tribunal system and will continue to work with stakeholders on major issues such as workforce development, training and communication.

6/ The 21st Century Social Work Review Group (see <http://www.21csocialwork.org.uk>) have issued a call for contributions on the role of the social worker. They are keen to seek the perspectives not only of social workers and the organisations that employ and represent them, but from the many partners and colleagues who they work with as well as from users and carers. The review is working to a very tight timetable and while they would welcome your thoughts on these questions throughout the lifetime of the review, responses by 11th February would be particularly helpful in informing the next stage of the process.

7/ At the 27 January launch of the Tutor Pack on Communication Tactics with Deaf People, Rhona Brankin spoke about services for those with sensory loss who also have a mental health problem. She acknowledged that further improvement is needed in terms of access and care for this group. She also announced a swift but thorough review of the relevant guidance, with a view to publishing advice by April to assist the planning and delivery of improved access, services and better communications for those with sensory loss who also have a mental health problem.

8/ The The National Inquiry into self-harm among young people, jointly run by The Camelot Foundation and The Mental Health Foundation, launching an interim report on 16 January. This revealed that both education professionals and young people would like specific information and advice about self-harm to be provided in all schools across the UK. To learn more see <http://www.selfharmuk.org/index.asp>.

9/ The report of the retrieval pilot work completed on the Information Core for Integrated Care (the national encounter and intervention recording standard) is now available at [http://www.isdscotland.org/isd/files/ICIC\\_retpilot\\_report.pdf](http://www.isdscotland.org/isd/files/ICIC_retpilot_report.pdf). We are keen to establish a multidisciplinary working group (including users/ carers) to revise the dataset in line with the recommendations from the retrieval pilot report. If you or any of your colleagues would like to participate in a working group or would

like more information please contact [fiona.black@isd.csa.scot.nhs.uk](mailto:fiona.black@isd.csa.scot.nhs.uk).

10/ As always, previous editions of the Improving Mental Health Information Programme newsletter are available at our web site (see <http://www.isdscotland.org/imhipnews>). The website (<http://www.isdscotland.org/imhip>) also includes details of pioneer local projects and relevant policy links.

11/ If you know anyone else who might be interested to receive this e-mailed newsletter once a month encourage them to sign-up by e-mailing [alastair.philp@nhs.net](mailto:alastair.philp@nhs.net). Why not forward them this e-mail to let them know it exists? We are particularly keen to improve our profile with GPs and practice team members.

12/ If at any time you wish to be removed from this distribution list, wish further information on any of our activities or have comments, however critical, about anything we say or do please get in touch ([alastair.philp@nhs.net](mailto:alastair.philp@nhs.net)). We will only improve mental health information if we work together and keep talking!

best wishes,

Karen Brown

Alastair Philp