



[Please note: If any of the links break over two lines you may have to paste them back together again in your browser. Alternatively you could visit the home page for the organisation (the bit between the double "/" and the first single "/" and follow links from there.)

1] Please find the Feb 2006 newsletter attached. This contains some details of what we worked on last month, and a chart showing annual prevalence rates for Depression and Anxiety per 1000 population for Scotland, by sex and deprivation quintile.

2] We have also issued a consultation paper covering two mental health datasets we have been working on over the past few years - the Information Core for Integrated Care (ICIC) and the Psychiatric Inpatient Clinical Discharge Summary Information Set (PIC-DSIS). The consultation paper is available at <http://www.clinicaldatasets.scot.nhs.uk>.

3] The Psychology Workforce Planning Project have published their latest report: Workforce Planning for Psychology Services in NHSScotland. The project is a partnership between NHS Education for Scotland (NES) & the Information Services Division (ISD) of NHS National Services Scotland. The report presents data on the number of staff working in Psychology Services and data on what fraction of their time is spent in different service roles (e.g. direct & indirect patient contact, management, research & audit, continuous professional development). For more details see [http://www.isdscotland.org/isd/info3.jsp?pContentID=2130&p\\_applic=CCC&p\\_service=Content.show&](http://www.isdscotland.org/isd/info3.jsp?pContentID=2130&p_applic=CCC&p_service=Content.show&).

4] Data has also been published on staff in post on 30th September 2005 across all NHS staff groups and includes: consultant vacancies, staff employed in the General Medical Service and numbers for General, Community and Hospital Dentists. Psychiatric specialities and other mental health workers are included. For more details see [http://www.isdscotland.org/isd/info3.jsp?pParentID=799&pContentID=1346&p\\_applic=CCC&p\\_service=Content.show&](http://www.isdscotland.org/isd/info3.jsp?pParentID=799&pContentID=1346&p_applic=CCC&p_service=Content.show&).

5] A preliminary report on data gathered in the first national census of Allied Health Professionals has been published and is available at [http://www.isdscotland.org/isd/collect2.jsp?pContentID=1359&p\\_applic=CCC&p\\_service=Content.show&](http://www.isdscotland.org/isd/collect2.jsp?pContentID=1359&p_applic=CCC&p_service=Content.show&). The report includes data on magnitude and diversity of case load and also how many cases are also seen by other workers. However beware: the downloadable file is 5Mb. It is planned that further more detailed reports will follow later in 2006.

6] The Quality Improvement Programme at ISD Scotland has produced an e-mail bulletin (Jan 06) that features work that ISD is doing to support quality improvement in Primary care in Scotland. It includes data on the mental health quality and outcomes indicator from the new General Medical Services contract with General practitioners. See <http://www.show.scot.nhs.uk/indicators/IQIbulletinjan06.pdf>. It is intended that the next bulletin will have mental health as a theme.

7] The National Programme for Improving Mental Health and Well-being have issued another e-bulletin on their new website - <http://www.wellscotland.info>. The bulletin carries news, events and developments from the National Programme. It also contains stories about Livinglifetothefull.com, the launch of WellScotland, Incapacity Benefit Reform, an Invaluable Online Resource for Suicide Prevention, the Breathing Space helpline and website, and the effect of diet on wellbeing. To

subscribe to the e-bulletin visit <http://www.wellscotland.info/news/subscribe.html>. Please note: if you have previously subscribed to wellontheweb.net you will need to re-subscribe to the new site.

8] The Scottish Executive have released national data from a census of Day Care services for adults in Scotland, including those with mental ill-health. For more details see <http://www.scotland.gov.uk/Publications/2006/01/23160354/0>.

9] The January 2006 ezine from Primary Care Mental Health and Education (PRIMHE) is out now. See <http://www.primhe.org/markup/news-ezine.cfm?NewsID=16>.

10] The Doing Well by People with Depression programme (in the Centre for Change and Innovation), in collaboration with the Royal College of GPs have organised a conference called Doing Well, Staying Well on 21 March 2006. For further details see [http://www.cci.scot.nhs.uk/cci/cci\\_display\\_np.jsp?pContentID=1917&p\\_applic=CCC&p\\_service=Content.show&](http://www.cci.scot.nhs.uk/cci/cci_display_np.jsp?pContentID=1917&p_applic=CCC&p_service=Content.show&) or contact [doingwell@conventionmanagement.co.uk](mailto:doingwell@conventionmanagement.co.uk).

11] Two newsletters and two posters describing the introduction of an Emergency Care Summary (ECS) in Scotland have been published. The ECS is compiled from GP electronic records and allows care providers in out-of-hours (OOH) centres access to key information about current medications. The ECS contains demographic information and telephone numbers as well as medication and adverse drug reactions. The information is taken from the practice twice a day when any changes are made to the GP electronic record and can be viewed by clinicians working in OOHs centres. The ECS allows patients to opt out from having their records sent to the ECS Store. The patient informs the practice and none of their data will be sent. For more information see [http://www.show.scot.nhs.uk/gmsimt/ECS\\_Doc\\_Pack.htm](http://www.show.scot.nhs.uk/gmsimt/ECS_Doc_Pack.htm) (only accessible to those connecting from within the NHS I'm afraid) or contact [annabel.chambers@isd.csa.scot.nhs.uk](mailto:annabel.chambers@isd.csa.scot.nhs.uk).

12] The 21st Century Social Work Review Group have published their report 'Changing Lives' with recommendations for the future of social services in Scotland. See <http://www.scotland.gov.uk/Publications/2006/02/02094408/0>.

13] The Scottish Executive published on 30 January the third bi annual report on the Dundee Advanced Interventions (AI)/Neurosurgery for Mental Disorder (NMD) Service <http://www.show.scot.nhs.uk/mhwbsg/Documents/2006-01-30%20NMD%20Report.pdf>. For a comprehensive overview of the service, this latest report should be read in conjunction with the earlier reports and the related Standing Advisory Committee reports. All documents are available on the Publications page of the Mental Health and Well Being Support Group web site (<http://www.show.scot.nhs.uk/mhwbsg/>). The Minister for Health and Community Care also announced on 30 January designation of this service as a National Specialist Service from April 2006. See <http://www.scotland.gov.uk/News/Releases/2006/01/30100531>.

14] Arrangements to deliver the provisions of the new Mental Health Act are now largely in place and operational though some issues remain for attention and resolution locally. Given the progress made, returns to the Mental Health Division to monitor progress will now be made quarterly under the delivery indicator process. The January returns will be published on the web shortly (at <http://www.show.scot.nhs.uk/mhwbsg> and the next returns will be invited for 3 April 2006. The Sc Ex Mental Health Division is now considering changes to the ongoing monitor arrangements that will give consideration and attention to mental health commitments contained within Delivering for Health. The Mental Health Division is in touch with the Joint Local Implementation Coordinators, and through them the networks they represent, to provide drafts of these changes.

15] Delivering for Health (<http://www.scotland.gov.uk/Resource/Doc/76169/0018996.pdf>) sets out a series of steps intended to improve both mental health and the delivery of mental health

services in Scotland. Delivering change will rely on partnership consideration, planning and delivery to bring about the sustained improvements needed. The Scottish Executive will be working with all partners to deliver these expectations within the timetables set out in Delivering for Health. A National Mental Health Delivery Plan will be developed (December 2006) to bring together this work. National events will also be arranged through the year linked to the delivery agenda. The first is planned for 26 April, the others are pencilled in for September and December. More details will follow.

16] The Choose Life website, <http://www.chooselife.net>, brings together what is known about effective suicide prevention, including key statistics, research, training opportunities, and an action plan for every local authority area in Scotland.

17] A digital music download service called the Butterfly Collection has been set up by Dundee-based mental health information and support project Littlewing. The site will raise funds to provide essential information on mental health and help tackle the stigma associated with mental health problems. See <http://www.thebutterflycollection.org.uk>.

18] Breathing Space (who operate a national website and telephone helpline for those who feel down or stressed) have organised a series of seminars in conjunction with Choose Life. These will take place in Oban, Mull and Shetland over the next couple of months. The seminars aim to raise awareness of Breathing Space and Choose Life locally, and provide a platform for local and national networking. Places are free. For more information, please visit <http://www.breathingspacescotland.co.uk> and look in news and press information.

19] As always, previous editions of the Improving Mental Health Information Programme newsletter are available at our web site (see <http://www.isdscotland.org/imhipnews>). The website (<http://www.isdscotland.org/imhip>) also includes details of all our projects and relevant policy links.

20] If you know anyone else who might be interested to receive this e-mailed newsletter once a month encourage them to sign-up by e-mailing [karen.brown@isd.csa.scot.nhs.uk](mailto:karen.brown@isd.csa.scot.nhs.uk). Why not forward them this e-mail to let them know this newsletter exists? We are particularly keen to improve our profile with service users and informal carers, and with GPs and practice team members (among others).

21] If at any time you wish to be removed from this distribution list, wish further information on any of our activities or have comments, however critical, about anything we say or do please get in touch. We will only improve mental health information if we work together and keep talking!

best wishes,

Karen Brown

Alastair Philp