



Hello again!

1/ Please find the May 2005 newsletter attached. This contains some details of what we worked on last month, and a chart showing numbers of consultant psychiatrists (whole-time-equivalents) in Scotland, by specialty, at 30 Sep; 1994 to 2004.



imhipmay05.pdf

2] As you are doubtless aware, a draft Mental Health Information Strategy for Scotland was circulated for consultation late last month. The consultation will run until 29 July 2005 and the consultation documents are available at http://www.isdscotland.org/isd/collect2.jsp?p_service=Content.show&pContentID=3354. A series of five regional consultation events have been arranged and we will e-mail you an invitation to these separately later today. If you do not receive this invitation please contact us for further details. Feel free to pass the invitation to colleagues.

3] The Centre for Confidence and Well-being (see <http://www.centreforconfidence.co.uk>) have published the second edition of their newsletter - Confidence Matters - and it is available at <http://www.centreforconfidence.co.uk/pdf/nletter/issue2.pdf>. Their website also carries details of a number of events they have organised, including their Vanguard Programme and an Action Research Training Course (see <http://www.centreforconfidence.co.uk/events>).

4] The Scottish Carers Alliance have organised a seminar that will focus on carers who look after someone with mental ill health. The seminar will take place on Tu 14 Jun 2005 (during Carers Week) and will be held at the Scottish Health Service Centre, which is next to the Western General Hospital in Edinburgh. If you would like to book a place at this seminar, please visit <http://www.scottishcarersalliance.org.uk>. Please note that one person from each Alliance member organisation is entitled to a free place at the seminar. There are also limited free places for carers.

5] The Chief Nursing Officer, Paul Martin, has announced the first national review of mental health nursing in Scotland. The review commenced in March 2005 and will consider how mental health nursing can best be developed in a way that enables the profession to support and influence the implementation of health policy, and drive the enhancement of mental health services both now, and in the future. It also aims to enhance the role of mental health nurses to ensure the best evidence and values-based practice can be delivered in order to improve the outcomes and experience of care for service users and carers. The first conference during the review process will take place in Edinburgh on 29 Jun 2005. For further information see the review web site: <http://www.show.scot.nhs.uk/sehd/nrmhns/> or contact susanne.forrest@scotland.gsi.gov.uk.

6] 6 Jun 2005 has been designated the first national Bluebell Day to raise awareness of postnatal depression. For more details see www.bluebellday.org.uk.

7] The Public Health Information Programme (PHIP) for Scotland, hosted by ISD, are developing a comprehensive Public Health Information website in partnership with NHS Health Scotland. This will support the main aims of the Public Health Information Programme, which are to: provide a support service for those involved in health improvement in Scotland; work collaboratively with others involved with routine public health information in Scotland to develop a co-ordinated and comprehensive public health information provision; and to provide a focus for new routine health information development where gaps exist. They are keen to get your views on what you'd like the

website to include. So please visit <http://www.isdscotland.org/isd/info3.jsp?pContentID=2787> and fill in their questionnaire. PHIP will also compile briefing reports, the first of which will be on obesity information and tobacco information in Scotland. For further information please contact diane.stockton@isd.csa.scot.nhs.uk

8] The Chief Scientist's Office (CSO) at the Scottish Executive Health Department have issued a call for Programme grants in Mental Health. See <http://www.show.scot.nhs.uk/cso/PandN/Portfolios.htm#mental>

9] The 8th edition of a Newsletter for Mental Health Officers has been published. You can access this (or archived back copies) at http://www.gla.ac.uk/centres/nuffield/publications/MHO_Newsletter.htm. The newsletter aims to provide a vehicle for sharing information across Scotland on legal, administrative and practice developments of interest to Mental Health Officers. The newsletter is produced three times per year, Autumn, Winter and Summer. If you would like to be put on the mailing list please e-mail Ailsa Stewart at a.e.stewart@clinmed.gla.ac.uk.

10] As always, previous editions of the Improving Mental Health Information Programme newsletter are available at our web site (see <http://www.isdscotland.org/imhipnews>). The website (<http://www.isdscotland.org/imhip>) also includes details of all our projects and relevant policy links.

11] If you know anyone else who might be interested to receive this e-mailed newsletter once a month encourage them to sign-up by e-mailing karen.brown@isd.csa.scot.nhs.uk. Why not forward them this e-mail to let them know this newsletter exists? We are particularly keen to improve our profile with service users and informal carers, and with GPs and practice team members (among others).

12] If at any time you wish to be removed from this distribution list, wish further information on any of our activities or have comments, however critical, about anything we say or do please get in touch (alastair.philp@nhs.net). We will only improve mental health information if we work together and keep talking!

best wishes,

Karen Brown

Alastair Philp