



Hello again on World Mental Health Day - <http://www.wmhd.net>

1] Please find the Oct 2005 newsletter attached. This contains some details of what we worked on last month, and a chart showing rates of deaths due to intentional self-harm or undetermined intent, Scotland 1995-2004.



2] The fourth annual Improving Mental Health Information Programme Conference - iMHIP05 - will be held on 15 Nov 05 in Glasgow at The Lighthouse from 10am until 3:30pm. Places are filling up fast so please book now to avoid disappointment - registration is free! The theme of the conference will be turning the vision expressed in A Mental Health Information Strategy for Scotland into action. Further details about the event and a registration form are available at <http://www.isdscotland.org/imhip05>. We apologise if you had problems using this link; those difficulties should now be resolved. If you wish to present a poster on a relevant research, service development, information set/ documentation or system development project please contact alastair.philp@nhs.net to discuss. If you wish to bring a stand please contact karen.brown@isd.csa.scot.nhs.uk

3] The Scottish Executive's National Programme for Improving Mental Health and Well-being are marking Mental Health Week (10-17 October 2005) with the publication of a bumper edition of the Well? magazine. This will include contributions from Dr Raj Persaud, Dr Nick Bayliss (Dr Feelgood) and Richard Layard. The National Programme are also forging links with Slovenia to develop a Slovenian National Programme for Mental Health. For more information please visit: <http://www.wellontheweb.net>.

4] Since 5 October, people experiencing mental illness, learning disability or other mental disorder, their carers and their families are benefiting from legislation that provides more rights and greater protections. The Mental Health (Care and Treatment) (Scotland) Act 2003 has already been described as leading the way in Europe in these regards. New financial investment has been a feature of the implementation process to support real change in the care and treatment for mental health problems in Scotland and on 5 October the Deputy Minister, Lewis Macdonald announced £5m for the partnership agencies this year and a further £5m each year for the next two years for partnership spend on delivery of the new arrangements. Attention by the Agencies and the Executive will now focus on delivery and outcomes under the new ways of working. See <http://www.scotland.gov.uk/Health/MentalHealth/mhlaw/home> for many more details of the act and implementation.

5] Two Scottish Executive Health Department letters relating to regulations and statutory instruments accompanying introduction of the Mental Health (Care And Treatment) (Scotland) Act 2003 (on 5 Oct 05) have been circulated.

* HDL(2005)43 - Cross-Border Transfer: Patients Subject to Detention Requirement or Otherwise in Hospital - http://www.show.scot.nhs.uk/sehd/mels/HDL2005_43.pdf

* HDL(2005)42 - Transitional and Savings Provisions -

http://www.show.scot.nhs.uk/sehd/mels/HDL2005_42.pdf. Covers transitional arrangements for those previously subject to provisions of the Mental Health (Scotland) Act 1984 and the Criminal Procedure (Scotland) Act 1995.

6] The forms to be used for implementing the Act, making applications to the Mental Health Tribunal, and to notify the Mental Welfare Commission of detentions and other events involving formal procedures under the Mental Health (Care and Treatment) (Scotland) Act 2003 are available at <http://www.scotland.gov.uk/Topics/Health/health/MentalHealth/mhlaw/forms>. Some forms published under regulations (such as warrants and removal orders) are available at <http://www.opsi.gov.uk/legislation/scotland/ssi2005/20050444.htm>. An e-Learning guide to using the new Mental Health Act forms has been produced by the Commission, and is available at <http://client10.actedition.com/elearning/>. Other information on the new act is also available at <http://www.mwscot.org.uk>.

7] The Scottish Recovery Network (SRN) have posted a set of stories from their Narrative Research Project in the learning section on their website (<http://www.scottishrecovery.net>). The stories are grouped into four very broad categories: Services and Treatment; Self; Engagement; and Relationships and Support. Details of this year's SRN national conference on the 1st of December, focussing on the development of peer support services, have recently been posted on the SRN site. To receive regular updates on the work of SRN sign up for regular updates at <http://www.scottishrecovery.net>.

8] The Scottish Development Centre for Mental Health are running 2-day Mental Health Improvement Evaluation Plus training seminars over the next few months. There are four during November and the dates are: Nov 2-3 (Grampian), Nov 8-9 (Western Isles), Nov 14-15 (Lanarkshire) and Nov 29-30 (Tayside). This training is free to attend and is designed to give participants skills in the development, implementation and dissemination of mental health improvement evaluation. It is designed for colleagues across all sectors and settings who have a role in commissioning, planning or undertaking evaluation. To apply contact Paul at the Scottish Development Centre for Mental Health on 0131 555 5959, or email paul@sdcmh.org.uk to register your interest. You can also access more information at <http://www.sdcmh.org.uk>.

9] The Managed Knowledge Networks team at NHS Education Scotland (see <http://www.elib.scot.nhs.uk>) want your views. If you spend 15 minutes to answer their questions (see <http://www.surveymonkey.com/s.asp?u=178981286158>) you could win £50 of M & S Vouchers. Feel free to pass this invitation to your friends so that everyone has the opportunity to contribute. If you have further questions please contact James.Turner@nes.scot.nhs.uk

10] A new edition - issue 8(3) - of The Journal of Primary Care Mental Health and Education (Primhe Journal) has just been published. It is available to download free, upon registration, at <http://www.primhe.org/markup/publicat-prmjnl.cfm>. The journal was established in 1999 and includes articles about new initiatives, examples of positive practice, good work, research, opinions, reviews and resources. The Buzz section features short articles from organisations and individuals, whose activities are relevant to the delivery of primary care mental health.

11] As always, previous editions of the Improving Mental Health Information Programme newsletter are available at our web site (see <http://www.isdscotland.org/imhipnews>). The website (<http://www.isdscotland.org/imhip>) also includes details of all our projects and relevant policy links.

12] If you know anyone else who might be interested to receive this e-mailed newsletter once a month encourage them to sign-up by e-mailing karen.brown@isd.csa.scot.nhs.uk. Why not forward them this e-mail to let them know this newsletter exists? We are particularly keen to improve our profile with service users and informal carers, and with GPs and practice team members (among others). If at any time you wish to be removed from this distribution list, wish further information on any of our activities or have comments, however critical, about anything we say or do

please get in touch (alastair.philp@nhs.net). We will only improve mental health information if we work together and keep talking!

best wishes,
Karen Brown, Alastair Philp