

Hello and welcome to the August 2007 e-newsletter from the Improving Mental Health Information Programme (iMHIP).

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1] What's new in ISD and graph of the month

Please find the August 2007 newsletter attached. This contains some details of what's been happening at ISD Scotland, and a chart showing that the number of re-admissions into hospital.

2] Update from the Association of Public Health Observatories

The Association of Public Health Observatories has recently published a new report on mental health that compares a set of over 70 indicators across the English regions.

The report presents a wide range of factors that can give rise to poor mental health, the mental health status of populations, care interventions for mental illness, service user experience and workforce capacity.

The South West Public Health Observatory has also published a regional summary for the South West to accompany the report. Both are available on the SWPHO website at:

www.swpho.nhs.uk/resource/item.aspx?RID=32108

3] Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) 2006

The Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) 2006 was published recently and includes information on the relationship between mental health and smoking, drinking and drug use in young people. The measure used to do this was the self-reported version of the Goodman Strengths and Difficulties Questionnaire which was incorporated in the survey. More information can be found in the SALSUS 2006 report (See sections 2.7, 3.7 and 4.9 of the report):

www.drugmisuse.isdscotland.org/publications/abstracts/salsus.htm

4] Remote and Rural mental health course for Primary Care Staff

An outcome of the Remote and Rural Mental Health Group has been a proposal to develop and roll out a 2-3 day course for primary care staff who have to deal with mental health crises in a community setting. Funding has been requested to support this development and details of the proposed course can be found on the NHS eLibrary. Click on the link to see the related discussion thread:

<http://www.elib.scot.nhs.uk/SharedSpace/rural/Pages/Forums/DiscussionTopics.aspx?ContainerID=139883&topicID=566>.

5] World Mental Health Day 2007 – 10th October

World Mental Health Day was observed for the first time on 10 October 1992. It was started as an annual activity of the World Federation for Mental Health (WFMH) by the then Deputy Secretary General Richard Hunter. The theme this year is *"Mental Health in a Changing World: The Impact of Culture and Diversity"*

The World Health Organisation www.who.int/en/ reports that mental health problems are set to increase by 2020, largely due to the pace of modern living. In the UK each year, more than 4,000 people take their own lives and over 250,000 people are admitted into psychiatric hospitals. Mental health is a major health concern that impacts all of us, worldwide. For more information visit the World Federation for Mental Health www.wfmh.org/ website

6] UK Inquiry into Mental Health and Well-Being in Later Life

The UK Inquiry into Mental Health and Well-Being in Later Life was launched in 2003 to address the concern that mental health issues in later life can be neglected. It produced its first report *"Promoting Mental Health and Well-Being in Later Life"* in 2006 and has just published its second and final report *"Improving services and support for older people with mental health problems"* which reviews the services available to older people who experience mental health problems. The report can be accessed via the attached link: www.mhilli.org/documents/Inquiryfinalreport-FULLREPORT.pdf

7] Primary care Mental Health and Education conference

Primhe's (Primary care Mental Health and Education) are hosting a Satellite Symposium at this year's RCGP Annual Conference on 3rd October 2007. Details of this event along with those for the RCGP Annual Conference (4th - 6th October) can be found at www.primhe.org

8] "Improving the mental health and well being of people from black and minority ethnic communities"

Not Tomorrow But Now

"Tackle stigma: Remove barriers: Improve access"

A one day seminar to explore issues and initiate action organised by NHS Lothian, - 11 September 2007 from 9.30am to 3.30pm - Easter Road Stadium, Forthview Suite, Edinburgh. This is a free event and the 100 spaces will be allocated on a first come, first served basis with priority given to those living in Lothian, for further details please contact:
Nicola Shearer, Mental Health and Well being Team, Strategic Planning and Modernisation Directorate, NHS Lothian, Deaconess House, 148 Pleasance, Edinburgh EH8 9RS
nicola.shearer@lhb.scot.nhs.uk Tel: 0131 536 9411 Fax:0131 536 9406

9] Scottish Institute of Residential Care - Leadership seminar

Scottish Institute of Residential Child Care (SIRCC) are hosting a Leadership seminar entitled *"Reducing Physical Restraint: A Culture Shift for Organisations"* on 5 September 2007 in Glasgow. Programme and booking form are available on www.sircc.strath.ac.uk/conferences/events.html

10] SIREN - Annual conference

Suicide Information Research and Evidence Network are holding its annual conference, *"Preventing Suicides: Using our Knowledge to strengthen action in Scotland"*, on the 25th September 2007 at the Glasgow Science Centre. Conference programme and booking form are available from : www.chooselife.net

11] European Conference on Mental health

European Conference on Mental health "Joining forces across Europe for prevention and promotion in mental health is taking place in Barcelona from 14th - 15th September 2007. Conference programme and booking form are available from www.imhpa.net/conference

12] Back issues available at iMHIP website

As always, previous editions of the Improving Mental Health Information Programme newsletter are available at our web site (see <http://www.isdscotland.org/imhipnews>). The website (<http://www.isdscotland.org/imhip>) also includes details of all our projects and relevant policy

links.

13] Spread the word

If you know anyone else who might be interested to receive this e-mailed newsletter once a month encourage them to sign-up by e-mailing karen.brown@isd.csa.scot.nhs.uk. Why not forward them this e-mail to let them know this newsletter exists? We are particularly keen to improve our profile with service users and informal carers, and with GPs and practice team members (among others).

14] What do YOU think? Had enough?

If at any time you wish to be removed from this distribution list, wish further information on any of our activities or have comments, however critical, about anything we say or do please get in touch. We will only improve mental health information if we work together and keep talking!