

Hello again,

Welcome to the February 07 e-newsletter from the Improving Mental Health Information Programme.

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*[Please note: If any of the links break over two lines you may have to paste them back together again in your browser. Alternatively you could visit the home page for the organisation (the bit between the double "/" and the first single "/" and follow links from there.)*

### 1] **What have we been doing? Graph of the month...**

Please find the January 2007 newsletter attached. This contains some details of our activities, and a chart showing "Whole-time equivalent of all Clinical Staff in Psychology Services in NHS Scotland at 30th September 2001-2006".

### 2] **Implementing Delivering for Mental Health**

Delivering for Mental Health (see <http://www.scotland.gov.uk/Publications/2006/11/30164829/0>) sets the agenda for mental health in Scotland to 2010, and introduced 14 commitments and 3 targets across a range of initiatives to help improve the care and treatment of people with mental health problems. The Scottish Executive are making progress in a number of areas including the appointment of an Implementation Board to provide leadership, influence and drive to the implementation process. They will also be writing soon to NHS Board Chief Executives on the wider performance management and review process. Progress with this, and the other initiatives and events planned or in hand will be updated on their web site at <http://www.scotland.gov.uk/Topics/Health/health/mental-health/servicespolicy/intro>

### 3] **Mission Possible: an acute mental health care conference**

SAMH and The Royal College of Psychiatrists are staging an Acute Care Conference in Glasgow on 16 May 2007. The event entitled, 'Mission Possible', will provide delegates with an opportunity to listen, participate and contribute to shaping the ideal acute mental health environment for people in hospital. The conference aims to inspire delegates by creating a vision for service redesign and development in Scotland's acute units. Staff, planners and people using services can take part in this event, which will showcase the positive and innovative work being implemented in acute units across the country. For more details see <http://www.samh.org.uk/frontend/index.cfm?page=339>. or contact Elizabeth McKenna on 0141 568 7195. To book your place email: [events@samh.org.uk](mailto:events@samh.org.uk).

#### **4] Newsletter from the Centre for Confidence and Well-being**

The latest edition of the Centre's newsletter is now available at <http://www.centreforconfidence.co.uk/index.php?pid=4&sid=27>. It contains up-to-date news, views and reviews.

#### **5] Workshops on managed knowledge networks and specialist e-Libraries**

The Managed Knowledge Network (MKN) team in NHS Scotland e-Library are organising a series of workshops to investigate how the MKNs and specialist e-Libraries can best support the sharing of good practice. At the workshops we will consider the importance of sharing good practice and the tools available to enable the reviewing and publishing of examples, the role of communities of practice. The meetings are in Inverness (28 Feb), Perth (2 Mar), Edinburgh (6 Mar) and Glasgow (16 Mar). All the workshops start at 13:00. To register please visit <http://www.surveymonkey.com/s.asp?u=324153194252> and select one of the workshops

#### **6] Choose Life National Summit**

Choose Life (see <http://www.chooselife.net>), Scotland's national strategy to prevent suicide, hosted its fourth national summit in Edinburgh this week, bringing together key people tasked with reducing Scotland's suicide rate. The event was opened by the Deputy Health Minister, Lewis Macdonald, and was attended by more than 100 practitioners, policy makers and voluntary sector workers, from the Western Isles to Dumfries, all keen to share experience and knowledge of the groundbreaking work being carried out in local Scottish communities to prevent suicide. For more details see <http://www.chooselife.net/web/site/Articles/ChooseLifeSummit.asp>.

#### **7] WellScotland.info - National programme e-bulletin for January 06**

The National Programme for Improving Mental Health and Well-being (see <http://www.wellscotland.info/news/index.html>) have issued another e-bulletin that carries news, events and developments from the National Programme. It has items about (among other things): .First Ever Breathing Space Day ; Mental Health Indicators; People's Experiences of Recovery and Keeping Well; Scottish Executive do well in workplace equality assessment; Health Promoting Schools Support Young Carers Online; Scottish Executive funding boost for Childline ; Mind Blogging - Promoting Positive Perceptions of Mental Health; and Jemma's Diary - a life of celery.

#### **8] Back issues available at iMHIP website**

As always, previous editions of the Improving Mental Health Information Programme newsletter are available at our web site (see <http://www.isdscotland.org/imhipnews>). The website (<http://www.isdscotland.org/imhip>) also includes details of all our projects and relevant policy links.

#### **9] Spread the word**

If you know anyone else who might be interested to receive this e-mailed newsletter once a month encourage them to sign-up by e-mailing [karen.brown@isd.csa.scot.nhs.uk](mailto:karen.brown@isd.csa.scot.nhs.uk). Why not forward them this e-mail to let them know this newsletter exists? We are particularly keen to improve our profile with service users and informal carers, and with GPs and practice team members (among others).

#### **10] What do YOU think? Had enough?**

If at any time you wish to be removed from this distribution list, wish further information on any of our activities or have comments, however critical, about anything we say or do please get in touch. We will only improve mental health information if we work together and keep talking!

best wishes,

Karen Brown

Alastair Philp

