

Improving Mental Health Information Programme

e-mail

October 2007



Hello and welcome to the October 2007 e-newsletter from the Improving Mental Health Information Programme (iMHIP).

The attached Newsletter focuses on the Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) which was established by the Scottish Government to provide a broad-based approach to the monitoring of substance use in the context of other lifestyle, health and social factors. The Survey is carried out biennially among 13 and 15 year old pupils in schools throughout Scotland and collects large amount of data on the prevalence, attitudes and behaviour of young people in regard to smoking, drinking and drug use.

Further information on each of the 5 individual categories and also on smoking is available in the SALSUS report which is available at the following link:

<http://www.drugmisuse.isdscotland.org/publications/abstracts/salsus.htm>.

Further information is available on the SDQ in the Mental Health of Children and Young People in Great Britain Survey 2004

(http://www.statistics.gov.uk/downloads/theme_health/GB2004.pdf).

The Newsletter also highlights the project commissioned by the Scottish Government in partnership with the **National Resource Centre for Ethnic Minority Health** to develop information about the Mental Health (Care and Treatment) (Scotland) Act 2003 that makes sense to people from black and minority ethnic communities in Scotland. The project will be taking place over the next year and will be phased to enable an information resource to be developed and piloted with relevant stakeholders. There is a webpage at www.otbds.org/makingsense for more information.

Back issues available at iMHIP website

As always, previous editions of the Improving Mental Health Information Programme newsletter are available at our web site (see <http://www.isdscotland.org/imhipnews>). The website (<http://www.isdscotland.org/imhip>) also includes details of all our projects and relevant policy links.

Spread the word

If you know anyone else who might be interested to receive this e-mailed newsletter once a month encourage them to sign-up by e-mailing margaret.quinn@isd.csa.scot.nhs.uk. Why not forward them this e-mail to let them know this newsletter exists? We are particularly keen to improve our profile with service users and informal carers, and with GPs and practice team members (among others).

What do YOU think? Had enough?

If at any time you wish to be removed from this distribution list, wish further information on any of our activities or have comments, however critical, about anything we say or do please get in touch. We will only improve mental health information if we work together and keep talking!

