Publication Report

National Drug and Alcohol Treatment Waiting Times Report

October – December 2011

27 March 2012

A National Statistics Publication for Scotland
# Contents

Contents........................................................................................................................................ 1
About ISD.................................................................................................................................... 2
Official Statistics........................................................................................................................ 2
Introduction .................................................................................................................................. 3
Key points .................................................................................................................................... 4
  Interpreting the data ................................................................................................................ 5
  Drug and Alcohol Treatment Waiting times ........................................................................ 5
  Alcohol Treatment Waiting Times ....................................................................................... 6
  Drug Treatment Waiting Times ............................................................................................. 6
  ADP compliance .................................................................................................................... 8
Glossary .................................................................................................................................... 9
List of Tables ............................................................................................................................. 10
Contact.................................................................................................................................... 11
Further Information .................................................................................................................. 11
Appendix ................................................................................................................................... 12
  A1 – Background Information .......................................................................................... 12
  A2 – Publication Metadata (including revisions details) .................................................. 13
  A3 – Early Access details (including Pre-Release Access) .............................................. 15
About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

**Purpose:** To deliver effective national and specialist intelligence services to improve the health and wellbeing of people in Scotland.

**Mission:** Better Information, Better Decisions, Better Health

**Vision:** To be a valued partner in improving health and wellbeing in Scotland by providing a world class intelligence service.

Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

ISD’s statistical publications are currently classified as one of the following:

- National Statistics (ie assessed by the UK Statistics Authority as complying with the Code of Practice)
- National Statistics (ie legacy, still to be assessed by the UK Statistics Authority)
- Official Statistics (ie still to be assessed by the UK Statistics Authority)
- other (not Official Statistics)

Further information on ISD’s statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](#).
Introduction
This publication presents data from the Drug and Alcohol Treatment Waiting Times Database. It includes details on the number of clients waiting and the time waited for clients to start drug or alcohol treatment, and information on specific interventions being accessed.

Waiting times are important to patients and are a high profile measure of how NHS Scotland is responding to demands for services. These waiting times statistics provide a wide range of users with a clear picture of one aspect of NHS performance across Scotland.

The national HEAT (Health improvement, Efficiency, Access, Treatment) target A11 expects that by March 2013, 90% of people who need help with their drug and/or alcohol problem will wait no longer than three weeks for treatment.

Information about waiting times is collected using the Drug and Alcohol Treatment Waiting Times Database which went live across Scotland on 1 April 2011. This database collects information about the length of time people wait for specialist drug and/or alcohol treatment after they have been referred to treatment services in Scotland.

Prior to the introduction of the new database, information was only collected on drug treatment waiting times. The waits were measured in two stages (the wait from referral received to the date of assessment offered, and the wait from a care plan being agreed to the date of treatment offered). This means it is not possible to directly compare drug waiting times from the new Drug and Alcohol Treatment Waiting Times Database with those recorded under the former Drug Treatment Waiting Times Information Framework.

The Drug and Alcohol Treatment Waiting Times Database offers several advantages over the earlier system, including:
- recording both drug and alcohol waiting times
- providing information on the full wait from referral to treatment, in line with the HEAT target
- reporting for each of the 30 Alcohol and Drug Partnerships, as well as by Health Board and nationally
- collecting information on when clients are unavailable, when they could not or did not attend the appointments offered to them, and when first treatment actually took place
- allowing services to directly submit data to ISD securely over the web, with built-in data validation to help ensure quality

This is the third reporting period for the new system which presents waiting times data for the full client journey for both drugs and alcohol. Trend data for drugs prior to April 2011 is not published as the new data is not comparable with data from the old system.
**Key points**

- In October - December 2011, of the 11,006 drug and/or alcohol clients who started their first treatment 84.9% had waited 3 weeks or less.

- 86.3% of the 7,188 clients who started alcohol treatment between October and December 2011 had waited 3 weeks or less.

- 82.3% of the 3,818 clients who attended an appointment for drug treatment waited 3 weeks or less.

- Of those who were still waiting to start drug or alcohol treatment (4,014 clients), 16.6% had waited more than 6 weeks at the end of December 2011.
Results and Commentary

Interpreting the data

Caution is recommended when interpreting these statistics. The number of services submitting data varies significantly from area to area and within areas across the data collection period.

Note figures for the latest quarter (October to December 2011) include NHS Lothian Substance Misuse Directorate for the first time. This will affect comparisons of data across quarters at both a national and local level.

It should also be noted that there is a wide range of demand for substance misuse services across Scotland, and to meet this demand appropriately, services are tailored to local needs. In some Alcohol and Drug Partnership (ADP) areas, the impact of a single specialised service – for example, a crisis management centre – may dramatically alter the distribution of waiting times. Consequently, comparisons of data across quarters, Health Boards and ADPs may be misleading and should be treated with caution.

The tables include small numbers for some ADPs and Health Boards; caution is therefore recommended when interpreting differences in percentages.

Data is extracted from the new web-based system and is a snapshot of what is on the system at that time. Data for previous quarters has been revised, and data for the most recent quarter is provisional and as such is subject to revisions in future publications. See table 9 for information on compliance across Scotland.

Drug and Alcohol Treatment Waiting times

- In October - December 2011, of the 11,006 drug and/or alcohol clients who started their first treatment half (50.1%) had waited one week or less and 84.9% had waited 3 weeks or less (Table 3).
Of those who were still waiting to start drug or alcohol treatment (4,014 clients), 16.6% had waited more than 6 weeks at the end of December 2011.

Alcohol Treatment Waiting Times

In October – December 2011, of the 7,188 clients who began alcohol treatment, 86.3% waited 3 weeks or less (Table 3).
- 90% of clients who started treatment in October – December 2011 waited 27 days or less (Table 1).
- All NHS Boards except, NHS Grampian, NHS Highland, NHS Lothian and NHS Tayside had at least 80% of clients who started alcohol treatment waiting 3 weeks or less (Table 3).

Of those who were still waiting to start alcohol treatment (2,525 clients), approximately 18.5% had waited more than 6 weeks at the end of December 2011 (Table 6).
- All NHS Boards in Scotland except NHS Highland and NHS Lothian had at least 80% of clients with ongoing waits for alcohol treatment of 6 weeks or less (Table 6).

8,246 alcohol treatments were started (this includes all treatments received, not just first treatment as in tables 1-6) in Scotland in October – December 2011 (Table 7).
- Structured preparatory and motivational intervention was the most frequently accessed alcohol treatment (4,110 treatments between October – December 2011).
- Community based support and/ or rehabilitation was also a common alcohol treatment with 3,195 treatments started in October – December 2011.

Drug Treatment Waiting Times

In October – December, of the 3,818 clients who began drug treatment, 82.3% of clients waited 3 weeks or less (Table 3).
• 90% of clients who started treatment in October - December 2011 waited 29 days or less (Table 1).
• All NHS Boards except NHS Lothian and NHS Tayside had at least 80% of clients who started drug treatment waiting 3 weeks or less (Table 3).

Of those who were still waiting to start drug treatment (1,489 clients), 13.4% had waited more than 6 weeks at the end of December 2011 (Table 6).
• All NHS Boards in Scotland except NHS Highland and NHS Tayside had at least 80% of clients with ongoing waits for drug treatment of 6 weeks or less (Table 6).

During October – December 2011 there were 4,715 drug treatments started (this includes all treatments received, not just first treatment as in tables 1-6) in Scotland (Table 7).
• Structured preparatory and motivational intervention was the most frequently accessed drug treatment (2,088 treatments between October – December 2011).
• Community based support and/ or rehabilitation was also a common drug treatment with 1,409 treatments started in October – December 2011.

Note: Table 8 shows a high percentage of clients waiting over 21 weeks to receive prescribed drug treatment for the latest quarter. This is not however reflected in the completed waits table (Table 7), which shows no one having waited over 6 weeks to start prescribed drug treatment. ISD consider this high percentage of long waits as shown in table 8 to be due to clients’ records not being updated after having received their first treatment. ISD are actively working with services to ensure all records are updated prior to the next quarter’s publication.
ADP compliance

In October to December 2011, 264 out of 268 (98.5%) services submitted data.

Table 9 shows that the number of services returning data within each ADP. It is important to take account of this information when interpreting data.

ADPs are asked to encourage services to submit data. ISD will continue to work closely with ADPs to ensure that data on the web system is as up to date as possible for future quarterly extracts.
**Glossary**

ADAT Alcohol and Drug Action Team

ADP Alcohol and Drug Partnership

HEAT Health improvement, Efficiency, Access, Treatment

ISD Information Services Division

For more information on treatment types see [HEAT A11: Updated Drug and Alcohol Treatment Types](#)
## List of Tables

<table>
<thead>
<tr>
<th>Table No.</th>
<th>Name</th>
<th>Time period</th>
<th>File &amp; size</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>October - December 2011 DATWT Tables</td>
<td>Oct – Dec 2011</td>
<td>Excel [806kb]</td>
</tr>
</tbody>
</table>
Contact
Calum MacDonald
Senior Information Analyst
calum.macdonald@nhs.net
0131 275 7656

Further Information
Further information can be found on the ISD website

Rate this publication
Click here to provide feedback and rate this publication.
**Appendix**

**A1 – Background Information**

The National Drug Waiting Times Information Framework was introduced in April 2004. This included guidance and definitions on data items to be collected for drug waiting times. The aim of the framework was to give Alcohol and Drug Action Teams (ADATs) a consistent structure for local monitoring of treatment services.

In February 2007, ISD provided ADATs with a revised data collection system that enabled ADATs to produce a wider range of reports and also provided the facility for ADATs to monitor data quality more easily.

Operational structures changed in October 2009, when the 22 ADATs were dissolved and replaced by 30 Alcohol and Drug Partnerships (ADPs). The Waiting Times Framework was designed to function at ADAT level.

In April 2011 a new Drug and Alcohol Treatment Waiting Times Database went live across Scotland. This was the first time that data on alcohol as well as drug treatments was recorded nationally, and the first time information was available on the full client journey from assessment to treatment. The new database also facilities reporting at ADP level.

The benefits of the new database are:

- ADPs will have more accurate waiting times information to monitor equity of access for drug and alcohol clients across their local area.
- ADPs can use this information to hold meaningful, informed discussions with agencies about blockages in the system.
- ADPs will be able to identify treatment ‘types’ that have the longest wait.
- ADPs will be able to monitor levels of non-attendance and long waits and use this information for service redesign.
- ADPs can monitor the data themselves, producing reports from the system to show their progress towards the HEAT target, services with long waits, and records which have not been updated.
- ADPs can measure the full wait from Referral to Treatment in one stage.
- The new database records periods of unavailability so a service is not penalised if, for example, a client is on holiday, or in prison.
- Nine different treatment ‘types’ are recorded giving a more specific detailed breakdown of the kind of treatments being accessed by clients.

More information: [http://www.drugmisuse.isdscotland.org/wtpilot/waiting.htm](http://www.drugmisuse.isdscotland.org/wtpilot/waiting.htm)
A2 – Publication Metadata (including revisions details)

<table>
<thead>
<tr>
<th>Metadata Indicator</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Publication title</td>
<td>Drug and Alcohol Treatment Waiting Times Report October to December 2011</td>
</tr>
<tr>
<td>Description</td>
<td>Data is presented on the number of clients seen and the length of time they waited to be seen for drug or alcohol treatment interventions. Data is shown by Health Board and Alcohol and Drug Partnership area.</td>
</tr>
<tr>
<td>Theme</td>
<td>Health and Social Care</td>
</tr>
<tr>
<td>Topic</td>
<td>Access and Waiting Times</td>
</tr>
<tr>
<td>Format</td>
<td>PDF report with Excel tables</td>
</tr>
<tr>
<td>Data source(s)</td>
<td>Extract taken from the national Drugs and Alcohol Treatment Waiting Times Database</td>
</tr>
<tr>
<td>Date that data is acquired</td>
<td>Monday 30th January 2012</td>
</tr>
<tr>
<td>Release date</td>
<td>Tuesday 27th March 2012</td>
</tr>
<tr>
<td>Frequency</td>
<td>Quarterly</td>
</tr>
<tr>
<td>Timeframe of data and timeliness</td>
<td>The timeframe for this publication is October - December 2011. The publication is considered timely as there have been no delays.</td>
</tr>
<tr>
<td>Continuity of data</td>
<td>This is the third publication of data from the new Drug and Alcohol Treatment Waiting Times Database. It is not comparable with data previously published from the old Drug Waiting Times Framework</td>
</tr>
<tr>
<td>Revisions Statement</td>
<td>Planned Revisions are a feature of this publications release: historic data will be revised.</td>
</tr>
<tr>
<td>Revisions relevant to this publication</td>
<td>Historic data has been revised to account for waiting times records which are belatedly updated on the web system and/or services which were previously not included for data quality reasons.</td>
</tr>
<tr>
<td></td>
<td>A minor change to the way waiting times is calculated was made between the April-June and July-September publications, affecting approximately 3% of records. The April – June data has been refreshed to reflect this. More details on the changes can be found here.</td>
</tr>
<tr>
<td>Concepts and definitions</td>
<td><a href="http://www.drugmisuse.isdscotland.org/wtpilot/waiting.htm">http://www.drugmisuse.isdscotland.org/wtpilot/waiting.htm</a></td>
</tr>
<tr>
<td>Relevance and key uses of the statistics</td>
<td>Key uses of Drug and Alcohol Treatment Waiting Times Information include: performance management, monitoring against the HEAT A11 target and service planning.</td>
</tr>
<tr>
<td>Accuracy</td>
<td>The new Alcohol and Drug Treatment Waiting Times Database has strong inbuilt validation. It also allows ISD to monitor data quality throughout the quarter, and for ADPs and services to run reports on their data to highlight any problems which can then be amended.</td>
</tr>
<tr>
<td>Completeness</td>
<td>This quarter there was 98.5% compliance from the services.</td>
</tr>
<tr>
<td>Comparability</td>
<td>Not comparable outwith Scotland</td>
</tr>
<tr>
<td>Accessibility</td>
<td>It is the policy of ISD Scotland to make its web sites and products accessible according to published guidelines. See attached link for further details:</td>
</tr>
<tr>
<td>Coherence and clarity</td>
<td><a href="http://www.isdscotland.org/About-ISD/Accessibility/">http://www.isdscotland.org/About-ISD/Accessibility/</a></td>
</tr>
<tr>
<td>----------------------</td>
<td>---------------------------------------------------</td>
</tr>
<tr>
<td>Value type and unit of measure</td>
<td>Percentage of clients who have started treatment or number of clients still waiting to start treatment.</td>
</tr>
<tr>
<td>Disclosure</td>
<td>There is considered to be a low risk of disclosure.</td>
</tr>
<tr>
<td>Official Statistics designation</td>
<td>Official Statistics</td>
</tr>
<tr>
<td>Official Statistics</td>
<td>Awaiting assessment by UK Statistics Authority</td>
</tr>
<tr>
<td>Last published</td>
<td>20th December 2011</td>
</tr>
<tr>
<td>Next published</td>
<td></td>
</tr>
<tr>
<td>Date of first publication</td>
<td>December 2004</td>
</tr>
<tr>
<td>Help email</td>
<td><a href="mailto:calum.macdonald@nhs.net">calum.macdonald@nhs.net</a></td>
</tr>
<tr>
<td>Date form completed</td>
<td>5th March 2012</td>
</tr>
</tbody>
</table>
A3 – Early Access details (including Pre-Release Access)

Pre-Release Access

Under terms of the "Pre-Release Access to Official Statistics (Scotland) Order 2008", ISD are obliged to publish information on those receiving Pre-Release Access ("Pre-Release Access" refers to statistics in their final form prior to publication). The standard maximum Pre-Release Access is five working days. Shown below are details of those receiving standard Pre-Release Access and, separately, those receiving extended Pre-Release Access.

Standard Pre-Release Access:

Scottish Government Health Department  
NHS Board Chief Executives  
NHS Board Communication leads

Extended Pre-Release Access

Extended Pre-Release Access of 8 working days is given to a small number of named individuals in the Scottish Government Health Department (Analytical Services Division). This Pre-Release Access is for the sole purpose of enabling that department to gain an understanding of the statistics prior to briefing others in Scottish Government (during the period of standard Pre-Release Access).

Scottish Government Health Department (Analytical Services Division)  
Scottish Government Justice Department (Analytical Services Division)

Early Access for Management Information

These statistics will also have been made available to those who needed access to ‘management information’, ie as part of the delivery of health and care:

Scottish Government Drug Policy Unit  
Scottish Government Alcohol Policy Unit

Early Access for Quality Assurance

These statistics will also have been made available to those who needed access to help quality assure the publication:

Alcohol and Drug Partnership Coordinators