

# Publication Summary



## Alcohol Brief Interventions 2012/13

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### About This Release

This publication presents the total number of alcohol brief interventions delivered in Scotland in 2012/13 in accordance with the HEAT standard. Updated figures on the number of alcohol brief interventions delivered in 2011/12 are also presented in the publication.

### Key Points

- The total number of alcohol brief interventions carried out in Scotland during 2012/13 was 94,916, exceeding the target of 61,081 by 33,835 interventions (55%).
- The HEAT standard on the number of alcohol brief interventions delivered was met at the Scotland level, with twelve out of fourteen NHS Boards exceeding their target for alcohol brief intervention delivery in 2012/13.
- The number of alcohol brief interventions carried out between 2008/09 and 2012/13 was 366,184, exceeding the cumulative target of 271,611 by 94,573 interventions. Thirteen out of fourteen NHS Boards exceeded their cumulative target over this five year period.
- 69% of alcohol brief interventions delivered in 2012/13 were delivered in Primary Care.

### Background

The HEAT H4 Alcohol Brief Interventions was initially a three-year target, with an extension for a fourth year in 2011/12. For 2012/13 this became a HEAT standard. Data have been collected for the period 2008/09-2012/13 on the total number of alcohol brief interventions delivered in each Health Board. The target is measured in three priority settings – primary care, accident & emergency and antenatal, and for the first time in 2012/2013 in wider settings. The standard states that Health Boards should carry out screenings using an appropriate screening tool, and followed by an alcohol brief intervention where required. Both the screening and the brief intervention (if applicable) are delivered in line with [national guidance](#), which is based on [SIGN 74 Guidelines](#).

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## Further Information

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#)

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