About this Release
Hospital activity data are collected across the NHS in Scotland and are based on nationally available information routinely drawn from hospital administrative systems across the country. The information reported in this annual publication has been collated using data obtained from the ISD General Acute Inpatient / Day cases Records (SMR01) for the years 2007/08 to 2011/12.
Note that the section on psychiatric discharges usually part of this publication cannot be updated at this stage due to data incompleteness of the Mental Health Inpatient and Day Case Records (SMR04). ISD is working closely with NHS Boards to ensure submission of SMR04 discharge data. This report will be revised asap to add the psychiatric discharge section.
The 2013 European Standard Population (ESP2013) has been used to calculate the European Age-Sex Standardised Rates (EASRs) within this publication. The European Standard Population (ESP), which was first used in 1976, was revised in 2013. Figures using ESP1976 and ESP2013 are not comparable.

Key Points
- In 2012/13, there were 35,926 alcohol-related discharges from a general acute hospital in Scotland (a European age-sex-standardised rate (EASR based on ESP2013) of 693 discharges per 100,000 population). This is a 7.5% decrease in rates and a 7.3% decrease in absolute numbers compared to the previous year (2011/12), when there were 38,776 alcohol-related discharges (a rate of 749 discharges per 100,000 population).

  - Over the last five years, there has been a consistent downward trend in alcohol-related discharges. The discharge rate decreased by 16% from 828 discharges per 100,000 population in 2008/09 to 693 discharges per 100,000 population in 2012/13.

  - The drop from 2008/09 to 2012/13 was particularly pronounced in the youngest age groups (under 25) with decreases between 30 and 40%. For females aged 35 to 39 the drop was only 1%, compared with 22% for males of the same age.

  - In all years from 2008/09 to 2012/13, the rate of alcohol-related general acute hospital discharges was approximately six to seven times greater for patients living in the most
deprived areas (category 1) compared to those living in the least deprived areas (category 5).

**Background**

This report is produced by the Health Improvement Team, part of the Information Services Division (ISD Scotland), NHS National Services Scotland. As well as producing national reports and local area Profiles, the team provides information to support Alcohol and Drug Partnerships, Local Authorities, NHS boards, specialist drug services, the Scottish Government and others. The team also provides an information service to organisations and individuals who wish to use the data relating to alcohol misuse collected by ISD Scotland. For further information see contact details below.

**Contact**

**Annemarie van Heelsum**  
Principal Information Analyst  
[a.vanheelsum@nhs.net](mailto:a.vanheelsum@nhs.net)  
0131 275 7099

**Stephen Simmons**  
Information Analyst  
[stephen.simmons@nhs.net](mailto:stephen.simmons@nhs.net)  
0131 275 7572

**Further Information**

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#).

---

**About ISD**

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

**Official Statistics**

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

Further information on ISD’s statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](http://www.isdscotland.org/About-ISC>About-Our-Statistics)