

Publication Report



Findings from the Balance of Care / Continuing Care Census

Census held 31 March 2013

Publication date – 25 June 2013



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Introduction

This report presents findings from the Balance of Care/NHS Continuing Health Care census held on 31st March 2013.

The census covers all patients whom clinicians have assessed to meet the criteria for NHS Continuing Health Care (Category A) and certain other patients who did not meet the criteria for NHS Continuing Health Care but have been in hospital for over 1 year and for whom no estimated date of discharge has been set (Category B). Further information about the census is provided below and in Appendix A1.

This report presents:

- Summary age/gender information for Scotland, NHS Board of Treatment, Local Authority of Residence for Category A and Category B patients
- Specialty, Length of Stay and Location of Care information for Category A patients
- Specialty, Length of Stay and Location of Care information for Category B patients

Link to tables and charts on the ISD Website - [Link to NHS Continuing Health Care tables](#).

Background

Previous censuses were held in September 2008, March and September 2009, March and September 2010, March 2011 and March 2012. Following consultation with NHS Boards a decision was taken in 2011 to move the NHS Continuing Health Care census from bi-annual to an annual collection. Trend information presented in this publication is at the March census each year.

About the census

Until 2008 there was no method for identifying all patients who were receiving NHS Care that is on-going, non-acute care, delivered as an inpatient, and often over an extended period, either in hospital, hospice or care home. The census was introduced to gather information on these patients.

It is intended that information from the census will:

- Support the need for information about shifting the balance of long term care for older people.
- Inform on the application of the NHS Continuing Health Care guidance (see below).

NHS Continuing Health Care guidance

NHS Continuing Health Care is a package of health care provided and solely funded by the NHS. Patients normally receive NHS Continuing Health Care in a hospital ward, hospice or a contracted inpatient bed within an independent sector provider e.g. Care Home. The NHS, and not the local authority or individual, pays the total cost of that care. NHS Continuing Health Care may be for prolonged periods but not necessarily for life and entitlement should be subject to regular review.

In February 2008, the Scottish Government issued revised guidance on NHS Continuing Health Care to NHS Boards (see link below).

http://www.sehd.scot.nhs.uk/mels/CEL2008_06.pdf

The guidance indicates that continuing inpatient care should be provided where there is a need for ongoing and regular specialist clinical supervision of the patient as a result of:-

- (a) the complexity, nature or intensity of the patient's health needs, being the patient's medical, nursing and other clinical needs overall;
- (b) the need for frequent, not easily predictable, clinical interventions;
- (c) the need for routine use of specialist health care equipment or treatments which require the supervision of specialist NHS staff; or
- (d) a rapidly degenerating or unstable condition requiring specialist medical or nursing supervision.

Shifting the Balance of Care for Older People

The Scottish Government is committed to a shift in the balance of care to ensure that older people are cared for in their own homes or in a homely setting in the community, wherever possible. Information collected by the Scottish Government on Home Care Services and Care Homes will combine with these data to monitor shifts in the balance of care. Data from the Continuing Care census feeds into the Scotland Performs indicator to "Increase the percentage of people aged 65 and over with high levels of care needs who are cared for at home" - <http://www.scotland.gov.uk/About/scotPerforms/indicators>.

Since 2003 there has been a steady increase in the proportion of people aged 65 and over with high levels of care needs who are cared for at home with 25.6% in 2002/03 and 32.2% in 2010/11.

Related Health and Social Care Information

ISD publishes other information that helps to measure the shift in the balance of care to ensure that older people are cared for in their own homes or in a homely setting in the community, wherever possible. The Scottish Care Home Census (SCHC) publication looks at the provision of care home places throughout Scotland and for individual local authorities. Some patients may receive Continuing Care in a contracted inpatient bed within a care home and the SCHC publication can be used to provide further information about patient characteristics in care homes.

Trend data is available from March 2000. A link to the latest published information can be found here:

<http://www.isdscotland.org/Health-Topics/Health-and-Social-Community-Care/Care-Homes/Census/>

For most patients, following completion of health and social care assessments, the necessary care, support and accommodation arrangements are put in place in the community without any delay in the patient's safe and appropriate discharge from hospital. A 'delayed discharge' is a hospital inpatient who has been judged clinically ready for discharge by the responsible clinician, in consultation with all agencies involved in planning the patient's discharge, who continues to occupy a bed beyond the ready for discharge date. These patients are clinically ready to move on to a more appropriate care setting either within or out with the NHS e.g. patient's home, care home etc. A small number of patients who appear on the Balance of Care / Continuing Care census may also be delayed discharges. Further information can be found at the following link:

<http://www.isdscotland.org/Health-Topics/Health-and-Social-Community-Care/Delayed-Discharges/>

The Scottish Government publishes other information relating to service provision for older people and this can be found at the following website:

<http://www.scotland.gov.uk/Topics/Statistics/Browse/Health/>

Data Quality

The following points should be considered prior to drawing conclusions from the data presented.

- **Comparing data between NHS Boards/Local Authorities**

It is important to note that the data represents a snapshot of the position at a certain point in time. In addition, the provision of NHS Continuing Health Care may vary across Scotland. Comparisons between areas should be made with caution.

- **Revised data**

Validation of data, at both a local and a national level, may result in small changes to previously published figures. These data will be marked as 'Revised' within each relevant table.

Acknowledgements

Thanks go to NHS Boards for their continued help in collating these data from local services and for their assistance in monitoring data quality.

Key points

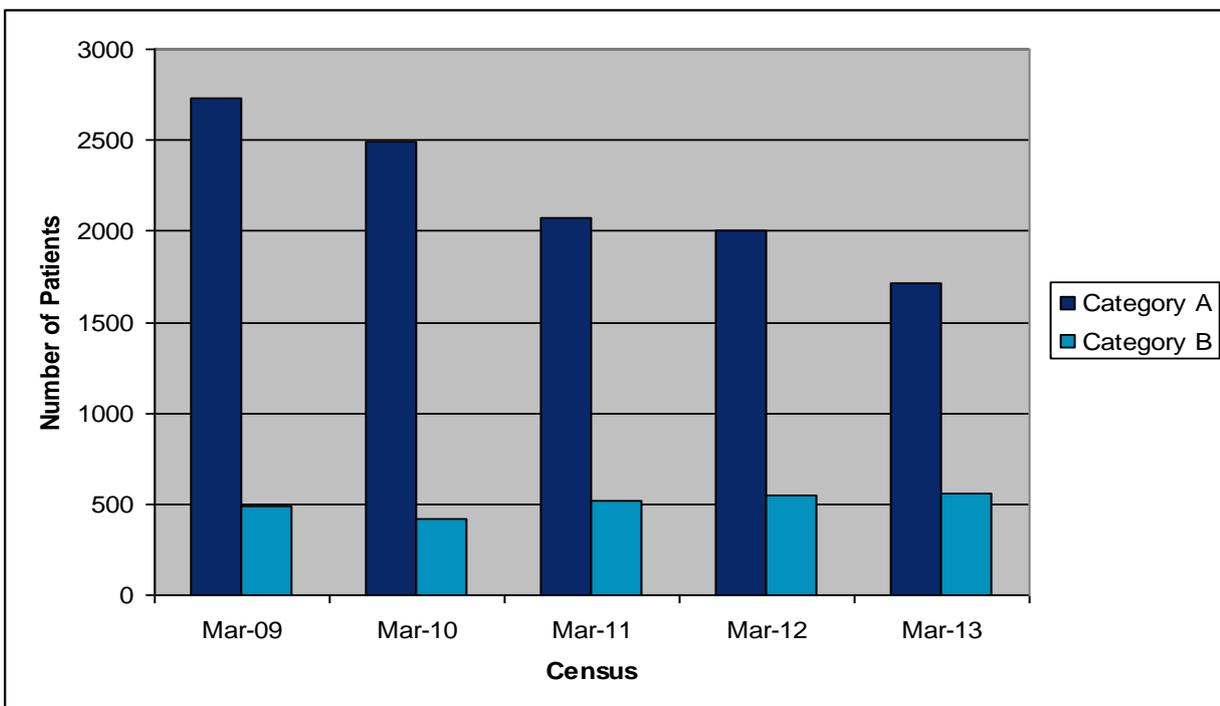
- At March 2013, 1,711 patients were reported as receiving NHS Continuing Health Care (Category A). The figures have shown a decrease of 15% (295 patients) from the March 2012 census.
- The 1,711 patients reported as receiving NHS Continuing Health Care at March 2013, corresponds to a rate of 21 patients per 100,000 Scottish population. There is a significant variation in the rate for each NHS Board. NHS Western Isles, NHS Greater Glasgow and Clyde and NHS Lothian have the highest rates of Category A patients per 100,000 population, at 38, 35 and 30 respectively, compared with 1 patient per 100,000 population in NHS Dumfries & Galloway.
- At March 2013, there were 562 patients who did not meet the criteria for NHS Continuing Health Care but who have been in hospital for over one year and for whom no estimated date of discharge has been set (Category B); this is a rise of 3% (14 patients) from last year.

Results and Commentary

Number of Category A and Category B patients

- Overall there were 2,273 patients reported in the Balance of Care / Continuing Care census at March 2013 which is a decrease in the numbers reported at March 2012 (2,554 patients).
- Of these, 75% were classed as Category A patients who were receiving NHS Continuing Health Care and 25% were classed as Category B patients who did not specifically meet the criteria for NHS Continuing Health Care but had been in hospital for more than a year and no estimated date of discharge had been set.
- 1,711 patients were reported as Category A at March 2013, compared to 2,006 at March 2012.
- 562 patients were reported as Category B at March 2013, compared to 548 at March 2012.
- Figure 1 shows a decrease in Category A patients over time and an overall decrease of 37% since March 2009.

Figure 1 Number of patients in Scotland reported in the Balance of Care / Continuing Care Census, March 2009 to March 2013

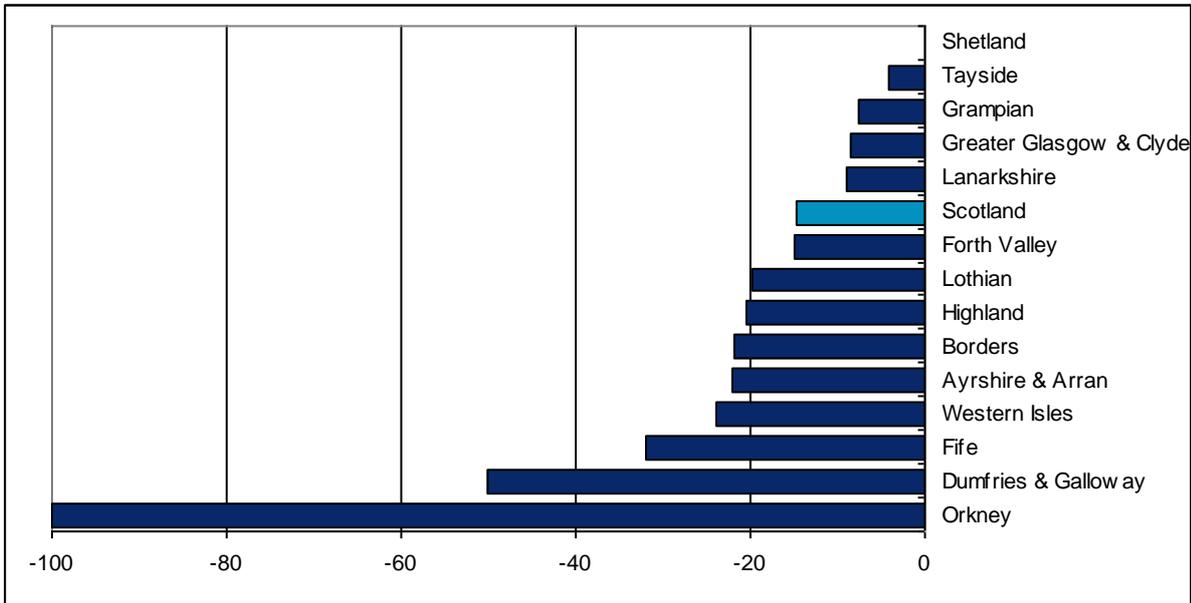


Category A: Patients who are receiving NHS Continuing Health Care as a result of a decision made under the terms of the guidance detailed on page 3 of this report.

Category B: Patients not eligible to receive NHS Continuing Health Care but who have been in hospital for over 1 year and have no date of discharge set.

- Figure 2 shows that, aside from Shetland, all NHS Boards showed a fall in the number of NHS Continuing Health Care (Category A) patients between March 2012 and March 2013. Shetland had no Category A patients in either year.

Figure 2 Percentage change in number of Category A patients reported between March 2012 and March 2013



- Between the March 2012 and March 2013 censuses, most NHS Boards showed a decrease in Category B patients (between 1 and 12 patients). There is, however, an overall rise in Category B patients in Scotland, mainly due to an increase of 31 patients in NHS Greater Glasgow and Clyde.

Tracking patients between census points

- Figure 3 tracks the movement of patients between the March 2012 and 2013 censuses. The tables below present details on whether patients were reported in the other census period, changed categories between censuses, were reported in all censuses under the same category or were new to the census in March 2013.

Figure 3 Tracking patients between census points

	Category A		Category B	
	Number	Net change	Number	Net change
(1) Not reported in March 2013 census	881	-44%	213	-39%
(2) Moved to other Category in March 2013	39	-2%	26	-5%
(3) Reported in both censuses	1,065		309	
Number of patients in March 2012 (with valid CHI number)¹	1,985		548	

	Category A		Category B	
	Number	Net change	Number	Net change
(1) New to census in March 2013	606	+31%	213	+39%
(2) Moved from other Category in March 2013	26	+1%	39	+7%
(3) Reported in both censuses	1,065		309	
Number of patients in March 2013 (with valid CHI number)¹	1,697		561	

¹ The March 2012 and 2013 censuses were compared using the patient Community Health Index (CHI) number and only those with a valid CHI are included in the matching process.

- For Category A patients, 44% of patients who were reported in the March 2012 census did not appear in the March 2013 census and 31% of patients were new to the census in March 2013.
- For Category B patients, 39% of patients who were reported in the March 2012 census did not appear in the March 2013 census and 39% of patients were new to the census in March 2013.

Age and gender

- At March 2013, of the 1,711 Category A patients, 47% were male, similar to previous censuses. At March 2013, 74% of Category B patients were male, which is a slight increase from the number reported at March 2012.
- The majority (78%) of Category A patients were aged 65 years and over. This compares to Category B patients where 21% were 65 years and over at the census date.
- Figures 4 & 5 present data by age group and gender at the March 2013 census:
 - Compared to males, there is a relatively higher proportion of female Category A patients in the older age groups.
 - For Category B patients, there is a relatively higher proportion of male patients in the younger age groups compared with females.

Figure 4 Percentage of Category A patients by age group, March 2013

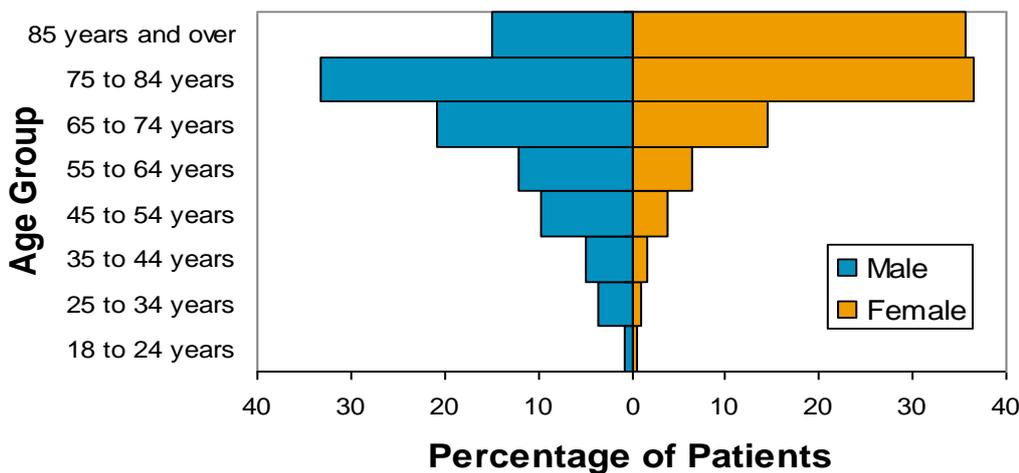
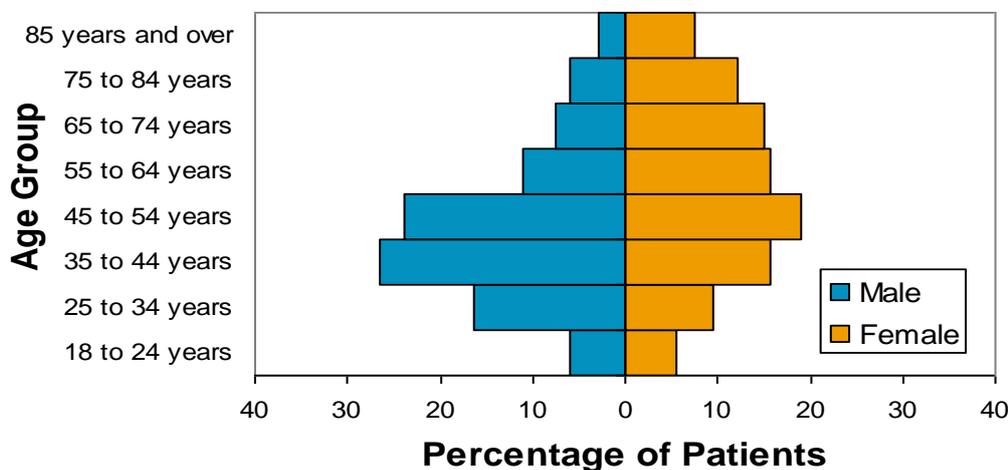
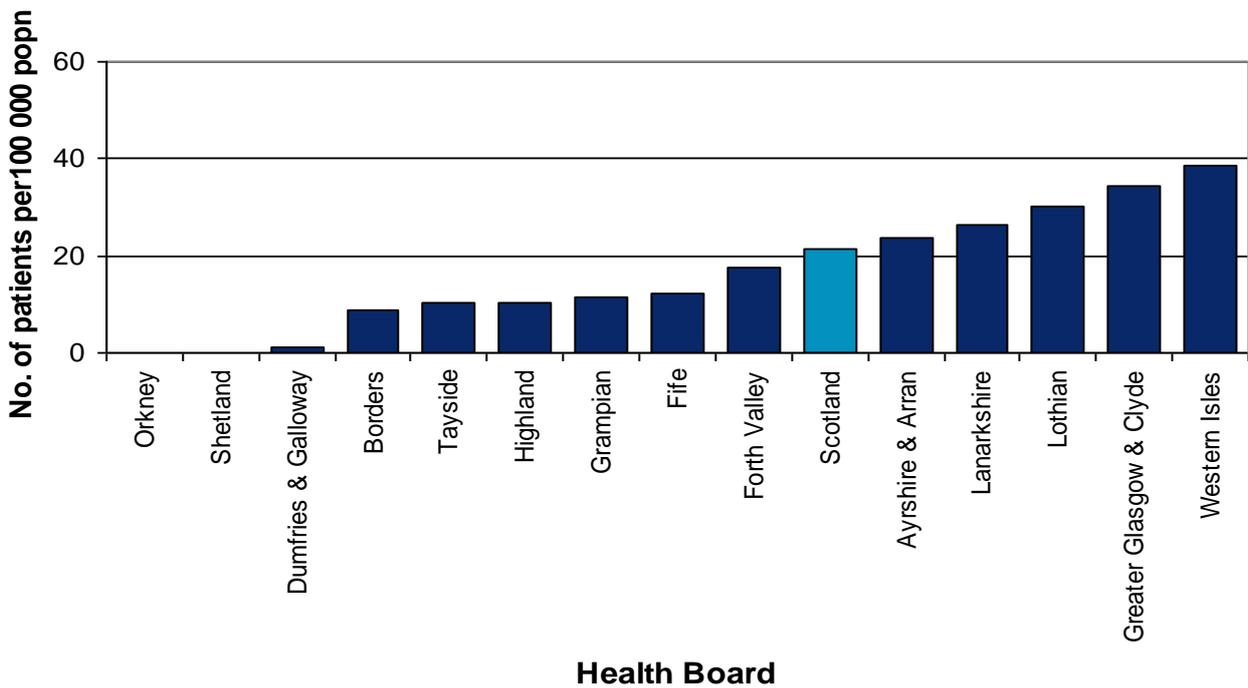


Figure 5 Percentage of Category B patients by age group, March 2013



- Figure 6 shows the Scottish rate for Category A patients at March 2013. The 1,711 patients reported as receiving NHS Continuing Health Care at March 2013, corresponds to a rate of 21 patients per 100,000 Scotland population.
- There is a significant variation in the rate for each NHS Board. NHS Western Isles, NHS Greater Glasgow and Clyde and NHS Lothian have the highest rates of Category A patients per 100,000 population, at 38, 35 and 30 respectively, compared with 1 patient per 100,000 population in NHS Dumfries & Galloway.

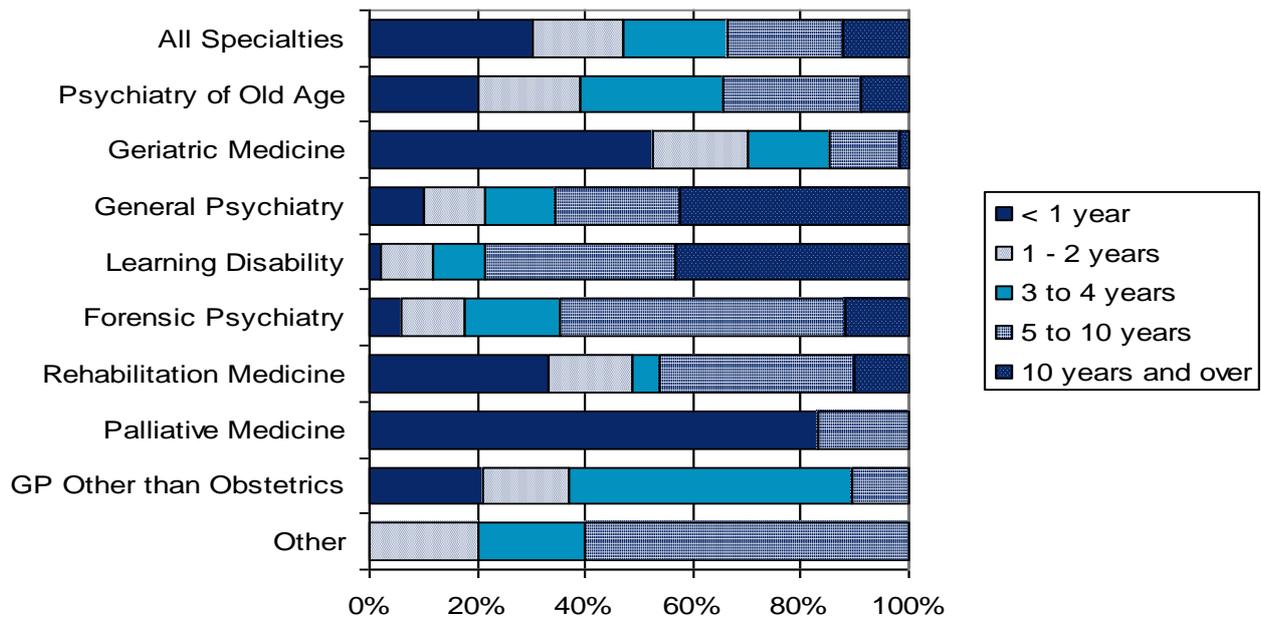
Figure 6 Number of Category A Patients expressed as rate per 100,000 Scotland population, March 2013



Specialty, Location of Care and Length of Stay for Category A patients

- The majority of all Category A patients were in either Psychiatry of Old Age (40%, 685 patients) or Geriatric Medicine (37%, 631 patients) specialties at March 2013.
- Of the 1,711 Category A patients, 1,304 (76%) were resident in hospital, 394 (23%) in a Care Home and 13 (1%) in other locations.
- The reported fall in the number of Category A patients is a consequence of a decrease in the number of patients in Psychiatry of Old Age and Geriatric Medicine specialties and also in other hospital specialties; the fall in the care home population has been less marked.
- The length of stay varies between specialties. Scotland level figures are dominated by three groups: Psychiatry of Old Age, Geriatric Medicine and General Psychiatry, each of which has a different profile. Figure 7 shows the variation in length of stay for each specialty.

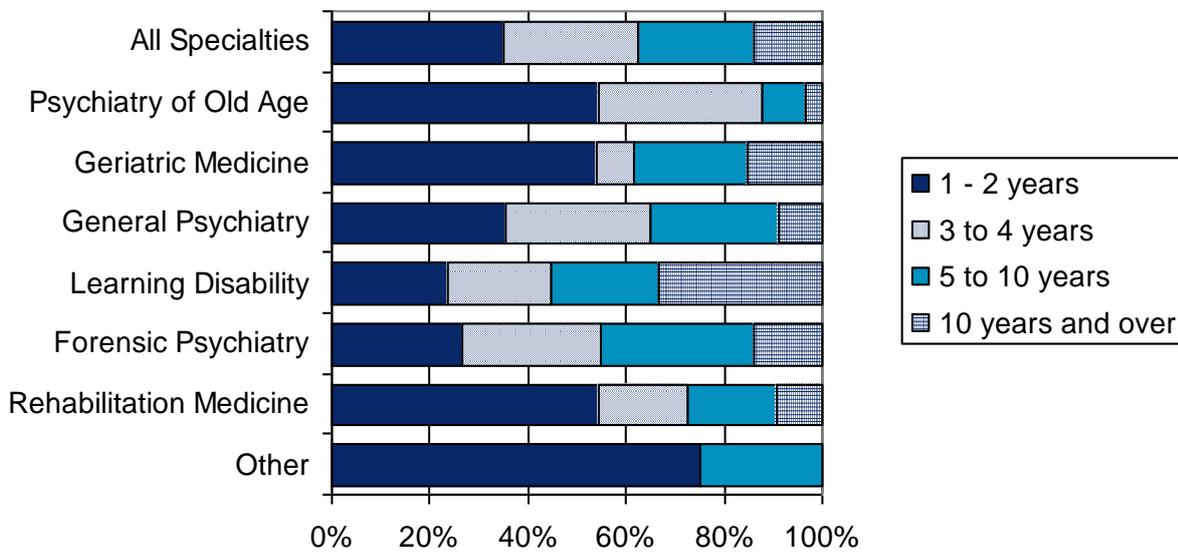
Figure 7 Length of Stay and Specialty for Category A patients, March 2013



Specialty, Location of care and Length of stay for Category B patients

- For Category B patients, the most common specialties were General Psychiatry (34% of the 562 patients), Forensic Psychiatry (26%) and Learning Disability (19%).
- Of the 562 Category B patients, 545 (97%) were resident in hospital and 17 patients (3%) were located in care homes (including NHS Beds on a contracted basis).
- Figure 8 shows the variation in length of stay for Category B patients for each specialty.

Figure 8 Length of Stay and Specialty for Category B patients, March 2013



Glossary

Category A

Patients who are receiving NHS Continuing Health Care as a result of a decision made under the terms of the NHS Continuing Health Care guidance (see page 3). Note that although NHS Continuing Health Care may be provided in a hospital ward it may also be provided on a contractual basis in a hospice or care home.

Category B

Patients who do not specifically meet the criteria for NHS Continuing Health Care but who have been in hospital for over one year and for whom no estimated date of discharge has been set.

NHS Continuing Health Care guidance

NHS Continuing Health Care is a package of health care provided and solely funded by the NHS. Patients normally receive NHS Continuing Health Care in a hospital ward, hospice or a contracted inpatient bed within an independent sector provider e.g. Care Home. The NHS, and not the local authority or individual, pays the total cost of that care. NHS Continuing Health Care may be for prolonged periods but not necessarily for life and entitlement should be subject to regular review.

In February 2008, the Scottish Government issued revised guidance on NHS Continuing Health Care to NHS Boards (see link below).

http://www.sehd.scot.nhs.uk/mels/CEL2008_06.pdf

The guidance indicates that continuing inpatient care should be provided where there is a need for ongoing and regular specialist clinical supervision of the patient as a result of:-

- (a) the complexity, nature or intensity of the patient's health needs, being the patient's medical, nursing and other clinical needs overall;
- (b) the need for frequent, not easily predictable, clinical interventions;
- (c) the need for routine use of specialist health care equipment or treatments which require the supervision of specialist NHS staff; or
- (d) a rapidly degenerating or unstable condition requiring specialist medical or nursing supervision.

Standardisation

The use of standardisation allows for fairer comparison between study populations with differing age/sex structures. A directly age/sex standardised rate is a theoretical rate, based on the rates observed in the study populations within the chosen age/sex groups, and the relative frequencies of these age/sex groups within a standard population. The replacement of the age/sex group frequencies in the study populations with those in the standard population gives the rates that would be observed if the age structure of the study populations were the same as that of the standard population.

Historically the data presented in this census report has used the European Standard population however this is a younger population than the Scottish population and the interest in this census is mainly older people. The data in this publication have been age/sex standardised to the Scottish population.

List of Tables

Table No.	Name	Time period	File & size
Workbook	CC_mar13_tables.xls (Tables)	See below	Excel [149kb]
table1	Number of Patients in Category A and B by NHS Health board of Treatment.	March 2009 to March 2013	Excel [750kb]
table2	Number of Patients in Category A and Category B by Gender and Age Group.	March 2009 to March 2013	Excel [750kb]
table3	Patients aged 65 years and over and Under 65 years, by NHS Health board of Treatment.	March 2009 to March 2013	Excel [750kb]
table4	Number of Patients aged under 65 years and 65 years and over by Local Authority of Residence.	March 2013	Excel [750kb]
table5a	Number of Patients in Category A by NHS Health board of Treatment with Rate per 100 000 Scotland population.	March 2009 to March 2013	Excel [750kb]
table5b	Number of Patients in Category B by NHS Health board of Treatment with Rate per 100 000 Scotland population.	March 2009 to March 2013	Excel [750kb]
table6	Specialty of Category A patients, by NHS Health Board of Treatment.	March 2009 to March 2013	Excel [750kb]
table7	Length of Stay for Category A, patients by Specialty.	March 2009 to March 2013	Excel [750kb]
table8	Location of care for Category A patients by Specialty.	March 2009 to March 2013	Excel [750kb]
table9	Speciality for Category B patients, by NHS Health Board of Treatment.	March 2009 to March 2013	Excel [750kb]
table10	Length of Stay for Category B, patients by Specialty.	March 2009 to March 2013	Excel [750kb]
table11	Location of carer for Category B patients, by Specialty.	March 2009 to March 2013	Excel [750kb]

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Further Information

Further information can be found on the [ISD website](#)

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A1 – Background information

The patients who were included in the census were:

Category A: Patients who are receiving NHS Continuing Health Care as a result of a decision made under the terms of the guidance referred to on pages 3 of this report. Note that although NHS Continuing Health Care may be provided in a hospital ward it may also be provided on a contractual basis in a hospice or care home.

Category B: Patients who do not specifically meet the criteria for NHS Continuing Health Care but who have been in hospital for over one year and for whom no estimated date of discharge has been set.

The following data items were collected:

- Location Code
- Location Name
- CHI Number
- Patient Identifier (if CHI unavailable)
- Patient Name
- Gender
- Date of Birth
- Date of Admission
- Ethnicity
- Specialty
- Patient's postcode of residence

NHS Boards were instructed to carry out the census on the 31st March 2013. However, if there was local benefit in undertaking the national census on a date other than the 31st March NHS Boards could select a date up to 3 calendar days prior to the census date.

A2 – Publication Metadata (including revisions details)

Metadata Indicator	Description
Publication title	Findings from the Balance of Care / Continuing Care Census
Description	Annual publication presenting data on all patients whom clinicians had assessed to meet the criteria for NHS Continuing Health Care and certain other patients who did not meet the criteria for NHS Continuing Health Care but had been in hospital for over 1 year and for whom no estimated date of discharge had been set.
Theme	Health and Social Care
Topic	NHS Continuing Care
Format	PDF and Excel Tables
Data source(s)	Balance of Care / Continuing Care Censuses
Date that data are acquired	31 March 2013 (most recent census)
Release date	25th June 2013
Frequency	Annual publication
Timeframe of data and timeliness	Annual census as at 31st March. Information is published annually. No delays between data availability and processing of data for publication. One area provided part of their data as at 13 th May in order to tie in with other local reporting. These figures are included in this publication and relevant notes have been added to the tables.
Continuity of data	To date, data have been gathered for 7 census points and there have been no major discontinuities of data. Within the publication, local authority of residence could not be presented until the 3rd Census due to lack of accurate recording of postcode of residence, this was noted in the relevant publication..
Revisions statement	Previously published data are on occasion revised following comparison with more recent data received which highlight inconsistencies with historic data. These revisions are unplanned. It is likely that these revisions will continue until the census is more embedded into local practices. Examples of errors are wrong dates of admission, incorrect categorisation of patients (NHS continuing care vs. in hospital for over 1 year), postcode of institution instead of original residence of patient. Due to the length of time that some of these patients have been in hospital it has not always been possible to obtain original records and for this reason queries may still be included.
Revisions relevant to this publication	No revisions have been made in this publication to previous figures.
Concepts and definitions	A copy of the Definitions and Data Recording manual can be found on our website.
Relevance and key uses of the statistics	Findings from the Census support the Scottish Government to monitor Shifting the Balance of long term care for older

	people and also to inform on the application of the NHS Continuing Health Care guidance. The data can be used by NHS Boards to monitor patients in receipt of NHS Continuing Care and also to highlight those patients who have been in hospital for over 1 year, to ensure that they are in the most appropriate care setting.
Accuracy	Census data are subject to validation when data files are received by ISD. Validation reports are returned to NHS Boards for correction of data/verification of queries. Reported data are compared to previous Census figures.
Completeness	As part of the validation process, NHS Boards are provided with numbers reported from each hospital/care home and Specialty. They are invited to review and amend as required. It is therefore assumed that data received is 100% complete.
Comparability	There are currently no comparable/consistent sources of data available for UK comparison Some patients may receive Continuing Care in a contracted inpatient bed within a care home and the Scottish Care Home Census publication could be used to provide further information about patient characteristics in care homes (see page 3 for further information).
Accessibility	It is the policy of ISD Scotland to make its web sites and products accessible according to published guidelines .
Coherence and clarity	The publication includes sections on Introduction/background, data quality, key findings (including charts) and then tables.
Value type and unit of measurement	Number, percentage and Scottish rate
Disclosure	The ISD Statistical Disclosure Protocol is followed.
Official Statistics designation	Official Statistics
UK Statistics Authority Assessment	Designated as National Statistics By UKSA in November 2012
Last published	26 th June 2012
Next published	25 th June 2013
Date of first publication	February 2009
Help email	Nss.continuingcare@nhs.net
Date form completed	12/06/2013

A3 – Early Access details (including Pre-Release Access)

Pre-Release Access

Under terms of the "Pre-Release Access to Official Statistics (Scotland) Order 2008", ISD are obliged to publish information on those receiving Pre-Release Access ("Pre-Release Access" refers to statistics in their final form prior to publication). The standard maximum Pre-Release Access is five working days. Shown below are details of those receiving standard Pre-Release Access and, separately, those receiving extended Pre-Release Access.

Standard Pre-Release Access:

Scottish Government Health Department
NHS Board Chief Executives
NHS Board Communication leads

Extended Pre-Release Access

Extended Pre-Release Access of 8 working days is given to a small number of named individuals in the Scottish Government Health Department (Analytical Services Division). This Pre-Release Access is for the sole purpose of enabling that department to gain an understanding of the statistics prior to briefing others in Scottish Government (during the period of standard Pre-Release Access).

Scottish Government Health Department (Analytical Services Division)

Early Access for Management Information

These statistics will also have been made available to those who needed access to 'management information', i.e. as part of the delivery of health and care:

Policy Manager responsible for NHS Continuing Care and Delayed Discharges within the Primary & Community Care Directorate, Partnership Improvement & Outcomes Division at Scottish Government.

Early Access for Quality Assurance

These statistics will also have been made available to those who needed access to help quality assure the publication:

Policy Manager responsible for NHS Continuing Care and Delayed Discharges within the Primary & Community Care Directorate, Partnership Improvement & Outcomes Division at Scottish Government.

A4 – ISD and Official Statistics

About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

Purpose: To deliver effective national and specialist intelligence services to improve the health and wellbeing of people in Scotland.

Mission: Better Information, Better Decisions, Better Health

Vision: To be a valued partner in improving health and wellbeing in Scotland by providing a world class intelligence service.

Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of 'Official Statistics'. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

ISD's statistical publications are currently classified as one of the following:

- National Statistics (i.e. assessed by the UK Statistics Authority as complying with the Code of Practice)
- National Statistics (i.e. legacy, still to be assessed by the UK Statistics Authority)
- Official Statistics (i.e. still to be assessed by the UK Statistics Authority)
- other (not Official Statistics)

Further information on ISD's statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](#).