Delayed Discharges in NHSScotland

Occupied Bed Days in September 2015 and Census Figures for October 2015

Publication date – 24 November 2015

About this Release

Information Services Division (ISD) publish on a monthly basis the number of NHSScotland patients who were judged to be clinically ready for discharge but who remained in a hospital bed (Delayed Discharges). This publication reports on the number of patients classified as a delayed discharge at the October 2015 census and the number of hospital bed days associated with delayed discharges for the month of September 2015.

Hospital Bed Days associated with delays in discharge in September 2015

- In September 2015, there were 48,091 days spent in hospital associated with delays in discharge. This is an 8% decrease on the same period last year.
- Nationally, 70% of these bed days are occupied by patients aged 75 and over.

![Number of Bed Days Occupied by Delayed Discharge Patients:](chart)
Patients ready for discharge as at October 2015 census
- 1,280 patients were delayed at the October 2015 census. This is a 7% decrease on October 2014. Over a quarter of these delays (340) are for patients with specific complex care needs.

- At the census point, there were 551 patients who were delayed over two weeks. Although this is a 6% reduction on the corresponding period a year ago, this number has been rising since April 2015.
- The main reasons for these delays were:
  - 39% (216) awaiting place availability in a care home
  - 36% (198) waiting to go home
  - 11% (60) awaiting a community care assessment

Background
ISD publishes information on delayed discharges to support local partnerships in the arrangements they make for the patient’s timely, appropriate and safe transfer to the next stage of care.

The Scottish Government has legislated for the integration of health and social care through the Public Bodies (Joint Working) (Scotland) Act 2014. Underpinning this legislation are nine health and wellbeing outcomes. To measure achievement against these national outcomes a core suite of integration indicators have also been developed. There are two that relate directly to delayed discharges and include:

- Number of days people spend in hospital when they are ready to be discharged.
- Percentage of people who are discharged from hospital within 72 hours of being ready.

Contact
Lisa Reedie
Principal Information Analyst
0131 275 6117
Email: nss.delayeddischarges@nhs.net

Deanna Campbell
Senior Information Analyst
0141 282 2338

Further Information
All of our published information on Delayed Discharges is available on the ISD website. This includes all the statistics in this report for NHSScotland, NHS Board and Local Authority in downloadable data tables.

Background information with a glossary and metadata are also available for this publication.

NHS Performs
Information to support the above indicators is not yet available but will feature on the NHS Performs web pages in the future.

ISD and Official Statistics
Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. Further information about our statistics.