Publication Summary

Delayed Discharges in NHSScotland

Occupied Bed Days in November 2015 and Census Figures for December 2015

Publication date – 26 January 2016

About this Release

Information Services Division publish on a monthly basis the number of hospital bed days associated with delayed discharges for a full calendar month, and the number of patients classified as a delayed discharge at the monthly census point (currently the 15th).

Hospital Bed Days associated with delays in discharge in November 2015

- In November 2015, patients spent 47,862 days in hospital due to delays in discharge. This is a 6% decrease from October and a 13% decrease on the same period last year.

- Nationally, around 70% of these bed days are occupied by patients aged 75 and over.

Number of Bed Days Occupied by Delayed Discharge Patients:

![Graph showing Number of Bed Days Occupied by Delayed Discharge Patients]

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Patients ready for discharge as at December 2015 census

- 1,193 patients were delayed at the December 2015 census. This is an 8% decrease on November 2015 and on the same period last year.

- 31% of these delays (374) are for patients with specific complex care needs.

- Of the remaining 819 patients delayed at the census:
  - 30% (245) were awaiting place availability in a care home.
  - 31% (256) were awaiting completion of social care arrangements for living in their own home – awaiting social support.
  - 24% (195) were awaiting completion of a post-hospital social care assessment.
  - The number of patients awaiting funding for a care home placement fell from 79 in November to 14 in December.

Background

A delayed discharge is a hospital patient that is clinically ready for discharge from inpatient hospital care but continues to occupy a hospital bed beyond the ready for discharge date. Timely discharge from hospital is an important indicator of quality and is a marker for person centred, effective, integrated and harm free care.

We are carrying out work to improve data quality and reporting of this information. From April 2016 we will start to measure the number of patients delayed for less than 72 hours.

There will also be changes to the requirement to exclude certain categories of patient from the census. Please see News and Updates on the Delayed Discharges section of our website for more details.

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Further Information

The data from this publication is available to download from our web page along with a background information and glossary, and metadata document.

For more information on Delayed Discharges see the Delayed Discharges section of our website. For related topics, please see the Health and Social Community Care pages.

The next release of this publication will be 23 February 2016.

NHS Performs

A selection of information from this publication is included in NHS Performs. NHS Performs is a website that brings together a range of information on how hospitals and NHS Boards within NHSScotland are performing.