

# Publication Summary



## Mental Health (Psychiatric) Hospital Activity Statistics - year ending 31 March 2011

Pub date – 20 December 2011

### About this Release

This release is a summary of psychiatric hospital activity statistics up to and including financial year ending 31 March 2011. It contains information on trends in psychiatric inpatient activity, including data shown by NHS Board and diagnosis. Statistics on psychiatric readmissions (HEAT target) are also published.

### Key Points

- There were around 20,919 inpatient admissions to mental health hospitals during the year ending 31 March 2011. This continues the downward trend seen in recent years and represents a 17% fall in the number of admissions since year 2006/07.
- In 2010/11 around 55% of all inpatient mental health admissions were re-admissions. This percentage is similar to those of the previous five years.
- The number of patients who had a psychiatric readmission within one year of a previous psychiatric admission has decreased steadily from 4,576 for the year ending 31 December 2004 to 3,426 for the year ending 31 December 2009. The year on year reduction from the baseline figure at December 2004 was 8.4% at December 2005, 13.8% at December 2006, 17.8% at December 2007 and 25.1% at December 2009. It should be noted that due to completeness issues data for the year ending 31 December 2008 are unavailable.
- Alcohol/drug related problems accounted for 25% of all discharge diagnoses in men and schizophrenia accounted for a further 19%. For women, mood (affective) disorders accounted for 32% of the diagnoses recorded, while dementia diagnoses were identified in 14% of discharges.
- In 2010/11, around 65% of all mental health discharges had a hospital length of stay of 4 weeks or less. This is similar to previous years.

### Background

Mental health activity data is collected across NHSScotland and is based on nationally available information routinely drawn from hospital administrative systems across the

country. The principal data source is the SMR04 (mental health) return, which collects information on admissions to and discharges from NHS psychiatric hospitals in Scotland.

Data for the year ending March 2011 may be subject to change in future releases. SMR04 is considered to be 98% complete for the year ending March 2011. Further information on SMR data completeness is shown at the following link:

<http://www.isdscotland.org/isd/1607.html>

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## Further Information

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#)

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