About this Release

This release is a summary of psychiatric hospital activity statistics up to and including financial year ending 31 March 2012. It contains information on trends in psychiatric inpatient activity, including data shown by NHS Board and diagnosis.

Key Points

- There were around 19,265 inpatient admissions to mental health hospitals (excluding those treated in NHS Ayrshire & Arran) during the year ending 31 March 2012.
- In 2011/12 around 55% of all inpatient mental health admissions were re-admissions (patients readmitted after a break in inpatient care). This percentage is similar to those of the previous five years.
- Alcohol/drug related problems accounted for 22% of all discharge diagnoses in men and schizophrenia accounted for a further 20%. For women, mood (affective) disorders accounted for 33% of the diagnoses recorded, while dementia diagnoses were identified in 13% of discharges.
- In 2011/12, around 65% of all mental health discharges had a hospital length of stay of 4 weeks or less. This is similar to previous years.

Background

Mental health activity data is collected across NHSScotland and is based on nationally available information routinely drawn from hospital administrative systems across the country. The principal data source is the SMR04 (mental health) return, which collects information on admissions to and discharges from NHS psychiatric hospitals in Scotland.
The information contained in this publication has been updated to include available data for year ending 31 March 2012.

Ongoing efforts to improve the quality of SMR04 data may result in differences to previously published information. It should be noted that due to the implementation of a new patient management system, information on treatments delivered at NHS Ayrshire & Arran as taken from SMR04 for the year to 31 March 2012 is not available and is excluded from this publication. As a result, Scotland level data for the latest year are not directly comparable to previous years.

Further information on SMR data completeness is shown on the Hospital Records Data Monitoring page of the ISD website.

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Further Information
Further information can be found in the Full Publication Report or on the ISD website

About ISD
Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.
Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

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Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.
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