Psychiatric Inpatient Activity in Scotland
Annual – Year Ending 31 March 2018
A National Statistics publication for Scotland

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About this release
This release by Information Services Division presents information on patients with mental health problems treated as inpatients in Scottish psychiatric facilities. Data presented for 1 April 1997 to 31 March 2018 are provisional and subject to change in future publications as submissions may be updated to reflect a more accurate and complete set of data from NHS Boards.

Main Points

- In Scotland, psychiatric inpatient discharges have reduced from 32,300 to 20,740 between 1997/98 and 2017/18, a decrease of 36%.

- In 2017/18 most patients were treated within the NHS Board area they lived with approximately 5% treated elsewhere.

- Two fifths (39%) of people treated in psychiatric inpatient facilities in 2017/18 were in the age range 40-64 years. Around 34% of the Scottish population is in this age grouping.
• People living in the most deprived areas were around three times more likely to experience inpatient psychiatric care than people living in the least deprived areas.

• Since 1997/98 the number of patients treated for Mood (affective) disorders in psychiatric hospitals in Scotland has seen a steady decline from 6,130 to 2,880, a larger decrease than any other diagnostic group.

Background
Patients receiving inpatient care in mental health (psychiatric) facilities generate records held nationally on Scottish Morbidity Record 04 (SMR04). This is the first release of the Psychiatric Activity publication in an interactive format. Charts and tables featured in the previous version of this release are available on request. Activity in the learning disability specialty has been excluded from this data release.

There are known issues with the quality of data presented which are summarised within the data issues and completeness document which accompanies this publication. However, the statistics presented are considered to be of high enough quality to be released in this publication.

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Further Information
Further information is also available on the mental health section of the website.

ISD and Official Statistics
Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. Further information about our statistics.