

Publication Summary



NHS Smoking Cessation Service Statistics (Scotland)

1st April 2008 to 31st March 2011

Publication date – 27th September 2011

About this Release

This short report presents information on quit attempts made with the help of NHS smoking cessation services, and 'self-reported' quits at one month after 'quit date', in Scotland, 1st April 2008 to 31st March 2011. It provides supplementary information to the annual monitoring report published in May 2011. It also allows the smoking cessation HEAT target to be monitored on a financial year basis.

Key Points

- There were 228,353 quit attempts made with the help of NHS smoking cessation services in Scotland between 1st April 2008 and 31st March 2011.
- The total number of 'self-reported' quits at one month after 'quit date' in Scotland in the period 1st April 2008 to 31st March 2011 was 89,075.
- The smoking cessation HEAT target for 2008/09 to 2010/11 was to achieve 83,975 successful quit attempts at one month, across NHS smoking cessation services in Scotland. The 89,075 quits achieved exceeds the target number by 5,100 or 6.1%.

Background

The national smoking cessation monitoring analyses produced by ISD are used to provide vital evidence of the reach and success of NHS smoking cessation services in Scotland. They are also used to monitor the smoking cessation HEAT (Health Improvement, Efficiency, Access and Treatment) target for the NHS. [Details of the target number of successful one month quits required in each NHS board, during the three years](#), are available on the Scottish Government's 'Scotland Performs' web pages, which report progress against HEAT targets. The original smoking cessation HEAT target relates to the time period 2008/09 to 2010/11, with a successor target in place for 2011/12 to 2013/14.

The primary data source is the National Smoking Cessation Database, established by ISD Scotland in July 2005. The second data source, in the case of Greater Glasgow & Clyde NHS board, is local information systems. The data are as extracted on 9th September 2011. Figures are based on total 'quit attempts', rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

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Further Information

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#)

About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up. Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

About ScotPHO

The Scottish Public Health Observatory (ScotPHO) collaboration is led by ISD Scotland and NHS Health Scotland, and includes the Glasgow Centre for Population Health, National Records of Scotland and Health Protection Scotland. Our aim is to make public health information more accessible and usable to improve health and reduce inequalities in Scotland.

Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of 'Official Statistics'. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

Further information on ISD's statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](http://www.isdscotland.org/About-ISD/About-Our-Statistics/) www.isdscotland.org/About-ISD/About-Our-Statistics/