About this Release
The following sections on the ScotPHO website have been updated: alcohol, cancer, oral health, sexual health and our smoking ready reckoner. The updates include collating previously available information and presenting summary data and statistics derived from published sources. Previously unpublished data are included on mental health (www.scotpho.org.uk/mentalhealth). This new data is an update on previous years’ data and is summarised below.

Key Points

Mental health
For people living in the most deprived areas in Scotland, 40 male patients per 1000 and 83 female patients per 1000 consulted practice teams for anxiety in 2010/11. This was more than twice as high as the rates seen in the least deprived areas (17 per 1000 and 38 per 1000 respectively). This figure is similar to previous years’ data.

A similar pattern was seen for depression. In 2010/11, 24 per 1000 males and 45 per 1000 females consulted practice teams for depression in the most deprived areas of Scotland, compared with 11 per 1000 and 28 per 1000 respectively in the least deprived areas. Again, this figure is similar to that seen in previous years.

Background
The ScotPHO website contains comprehensive information on a wide range of topics including behaviour, health, well being and disease and clinical risk factors. Along with summary data and statistics, the website provides background information, interpretation, policy notes, commentaries on data sources, references and links to further information.
About ISD
Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up. Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

About ScotPHO
The Scottish Public Health Observatory (ScotPHO) collaboration is led by ISD Scotland and NHS Health Scotland, and includes the Glasgow Centre for Population Health, National Records of Scotland and Health Protection Scotland. Our aim is to make public health information more accessible and usable to improve health and reduce inequalities in Scotland. Metadata and pre-release access information for this publication is available here.