

## Publication Summary



# NHS Smoking Cessation Service Statistics (Scotland) 1<sup>st</sup> April 2011 to 31<sup>st</sup> March 2012

Publication date – 25<sup>th</sup> September 2012

## About this Release

This short report presents information on quit attempts made with the help of NHS smoking cessation services, and 'self-reported' quits at one month after 'quit date', in Scotland, 1<sup>st</sup> April 2011 to 31<sup>st</sup> March 2012. It provides supplementary information to the annual monitoring report published in May 2012. It also allows the smoking cessation HEAT target to be monitored on a financial year basis.

## Key Points

- There were 118,394 quit attempts made with the help of NHS smoking cessation services in Scotland between 1<sup>st</sup> April 2011 and 31<sup>st</sup> March 2012. Of these, 68,818 were made in the 40% most deprived within-board SIMD (Scottish Index of Multiple Deprivation) areas in Scotland.
- The total number of 'self-reported' quits at one month after 'quit date' in Scotland in the period 1<sup>st</sup> April 2011 to 31<sup>st</sup> March 2012 was 44,137. This included 24,529 'self-reported' quits at one month after 'quit date' in the 40% most deprived within-board SIMD areas.
- The current smoking cessation HEAT target covers the three years 2011/12 to 2013/14. 'The target is to deliver at least 80,000 successful quits (at one month post quit date) including 48,000 in the 40% most deprived within-board SIMD areas over the three years ending 31<sup>st</sup> March 2014'.
- The delivery of 24,529 successful quits (at one month post quit date) in the 40% most deprived within-board SIMD areas in 2011/12 exceeds the target number for year one (16,263) by 8,266 (or almost 51%). By the end of year one of the three year smoking cessation HEAT target, 51% of the total required successful quits (in the 40% most deprived within-board SIMD areas) had already been delivered. Based on achievement in year one, all 14 NHS boards in Scotland are currently on course to achieve their HEAT target.

## Background

The national smoking cessation monitoring analyses produced by ISD are used to provide vital evidence of the reach and success of NHS smoking cessation services in Scotland. They are also used to monitor the smoking cessation HEAT (Health Improvement, Efficiency, Access and Treatment) target for the NHS. [Details of the target number of successful one month quits required in each NHS board, during the three years](#), are available on the Scottish Government's 'Scotland Performs' web pages, which report progress against HEAT targets.

The primary data source is the National Smoking Cessation Database, established by ISD Scotland in July 2005. The second data source, in the case of Greater Glasgow & Clyde NHS board, is local information systems. The data are as extracted on 3<sup>rd</sup> September 2012. Figures are based on total 'quit attempts', rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

[The Scottish Index of Multiple Deprivation \(SIMD\)](#) identifies small area concentrations of multiple deprivation across all of Scotland in a consistent way. The SIMD ranks small areas (called data zones) from 'most' deprived – ranked 1 - to 'least' deprived – ranked 6,505. People using the SIMD will often focus on the data zones below a certain rank, for example, the 10%, 15%, 20% or 40% most deprived data zones in Scotland.

## Contact

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## Further Information

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#)

### About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

### Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of 'Official Statistics'. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

Further information on ISD's statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](#).