

Publication Summary



ScotPHO routine quarterly web updates

Publication date – 25 June 2013

About this Release

The following topics on the ScotPHO website have been updated: mental health, infections, oral health, sexual health, health inequalities and international data sources.

The updates include collations of previously available information, and present summary data and statistics derived from published sources. Previously unpublished data are included for mental health, and some of the key findings for the new data are given below.

Key Points

Mental health

Life satisfaction

One measure of mental wellbeing is 'life satisfaction' and this has been included in the Scottish Health Survey since 2008. Respondents are asked to rate how satisfied they are with their life nowadays, on an 11-point scale from zero (extremely dissatisfied) to 10 (extremely satisfied).

- The mean score for adults in Scotland aged 16+ in 2011 was 7.6. Levels of life satisfaction have remained constant since 2008.

Anxiety and depression

Rates of patients consulting for anxiety and depression at GP practices are estimated from a sample of practices in Scotland submitting Practice Team Information data. A strong relationship exists with Scottish Index of Multiple Deprivation (SIMD) 2012 quintiles (fifths of the population):

- For anxiety, the estimated age-standardised rate of patients who consulted a GP or practice nurse in the year ending 31 March 2012 was greatest in the most deprived

quintile (39 males consulting per 1000 males, and 79 females per 1000 females). This was more than twice as high as the rates in the least deprived quintile (18 males consulting per 1000 males, and 36 females per 1000 females).

- For depression, a broadly similar pattern was seen (24 males consulting per 1000 males and 44 females per 1000 females in the most deprived quintile, compared with 12 males per 1000 males and 28 females per 1000 females in the least deprived quintile).

Background

The ScotPHO website contains comprehensive information on a wide range of topics grouped into sections including: behaviour; health, wellbeing and disease; and clinical risk factors. Along with summary data and statistics, the website provides background information, interpretation, policy notes, commentaries on data sources, references and links to further information.

Contact

Dr Alison Burlison

Principal Information Analyst

Alison.Burlison@nhs.net

0131 275 6216

Further Information

Further information can be found on the [ScotPHO website](#).

Metadata and pre-release access information for this publication is available [here](#).

About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up. Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

About ScotPHO

The Scottish Public Health Observatory (ScotPHO) collaboration is led by ISD Scotland and NHS Health Scotland, and includes the Glasgow Centre for Population Health, National Records of Scotland and Health Protection Scotland. Our aim is to make public health information more accessible and usable to improve health and reduce inequalities in Scotland.