

Publication Summary



NHS Smoking Cessation Service Statistics (Scotland) 1st April 2011 to 31st March 2013

Publication date – 24th September 2013

Key Points

- There were 235,937 quit attempts made with the help of NHS smoking cessation services in Scotland between 1st April 2011 and 31st March 2013. Of these, 138,783 were made in the 40% most deprived within-board SIMD (Scottish Index of Multiple Deprivation) 2009 (version 2) areas in Scotland.
- The total number of 'self-reported' quits at one month after 'quit date' in Scotland in the period 1st April 2011 to 31st March 2013 was 89,353. This included 50,154 'self-reported' quits at one month after 'quit date' in the 40% most deprived within-board SIMD areas.
- The current smoking cessation HEAT target covers the three years 2011/12 to 2013/14. 'The target is to deliver at least 80,000 successful quits (at one month post quit date) including 48,000 in the 40% most deprived within-board SIMD areas over the three years ending 31st March 2014'.
- The delivery of 50,154 successful quits (at one month post quit date) in the 40% most deprived within-board SIMD areas in 2011/12 and 2012/13 exceeds the target number for years one and two (32,536) by 17,618 (or 54%). By the end of year two of the three year smoking cessation HEAT target, 104% of the total required successful quits (in the 40% most deprived within-board SIMD areas) had already been delivered. Based on achievement in years one and two, 13 of the 14 NHS boards in Scotland are currently on course to achieve their HEAT target.

Background

The national smoking cessation monitoring analyses produced by ISD are used to provide vital evidence of the reach and success of NHS smoking cessation services in Scotland. They are also used to monitor the smoking cessation HEAT (Health Improvement, Efficiency, Access and Treatment) target for the NHS. [Details of the target number of successful one month quits required in each NHS board, during the three years](#), are available on the Scottish Government's 'Scotland Performs' web pages, which report progress against HEAT targets.

The primary data source is the National Smoking Cessation Database, established by ISD Scotland in July 2005. The second data source, in the case of Greater Glasgow & Clyde NHS board, is local information systems. The data are as extracted on 3rd September 2013. Figures are based on total 'quit attempts', rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

[The Scottish Index of Multiple Deprivation \(SIMD\)](#) identifies small area concentrations of multiple deprivation across all of Scotland in a consistent way. The SIMD ranks small areas (called datazones) from 1 (most deprived) to 6,505 (least deprived). People using SIMD will often group datazones together in order to identify, for example, the 10%, 15%, 20% or 40% most deprived areas in Scotland. For the purposes of this report SIMD 2009 (version 2) has been used.

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Further Information

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#)

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