

## Publication Summary



# ScotPHO website quarterly update

Publication date – 17 December 2013

## About this Release

The following topics on the Scottish Public Health Observatory (ScotPHO) website have been updated: chronic liver disease, healthy life expectancy, physical activity, population estimates and forecasts, and methodology. The topics are presented in the ScotPHO style of web pages including text and charts and downloadable Excel charts and tables.

The updates include collations of previously available information, and present summary data and statistics derived from published sources. Previously unpublished data are included for two topics: healthy life expectancy (see separate [publication summary](#)); and chronic liver disease, for which some of the key findings for the new data are given below.

## Key Points

### [Chronic liver disease \(CLD\)](#)

- Scotland has one of the highest mortality (death) rates from chronic liver disease (CLD) in Europe.
- There was a sharp increase in CLD mortality rates in Scotland between 1993 and 2003, followed by a generally declining trend.
- There were around 13 CLD deaths per 100,000 population in 2012.
- In the 3-year period 2009-11, CLD mortality rates were over five times higher in the most deprived fifth of the population (quintile) (36.6 per 100,000 population) compared to the least deprived quintile (6.5 per 100,000).
- Rates of discharge of patients with CLD from hospital in Scotland have increased over three-fold between 1982/83 and 2012/13 (from 17.8 to 59.2 per 100,000 population).

## Background

The ScotPHO website contains comprehensive information on a wide range of topics grouped into sections including: Behaviour; Health, wellbeing and disease; and Clinical risk factors. Along with summary data and statistics, the website provides background information, interpretation, policy notes, commentaries on data sources, references and links to further information.

## Contact

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## Further Information

Further information can be found on the [ScotPHO website](#). Metadata and pre-release access information for this publication is available [here](#).

### About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

### About ScotPHO

The Scottish Public Health Observatory (ScotPHO) collaboration is led by ISD Scotland and NHS Health Scotland, and includes the Glasgow Centre for Population Health, National Records of Scotland and Health Protection Scotland. Our aim is to make public health information more accessible and usable to improve health and reduce inequalities in Scotland.