

# Publication Summary



## NHS Smoking Cessation Services (Scotland)

1 April 2011 to 31 March 2014

Publication date – 30 September 2014

### About this Release

The 'NHS Smoking Cessation Services Statistics (Scotland)' report provides evidence of the reach and success of smoking cessation services, against the smoking cessation HEAT (Health Improvement, Efficiency, Access and Treatment) target, set over the past 3 financial years (2011/12 to 2013/14).

The target was to deliver at least 80,000 successful quits (i.e. still quit at one month post quit date) including 48,000 in the 40% most deprived within-board Scottish Index of Multiple Deprivation (SIMD) areas over the three financial years 2011/12 to 2013/14 ending 31 March 2014.

### Key Points

- Based on achievement over the three financial year period, 13 of the 14 NHS Boards in Scotland met their smoking cessation HEAT target.
- The total number of self-reported quits at one month after quit date during the period 1 April 2011 to 31 March 2014 was 124,734 (38%), exceeding the target by 56%.
- There were 70,162 (36%) self-reported quits at one month after quit date in the 40% most deprived within-board Scottish Index of Multiple Deprivation (SIMD) areas, exceeding the target number set (48,000) by 45%.
- There were 322,285 quit attempts made with the help of NHS smoking cessation services in Scotland between 1 April 2011 and 31 March 2014.
- Of these, 195,355 (59%) were made in the 40% most deprived within-board SIMD 2009 areas in Scotland.

## Background

The statistics in this report are based on quit attempts made so may include repeat quit attempts for the same client during the time reported.

The information presented is taken from the agreed national minimum dataset for smoking cessation services, developed by the Partnership Action on Tobacco and Health (PATH), part of Action on Smoking and Health (ASH) Scotland. Additional information is sourced from local NHS Board information systems (Greater Glasgow & Clyde NHS board).

The [Scottish Index of Multiple Deprivation \(SIMD\)](#) identifies small area concentrations of multiple deprivation across all of Scotland. The SIMD ranks small areas (called datazones) from 1 (most deprived) to 6,505 (least deprived). People using SIMD will often group datazones together in order to identify, for example, the 10%, 15%, 20% or 40% most deprived areas in Scotland. For the purposes of this report SIMD 2009 population-weighted within-board quintiles (quintiles 1 & 2) have been used to identify the 40% most deprived datazones.

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## Further Information

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#)

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