Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) 2013

Summary findings for East Renfrewshire
Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) 2013. Summary findings for East Renfrewshire.

4.3 Average amount of alcohol consumed in previous week

4.1 Prevalence of alcohol use

4.2 Usual drinking frequency

3.5 E-cigarette use

3.4 Smoking dependence

3.3 Attempts to buy cigarettes

3.2 Source of cigarettes

3.1 Smoking prevalence

3.0 Prevalence of smoking, behaviours and attitudes

2.4 Availability of drugs

2.3 Whether offered drugs

2.2 Frequency of drug use

2.1 Prevalence of drug use

1.1 Survey sample

1.0 Survey sample

0.9 Survey arrangements

0.8 Survey format and notes to aid interpretation
1 Introduction

The 2013 Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) is the latest in a national series of surveys of smoking, drinking and drug use among secondary school children. The first survey in this series was conducted in 1982. This local summary presents key findings from the 2013 survey for pupils attending schools in East Renfrewshire. The key findings are presented in a new, tabular format to aid comparative analyses and benchmarking. The 2013 results are compared to the results of the previous survey (Change from 2010) and to the 2013 National Average (Difference from Scotland 2013). Complementing these local summaries are new, interactive Excel tables which present both national and local area statistics together for the first time.

All of these documents, along with the survey questionnaire and the Technical Report, are available on the SALSUS web pages.

1.1 Survey sample

In this local area there were 2,750 13 and 15 year old pupils eligible to take part in the survey with 1,627 pupils (59% of all eligible pupils) participating via the selected sample. As in previous years, the primary sampling unit was the class and, in each selected class, all pupils were invited to take part. All secondary schools (both state and independent) in every local authority were eligible to have classes sampled. However, as in previous years, schools dedicated to children with additional support needs were excluded from the sample. The response rates achieved (based on those sampled) for this local area are shown below:

<table>
<thead>
<tr>
<th></th>
<th>East Renfrewshire</th>
<th>Scotland</th>
</tr>
</thead>
<tbody>
<tr>
<td>School response rate</td>
<td>100%</td>
<td>71%</td>
</tr>
<tr>
<td>Class response rate</td>
<td>98%</td>
<td>67%</td>
</tr>
<tr>
<td>Pupil response rate</td>
<td>94%</td>
<td>90%</td>
</tr>
<tr>
<td>Overall response rate</td>
<td>92%</td>
<td>60%</td>
</tr>
</tbody>
</table>

The characteristics of the pupils who took part in the survey were compared with the school census data to ensure that the survey results were representative of the population as a whole. Non-response weightings were applied to take any differences into consideration to ensure that data was not biased in favour of the groups that did participate.

Further details on the survey sampling methodology, sample characteristics and survey response rates can be found in the 2013 SALSUS Technical Report and accompanying Excel file.
1.2 Summary format and notes to aid interpretation

The 2013 results are compared to the results of the previous survey (Change from 2010) and to the 2013 National Average (Difference from Scotland 2013). Where appropriate, differences which are statistically significant at the 5% level are highlighted. For example:

<table>
<thead>
<tr>
<th>Note: Example data for illustration purposes only</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>10% of 13 year olds were regular smokers (usually smoking one or more cigarettes per week)</td>
<td>70</td>
<td>-1%</td>
<td>+5%</td>
<td>Smoking table S1</td>
</tr>
<tr>
<td>18% of 15 year olds were regular smokers (usually smoking one or more cigarettes per week)</td>
<td>40</td>
<td>-8%</td>
<td>+1%</td>
<td>Smoking table S1</td>
</tr>
</tbody>
</table>

In the above example:

- Ten percent of 13 year olds in this local area were regular smokers. This represents a decrease of one percentage point since the previous survey in 2010, however this change is not statistically significant so the value is not highlighted (white background).

- The percentage of 13 year old regular smokers in this local area is five percentage points higher than the equivalent percentage for Scotland as a whole. The red box highlighting this difference indicates that the result for this local area is less favourable than for Scotland as a whole and that this difference is statistically significant.

- Eighteen percent of 15 year old in this local area were regular smokers. This represents a decrease of eight percentage points since the previous survey in 2010. The green box highlighting this change indicates that this is an improved position compared to the previous survey and that the change is statistically significant.

- The percentage of 15 year old regular smokers in this local area is one percentage point higher than the equivalent percentage for Scotland as a whole. However, this change is not statistically significant so the value is not highlighted (white background).

Hyperlinks to the Excel tables containing further, more detailed information are also provided in the "For more information see" column.
Introduction

Notes on tables:

- Some percentages, particularly when results are broken down by age group and gender, may be based on a small number of pupils; these results should be treated with caution.
  - Any 2013 results based on < 50 pupils are highlighted via background cross-hatching (see table above).
  - Any results based on < 10 pupils are not shown (indicated with the text "n/s" (not shown)).
- Where data is unavailable (e.g. due to question changes between surveys) this is indicated with the text "n/a" (not available).
- The "Base" represents the number of valid responses used as the denominator to calculate the percentages.
- For the purposes of reporting, S2 pupils are referred to as “13 year olds” and S4 pupils are referred to as “15 year olds”. While most pupils in S2 are 13 years old, and most pupils in S4 are 15 years old, some pupils are slightly older or younger. The age profiles of the pupils in this local area can be found in the Excel file accompanying the 2013 SALSUS Technical Report.
- In the process of producing the 2013 and 2010 comparisons, some minor errors in the 2010 reports were identified. These have been corrected in the 2013 reports. A list of errors identified is available on the SALSUS website.

1.3 Survey arrangements

The data analysis and reporting were carried out by Information Services (ISD) Scotland. The survey fieldwork was conducted by Ipsos MORI. The work was overseen by the Scottish Government and the SALSUS Advisory Group. Detailed information on the SALSUS survey arrangements and methodology can be found in the 2013 SALSUS Technical Report.
There has been a large drop in the proportion of pupils reporting smoking, drinking alcohol or taking drugs in recent years. In 2013 the proportion of pupils who reported being regular smokers, drinking alcohol in the week prior to the survey or using drugs in the last month were the lowest since the relevant time series began:

- 2% of 13 year olds and 9% of 15 year olds reported being regular smokers (usually smoking at least one cigarette per week) – the lowest since the survey series began monitoring smoking behaviour in 1982.

- 4% of 13 year olds and 19% of 15 year olds reported drinking alcohol in the week prior to the survey – the lowest since the survey series began monitoring drinking behaviour in 1990.

- 2% of 13 year olds and 9% of 15 year olds reported that they had used drugs in the month prior to the survey – the lowest since the survey series began monitoring drug taking behaviour in 1998.

The proportion of pupils reporting regular smoking, drinking alcohol in the last week or taking drugs in the last month has reduced since the last survey in 2010:

- Regular smoking amongst 13 year olds has decreased from 3% in 2010 to 2% in 2013. A decrease was also seen in 15 year olds, from 13% reporting regular smoking in 2010 to 9% in 2013.

- There was a decrease between 2010 and 2013 in the proportion of pupils who had drunk alcohol in the last week from 14% to 4% for 13 year olds and from 34% to 19% for 15 year olds.

- The proportion of pupils reporting using drugs in the last month decreased between 2010 and 2013 from 3% to 2% in 13 year olds and from 11% to 9% in 15 year olds.
### 3 Smoking

#### 3.1 Smoking prevalence

<table>
<thead>
<tr>
<th>%</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Change from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1%</td>
<td>of 13 year olds were regular smokers (usually smoking one or more cigarettes per week)</td>
<td>806</td>
<td>-2%</td>
<td>-1%</td>
<td>Smoking table S1</td>
</tr>
<tr>
<td>7%</td>
<td>of 15 year olds were regular smokers (usually smoking one or more cigarettes per week)</td>
<td>797</td>
<td>-12%</td>
<td>-1%</td>
<td>Smoking table S1</td>
</tr>
<tr>
<td>1%</td>
<td>of 13 year olds were occasional smokers (sometimes smoke cigarettes but less than one per week)</td>
<td>806</td>
<td>-3%</td>
<td>0%</td>
<td>Smoking table S1</td>
</tr>
<tr>
<td>4%</td>
<td>of 15 year olds were occasional smokers (sometimes smoke cigarettes but less than one per week)</td>
<td>797</td>
<td>-5%</td>
<td>-1%</td>
<td>Smoking table S1</td>
</tr>
<tr>
<td>94%</td>
<td>of 13 year olds reported they had never smoked</td>
<td>806</td>
<td>+11%</td>
<td>+7%</td>
<td>Smoking table S1</td>
</tr>
<tr>
<td>68%</td>
<td>of 15 year olds reported they had never smoked</td>
<td>797</td>
<td>+18%</td>
<td>+2%</td>
<td>Smoking table S1</td>
</tr>
<tr>
<td>16%</td>
<td>of 13 year olds felt it was ‘ok’ for someone their age to try smoking to see what it’s like’</td>
<td>766</td>
<td>-10%</td>
<td>-3%</td>
<td>Smoking table S31</td>
</tr>
<tr>
<td>53%</td>
<td>of 15 year olds felt it was ‘ok’ for someone their age to try smoking to see what it’s like’</td>
<td>779</td>
<td>-14%</td>
<td>+4%</td>
<td>Smoking table S31</td>
</tr>
</tbody>
</table>

**Key**
- A background cross-hatching pattern = < 50 pupils
- n/s = not shown due to low base size (< 10 pupils)
- n/a = not available (e.g. due to question changes between surveys)
- Green = statistically significant ('more favourable' than comparator)
- Red = statistically significant ('less favourable' than comparator)
3.2 Source of cigarettes

Regular smokers were asked to indicate, from a list of possible sources, where they usually obtained their cigarettes/tobacco. Pupils could give more than one response. (Please note that the question wording and response options provided for this question changed slightly in 2013).

The main sources of cigarettes reported were:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Source of Cigarettes</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see</th>
</tr>
</thead>
<tbody>
<tr>
<td>44%</td>
<td>Get someone else to buy them</td>
<td>59</td>
<td>+2%</td>
<td>-10%</td>
<td>Smoking table S7a</td>
</tr>
<tr>
<td>33%</td>
<td>Get given cigarettes by friends/family/carer</td>
<td>59</td>
<td>-5%</td>
<td>-12%</td>
<td>Smoking table S7a</td>
</tr>
<tr>
<td>42%</td>
<td>Buy them from a shop</td>
<td>59</td>
<td>-30%</td>
<td>+13%</td>
<td>Smoking table S7a</td>
</tr>
<tr>
<td>19%</td>
<td>Buy from other people</td>
<td>59</td>
<td>-3%</td>
<td>-6%</td>
<td>Smoking table S7a</td>
</tr>
<tr>
<td>15%</td>
<td>Buy from a van (e.g. an ice cream van or burger van)</td>
<td>59</td>
<td>+8%</td>
<td>+5%</td>
<td>Smoking table S7a</td>
</tr>
<tr>
<td>10%</td>
<td>Take cigarettes without asking</td>
<td>59</td>
<td>0%</td>
<td>-1%</td>
<td>Smoking table S7a</td>
</tr>
</tbody>
</table>
### 3.3 Attempts to buy cigarettes

Pupils who were regular or occasional smokers were asked if they had bought or tried to buy cigarettes/tobacco from a shop, supermarket or van in the last 4 weeks:

<table>
<thead>
<tr>
<th>Age</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 year olds</td>
<td>said they had managed to buy</td>
<td>14</td>
<td>-12%</td>
<td>+16%</td>
<td>Smoking table S8</td>
</tr>
<tr>
<td>15 year olds</td>
<td>said they had managed to buy</td>
<td>83</td>
<td>-20%</td>
<td>+6%</td>
<td>Smoking table S8</td>
</tr>
<tr>
<td>13 year olds</td>
<td>said they had tried to buy but were refused*</td>
<td>14</td>
<td>-5%</td>
<td>-6%</td>
<td>Smoking table S8</td>
</tr>
<tr>
<td>15 year olds</td>
<td>said they had tried to buy but were refused*</td>
<td>83</td>
<td>+1%</td>
<td>+1%</td>
<td>Smoking table S8</td>
</tr>
<tr>
<td>13 year olds</td>
<td>said they had not/never tried to buy</td>
<td>14</td>
<td>+17%</td>
<td>-10%</td>
<td>Smoking table S8</td>
</tr>
<tr>
<td>15 year olds</td>
<td>said they had not/never tried to buy</td>
<td>83</td>
<td>+19%</td>
<td>-7%</td>
<td>Smoking table S8</td>
</tr>
</tbody>
</table>

* No indicator of statistical significance shown
3.4 Smoking dependence

Regular smokers were asked how long they had smoked for, whether they would like to give up, and whether they had ever tried to quit:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>68%</td>
<td>had smoked for more than a year</td>
<td>63</td>
<td>+14%</td>
<td>+13%</td>
<td>Smoking table S14</td>
</tr>
<tr>
<td>38%</td>
<td>reported that they would like to give up</td>
<td>61</td>
<td>-13%</td>
<td>-2%</td>
<td>Smoking table S18</td>
</tr>
<tr>
<td>63%</td>
<td>said they had tried to quit at some time</td>
<td>59</td>
<td>-3%</td>
<td>+1%</td>
<td>Smoking table S19</td>
</tr>
<tr>
<td>64%</td>
<td>said that they would find it ‘very’ or ‘fairly’ difficult to quit</td>
<td>63</td>
<td>0%</td>
<td>+3%</td>
<td>Smoking table S15</td>
</tr>
<tr>
<td>42%</td>
<td>who had smoked for more than one year said it would be ‘very difficult’ to give up</td>
<td>42</td>
<td>+1%</td>
<td>-1%</td>
<td>Smoking table S16</td>
</tr>
<tr>
<td>18%</td>
<td>who had smoked for one year or less said it would be ‘very difficult’ to give up</td>
<td>21</td>
<td>+1%</td>
<td>+7%</td>
<td>Smoking table S16</td>
</tr>
</tbody>
</table>

3.5 E-cigarette use

All pupils were asked about their use of e-cigarettes:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>5%</td>
<td>of 13 year olds reported either trying or using e-cigarettes</td>
<td>793</td>
<td>n/a</td>
<td>-2%</td>
<td>Smoking table S21</td>
</tr>
<tr>
<td>14%</td>
<td>of 15 year olds reported either trying or using e-cigarettes</td>
<td>785</td>
<td>n/a</td>
<td>-2%</td>
<td>Smoking table S21</td>
</tr>
</tbody>
</table>
## 4 Alcohol use

### 4.1 Prevalence of alcohol use

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>24%</td>
<td>of 13 year olds reported they had had an alcoholic drink (a 'proper alcoholic drink – a whole drink, not just a sip')</td>
<td>820</td>
<td>-4%</td>
<td>-8%</td>
<td>Alcohol table A1</td>
</tr>
<tr>
<td>59%</td>
<td>of 15 year olds reported they had had an alcoholic drink (a 'proper alcoholic drink – a whole drink, not just a sip')</td>
<td>807</td>
<td>-7%</td>
<td>-11%</td>
<td>Alcohol table A1</td>
</tr>
<tr>
<td>36%</td>
<td>of 13 year olds thought it was ‘ok’ for someone their age to ‘try drinking alcohol to see what it’s like’</td>
<td>766</td>
<td>-7%</td>
<td>-7%</td>
<td>Alcohol table A23</td>
</tr>
<tr>
<td>78%</td>
<td>of 15 year olds thought it was ‘ok’ for someone their age to ‘try drinking alcohol to see what it’s like’</td>
<td>777</td>
<td>-1%</td>
<td>+1%</td>
<td>Alcohol table A23</td>
</tr>
<tr>
<td>3%</td>
<td>of 13 year olds said they had drank alcohol in the week prior to the survey</td>
<td>818</td>
<td>-4%</td>
<td>-1%</td>
<td>Alcohol table A2</td>
</tr>
<tr>
<td>19%</td>
<td>of 15 year olds said they had drank alcohol in the week prior to the survey</td>
<td>806</td>
<td>-12%</td>
<td>0%</td>
<td>Alcohol table A2</td>
</tr>
</tbody>
</table>

**Key**

- **n/s** = not shown due to low base size (< 10 pupils)
- **n/a** = not available (e.g. due to question changes between surveys)
- **statistically significant ('more favourable' than comparator)***
- **statistically significant ('less favourable' than comparator)***

---

Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) 2013 – Local Summary
## 4.2 Usual drinking frequency

Pupils who had **ever had an alcoholic drink** (a whole drink, not just a sip) were asked how often they usually drink alcohol:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>7%</td>
<td>of 13 year olds reported they usually drink at least once a week (including those who drink ‘almost every day’ and ‘about twice a week’)</td>
<td>181</td>
<td>-3%</td>
<td>+1%</td>
<td>Alcohol table A7a</td>
</tr>
<tr>
<td>20%</td>
<td>of 15 year olds reported they usually drink at least once a week (including those who drink ‘almost every day’ and ‘about twice a week’)</td>
<td>471</td>
<td>-15%</td>
<td>+3%</td>
<td>Alcohol table A7a</td>
</tr>
</tbody>
</table>

## 4.3 Average amount of alcohol consumed in previous week

Pupils who reported that they had **drank alcohol in the week before the survey** were asked to record the amount they had consumed of each category of drink. From this, the total units of alcohol consumed in the last week were calculated. The average number of units consumed in the last week were:

<table>
<thead>
<tr>
<th>Base</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>26</td>
<td>units of alcohol consumed in the last week by 13 year olds</td>
</tr>
<tr>
<td>18</td>
<td>units of alcohol consumed in the last week by 15 year olds</td>
</tr>
</tbody>
</table>
## 4.4 Availability/source of alcohol

Pupils who had ever had an alcoholic drink were asked if they had bought or tried to buy alcohol from a shop, supermarket or off-licence in the 4 weeks prior to the survey:

<table>
<thead>
<tr>
<th></th>
<th>13 year olds reported that they had managed to buy alcohol</th>
<th>15 year olds reported that they had managed to buy alcohol</th>
<th>13 year olds had tried to buy alcohol but were refused*</th>
<th>15 year olds had tried to buy alcohol but were refused*</th>
<th>13 year olds said they had not/never tried to buy alcohol</th>
<th>15 year olds said they had not/never tried to buy alcohol</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>5%</td>
<td>8%</td>
<td>1%</td>
<td>1%</td>
<td>94%</td>
<td>91%</td>
</tr>
<tr>
<td>Base</td>
<td>166</td>
<td>456</td>
<td>166</td>
<td>456</td>
<td>166</td>
<td>456</td>
</tr>
<tr>
<td>Change from 2010</td>
<td>-1%</td>
<td>-8%</td>
<td>+1%</td>
<td>-4%</td>
<td>0%</td>
<td>+12%</td>
</tr>
<tr>
<td>Difference from Scotland 2013</td>
<td>+3%</td>
<td>+1%</td>
<td>-1%</td>
<td>0%</td>
<td>-2%</td>
<td>-1%</td>
</tr>
<tr>
<td>For more information see:</td>
<td><a href="#">Alcohol table A14</a></td>
<td><a href="#">Alcohol table A14</a></td>
<td><a href="#">Alcohol table A14</a></td>
<td><a href="#">Alcohol table A14</a></td>
<td><a href="#">Alcohol table A14</a></td>
<td><a href="#">Alcohol table A14</a></td>
</tr>
</tbody>
</table>

* No indicator of statistical significance shown
4.5 Drinking to excess

Pupils who had ever had an alcoholic drink were asked whether they had ever been drunk and asked to indicate the number of times they had been drunk:

<table>
<thead>
<tr>
<th>%</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>54%</td>
<td>of 13 year olds reported that they had never been drunk</td>
<td>174</td>
<td>+12%</td>
<td>-2%</td>
<td>Alcohol table A9</td>
</tr>
<tr>
<td>31%</td>
<td>of 15 year olds reported that they had never been drunk</td>
<td>464</td>
<td>+12%</td>
<td>+1%</td>
<td>Alcohol table A9</td>
</tr>
<tr>
<td>4%</td>
<td>of 13 year olds said they had been drunk more than 10 times</td>
<td>174</td>
<td>-3%</td>
<td>0%</td>
<td>Alcohol table A9</td>
</tr>
<tr>
<td>24%</td>
<td>of 15 year olds said they had been drunk more than 10 times</td>
<td>464</td>
<td>-14%</td>
<td>+4%</td>
<td>Alcohol table A9</td>
</tr>
</tbody>
</table>
## 5.1 Prevalence of drug use

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>20%</td>
<td>of 15 year olds reported having <strong>used</strong> or taken one or more of the <strong>drugs</strong> named in a list provided, <strong>even if only once</strong></td>
<td>777</td>
<td>-13%</td>
<td>+2%</td>
<td>Drug use table D1</td>
</tr>
<tr>
<td>4%</td>
<td>of 15 year olds reported having <strong>used</strong> or taken one or more of the <strong>drugs</strong> named in a list provided, <strong>even if only once</strong></td>
<td>775</td>
<td>-2%</td>
<td>-1%</td>
<td>Drug use table D1</td>
</tr>
<tr>
<td>11%</td>
<td>of 15 year olds reported <strong>using drugs in the last month</strong></td>
<td>777</td>
<td>-9%</td>
<td>+2%</td>
<td>Drug use table D1</td>
</tr>
<tr>
<td>2%</td>
<td>of 13 year olds reported <strong>using drugs in the last month</strong></td>
<td>775</td>
<td>-1%</td>
<td>0%</td>
<td>Drug use table D1</td>
</tr>
<tr>
<td>18%</td>
<td>of 15 year olds reported that they <strong>had used drugs in the year prior to the survey</strong></td>
<td>777</td>
<td>-13%</td>
<td>+2%</td>
<td>Drug use table D1</td>
</tr>
<tr>
<td>3%</td>
<td>of 13 year olds reported that they <strong>had used drugs in the year prior to the survey</strong></td>
<td>775</td>
<td>-2%</td>
<td>0%</td>
<td>Drug use table D1</td>
</tr>
<tr>
<td>17%</td>
<td>of 15 year olds reported that they <em><em>had used cannabis</em> in the last year</em>*</td>
<td>777</td>
<td>-13%</td>
<td>+2%</td>
<td>Drug use table D5</td>
</tr>
<tr>
<td>2%</td>
<td>of 13 year olds reported that they <em><em>had used cannabis</em> in the last year</em>*</td>
<td>775</td>
<td>-1%</td>
<td>-1%</td>
<td>Drug use table D5</td>
</tr>
</tbody>
</table>

* Cannabis was the most commonly used drug

### Key
- **< 50 pupils**
- **n/s =** not shown due to low base size (< 10 pupils)
- **n/a =** not available (e.g. due to question changes between surveys)
- **=** statistically significant ('more favourable' than comparator)
- **=** statistically significant ('less favourable' than comparator)
5.2 Frequency of drug use

All pupils were asked if they had ever used or taken any of the drugs on a list provided and how often they usually use drugs:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>80%</td>
<td>of 15 year olds had never tried any drugs</td>
<td>780</td>
<td>+12%</td>
<td>-2%</td>
<td>Drug use table D10</td>
</tr>
<tr>
<td>96%</td>
<td>of 13 year olds had never tried any drugs</td>
<td>777</td>
<td>+1%</td>
<td>0%</td>
<td>Drug use table D10</td>
</tr>
<tr>
<td>3%</td>
<td>of 15 year olds reported usually taking drugs at least once a week (including those taking drugs 'most days')</td>
<td>780</td>
<td>-1%</td>
<td>0%</td>
<td>Drug use table D10</td>
</tr>
<tr>
<td>1%</td>
<td>of 13 year olds reported usually taking drugs at least once a week (including those taking drugs 'most days')</td>
<td>777</td>
<td>0%</td>
<td>+1%</td>
<td>Drug use table D10</td>
</tr>
</tbody>
</table>
## 5.3 Whether offered drugs

All pupils were asked if they had ever been offered any of the drugs on a list provided:

<table>
<thead>
<tr>
<th>Drug</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>38% of 15 year olds reported they <strong>had been offered</strong> at least one of the <strong>drugs</strong> on the list provided</td>
<td>787</td>
<td>-21%</td>
<td>+1%</td>
<td>Drug use table D14</td>
</tr>
<tr>
<td>15% of 13 year olds reported they <strong>had been offered</strong> at least one of the <strong>drugs</strong> on the list provided</td>
<td>766</td>
<td>+2%</td>
<td>+1%</td>
<td>Drug use table D14</td>
</tr>
<tr>
<td>35% of 15 year olds reported they <strong>had been offered cannabis</strong></td>
<td>787</td>
<td>-18%</td>
<td>+2%</td>
<td>Drug use table D16</td>
</tr>
<tr>
<td>7% of 13 year olds reported they <strong>had been offered cannabis</strong></td>
<td>766</td>
<td>+1%</td>
<td>-2%</td>
<td>Drug use table D16</td>
</tr>
</tbody>
</table>

* Cannabis was the most commonly offered drug

## 5.4 Availability of drugs

All pupils were asked to rate how easy it would be to get illegal drugs if they wanted to:

<table>
<thead>
<tr>
<th>Availability of drugs</th>
<th>Base</th>
<th>Change from 2010</th>
<th>Difference from Scotland 2013</th>
<th>For more information see:</th>
</tr>
</thead>
<tbody>
<tr>
<td>39% of 15 year olds reported that it would be ‘very’ or ‘fairly’ easy to get illegal <strong>drugs</strong> if they wanted to</td>
<td>782</td>
<td>-17%</td>
<td>-1%</td>
<td>Drug use table D23</td>
</tr>
<tr>
<td>12% of 13 year olds reported that it would be ‘very’ or ‘fairly’ easy to get illegal <strong>drugs</strong> if they wanted to</td>
<td>771</td>
<td>-2%</td>
<td>-2%</td>
<td>Drug use table D23</td>
</tr>
</tbody>
</table>
5.5 Source of drugs used and obtaining help with drug use

Pupils who had used drugs were asked where they obtained their drugs on the last occasion they took them (please note that the question wording and response options provided for this question changed slightly in 2013). They were also asked if they had used all these drugs, had sold some or had given some away. In addition, they were asked if they felt that they needed to get help because of their drug use. Pupils could report obtaining drugs from more than one source. They could also report selling some of their drugs as well as giving some away.

<table>
<thead>
<tr>
<th><strong>Drug use</strong></th>
<th><strong>East Renfrewshire</strong></th>
<th><strong>2013</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>5.5 Source of drugs used and obtaining help with drug use</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pupils who had used drugs were asked where they obtained their drugs on the last occasion they took them (please note that the question wording and response options provided for this question changed slightly in 2013). They were also asked if they had used all these drugs, had sold some or had given some away. In addition, they were asked if they felt that they needed to get help because of their drug use. Pupils could report obtaining drugs from more than one source. They could also report selling some of their drugs as well as giving some away.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>%</strong></th>
<th><strong>Base</strong></th>
<th><strong>Change from 2010</strong></th>
<th><strong>Difference from Scotland 2013</strong></th>
<th><strong>For more information see:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>45%</td>
<td>155</td>
<td>+9%</td>
<td>+2%</td>
<td>Drug use table D26</td>
</tr>
<tr>
<td>25%</td>
<td>155</td>
<td>-9%</td>
<td>-4%</td>
<td>Drug use table D26</td>
</tr>
<tr>
<td>66%</td>
<td>153</td>
<td>+3%</td>
<td>+6%</td>
<td>Drug use table D28</td>
</tr>
<tr>
<td>5%</td>
<td>153</td>
<td>-6%</td>
<td>-1%</td>
<td>Drug use table D28</td>
</tr>
<tr>
<td>2%</td>
<td>150</td>
<td>-3%</td>
<td>-3%</td>
<td>Drug use table D33</td>
</tr>
<tr>
<td>52%</td>
<td>147</td>
<td>n/a</td>
<td>+2%</td>
<td>Drug use table D35</td>
</tr>
</tbody>
</table>

* No indicator of statistical significance shown
## 6.1 Prevalence of smoking, behaviours and attitudes

The tables listed below contain additional data for your own and the other local areas in Scotland. To access these Excel tables please click on the link below:

**Smoking Tables**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smoking prevalence</td>
<td>S1</td>
<td>• Smoking behaviour, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S2a</td>
<td>• Trend in regular smoking, by age group and gender: SCOTLAND 1982-2013</td>
</tr>
<tr>
<td></td>
<td>S2b</td>
<td>• Trend in regular smoking, by age group and gender: 2002-2013</td>
</tr>
<tr>
<td></td>
<td>S3a</td>
<td>• Trend in proportion of pupils who have never smoked, by age group and gender: SCOTLAND 2002-2013</td>
</tr>
<tr>
<td></td>
<td>S3b</td>
<td>• Trend in proportion of pupils who have never smoked, by age group and gender: 2002-2013</td>
</tr>
<tr>
<td></td>
<td>S4</td>
<td>• Number of cigarettes smoked in the last week by regular and occasional smokers, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S5a</td>
<td>• Average number of cigarettes smoked by regular smokers on each day in the last week, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S5b</td>
<td>• Average number of cigarettes smoked by occasional smokers on each day in the last week, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S6</td>
<td>• Proportion of pupils who smoked on each day in the last week, by smoking status, age group and gender</td>
</tr>
<tr>
<td>Number of cigarettes smoked</td>
<td>S7a</td>
<td>• Source of cigarettes reported by regular smokers, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S7b</td>
<td>• Source of cigarettes reported by occasional smokers, by age group and gender</td>
</tr>
<tr>
<td>Where pupils obtain cigarettes</td>
<td>S8</td>
<td>• Whether pupils bought or tried to buy cigarettes from any kind of shop, supermarket or van in the last 4 weeks, by smoking status, age group and gender</td>
</tr>
<tr>
<td>Attempts to purchase cigarettes</td>
<td>S9</td>
<td>• Proportion of cigarettes smoked by regular smokers which were 'much cheaper tobacco' or 'fake fags', by age group and gender: 2013</td>
</tr>
<tr>
<td>Cheap tobacco/'fake fags'</td>
<td>S10</td>
<td>• Amount of personal cash pupils have to spend each week, by smoking status, age group and gender</td>
</tr>
<tr>
<td>Available spending money</td>
<td>S11</td>
<td>• Perceived cost of twenty cigarettes, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S12</td>
<td>• Number of cigarette brands mentioned, by smoking status, age group and gender</td>
</tr>
<tr>
<td>Smoking dependence and quitting smoking</td>
<td>S13</td>
<td>• Average age at which pupils first smoked a cigarette, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S14</td>
<td>• Length of time regular smokers have been smoking, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S15</td>
<td>• Perceived ease of giving up smoking altogether among regular smokers, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S16</td>
<td>• Perceived ease of giving up smoking altogether among regular smokers, by length of time smoking</td>
</tr>
<tr>
<td></td>
<td>S17</td>
<td>• Perceived ease of giving up smoking altogether among regular smokers, by number of cigarettes smoked in the last week</td>
</tr>
<tr>
<td></td>
<td>S18</td>
<td>• Whether regular smokers would like to give up smoking, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S19</td>
<td>• Whether regular smokers have tried to give up smoking, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S20</td>
<td>• Whether regular smokers want to give up smoking and have tried to give up smoking, by age group and gender</td>
</tr>
<tr>
<td>Topic</td>
<td>Table Number</td>
<td>Table Contents</td>
</tr>
<tr>
<td>-------------------------------------------</td>
<td>--------------</td>
<td>-------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Use of e-cigarettes</strong></td>
<td>S21</td>
<td>• Use of e-cigarettes, by smoking status, age group and gender: 2013</td>
</tr>
<tr>
<td><strong>Family attitudes to pupils' smoking</strong></td>
<td>S22</td>
<td>• Perceived family attitudes to smoking, by pupils' smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S23</td>
<td>• Whether allowed to smoke at home, by pupils' smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S24</td>
<td>• Whether pupils are allowed to smoke at home, by family attitudes to smoking</td>
</tr>
<tr>
<td></td>
<td>S25</td>
<td>• Whether pupils are allowed to smoke at home, by parental smoking status</td>
</tr>
<tr>
<td><strong>Family and friends' smoking</strong></td>
<td>S26</td>
<td>• How many friends smoke, by pupils' smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S27</td>
<td>• Whether a parent smokes, by pupils' smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S28</td>
<td>• Whether a sibling smokes, by pupils' smoking status, age group and gender</td>
</tr>
<tr>
<td><strong>Exposure to second-hand smoke</strong></td>
<td>S29</td>
<td>• Whether anyone smokes inside the home by smoking status, age group and gender: 2013</td>
</tr>
<tr>
<td>('passive smoking')</td>
<td>S30</td>
<td>• Whether anyone smokes inside the car by smoking status, age group and gender: 2013</td>
</tr>
<tr>
<td><strong>Pupil attitudes to smoking</strong></td>
<td>S31</td>
<td>• Whether pupils think it is OK for someone their age to try smoking a cigarette, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S32a</td>
<td>• Proportion of regular smokers agreeing with statements about smoking, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S32b</td>
<td>• Proportion of occasional smokers agreeing with statements about smoking, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S32c</td>
<td>• Proportion of non-smokers agreeing with statements about smoking, by age group and gender</td>
</tr>
<tr>
<td><strong>Family structure</strong></td>
<td>S33</td>
<td>• Family structure by pupils' smoking status, age group and gender</td>
</tr>
<tr>
<td><strong>Parental monitoring</strong></td>
<td>S34</td>
<td>• Perceived mother's knowledge about pupil's activities, by pupils' smoking status</td>
</tr>
<tr>
<td></td>
<td>S35</td>
<td>• Perceived father's knowledge about pupil's activities, by pupils' smoking status</td>
</tr>
<tr>
<td><strong>Friends</strong></td>
<td>S36</td>
<td>• Age of friends, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S37</td>
<td>• Number of evenings per week spent with friends, by smoking status, age group and gender</td>
</tr>
<tr>
<td><strong>Leisure activities</strong></td>
<td>S38a</td>
<td>• Proportion of regular smokers reporting each leisure activity at least weekly, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S38b</td>
<td>• Proportion of occasional smokers reporting each leisure activity at least weekly, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S38c</td>
<td>• Proportion of non-smokers reporting each leisure activity at least weekly, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>S39</td>
<td>• Proportion of pupils who have actively taken part in clubs or groups, by smoking status, age group and gender</td>
</tr>
<tr>
<td><strong>Advice and support on smoking</strong></td>
<td>S40</td>
<td>• Whether school provides pupils with advice and support needed to make important decisions about smoking, by smoking status, age group and gender</td>
</tr>
</tbody>
</table>
## Link to Smoking Tables

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>School</strong></td>
<td>S41</td>
<td>• Attitude to school, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S42</td>
<td>• How often pupils feel pressured by their schoolwork, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S43</td>
<td>• What pupils think they will be doing when they leave school, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S44</td>
<td>• Number of times truanted in the past year, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S45</td>
<td>• Ever been excluded from school since starting secondary school, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S46</td>
<td>• Whether pupils get free school meals, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S47</td>
<td>• Scottish Index of Multiple Deprivation, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S48</td>
<td>• Scottish Index of Multiple Deprivation, by number of cigarettes smoked in the last week (among regular smokers) and age group</td>
</tr>
<tr>
<td></td>
<td>S49</td>
<td>• Subjective wealth, by smoking status, age group and gender</td>
</tr>
<tr>
<td><strong>Deprivation and subjective wealth</strong></td>
<td>S50</td>
<td>• Perceived rating of health, by smoking status, age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td>S51</td>
<td>• Whether pupils have a physical or mental health condition, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S52</td>
<td>• For pupils with a physical or mental health condition, whether it has reduced their ability to carry out day-to-day activities, by smoking status, age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td>S53</td>
<td>• Strengths and difficulties questions:</td>
</tr>
<tr>
<td></td>
<td>S54</td>
<td>o Overall difficulties score, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S55</td>
<td>o Emotion, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S56</td>
<td>o Conduct, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S57</td>
<td>o Hyperactivity/inattention, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S58</td>
<td>o Pro-social behaviour, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S59</td>
<td>o Peer relationships, by smoking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>S60</td>
<td>• Average WEMWBS score, by smoking status, age group and gender</td>
</tr>
<tr>
<td><strong>Health and mental health</strong></td>
<td>S61</td>
<td>• Classification of pupils by smoking, drinking and drug use status, by age group and gender</td>
</tr>
<tr>
<td><strong>Additional tables</strong></td>
<td>S60</td>
<td>• Classification of pupils by smoking, drinking and drug use status, by age group and gender</td>
</tr>
</tbody>
</table>

Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) 2013 – Local Summary
### 6.2 Prevalence of alcohol use, behaviours and attitudes

The tables listed below contain additional data for your own and the other local areas in Scotland. To access these Excel tables please click on the link below:

[Alcohol Use Tables](#)

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prevalence of alcohol use</td>
<td>A1</td>
<td>• Ever had an alcoholic drink, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A2</td>
<td>• Last occasion of drinking alcohol, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A3a</td>
<td>• Trend in proportion of pupils who drank in the last week, by age group and gender: SCOTLAND 1990-2013</td>
</tr>
<tr>
<td></td>
<td>A3b</td>
<td>• Trend in proportion of pupils who drank in the last week, by age group and gender: 2002-2013</td>
</tr>
<tr>
<td>Alcohol consumption</td>
<td>A4</td>
<td>• Proportion of pupils who drank each type of alcohol in the last week, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A5a</td>
<td>• Units of alcohol drank in the last week, by age group and gender using new alcohol conversion factor</td>
</tr>
<tr>
<td></td>
<td>A5b</td>
<td>• Units of alcohol drank in the last week, by age group and gender using old alcohol conversion factor</td>
</tr>
<tr>
<td></td>
<td>A6a</td>
<td>• Average units of each type of alcohol drank in the last week by pupils who had consumed that type of alcohol - new conversion factors: mean</td>
</tr>
<tr>
<td></td>
<td>A6b</td>
<td>• Average units of each type of alcohol drank in the last week by pupils who had consumed that type of alcohol - new conversion factors: median</td>
</tr>
<tr>
<td>Usual drinking frequency</td>
<td>A7a</td>
<td>• Usual frequency of drinking alcohol, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A7b</td>
<td>• Usual frequency of drinking alcohol, by age group and year: 1996-2013</td>
</tr>
<tr>
<td></td>
<td>A8</td>
<td>• Usual frequency of drinking by when last drank alcohol, by age group and gender</td>
</tr>
<tr>
<td>Drinking to excess</td>
<td>A9</td>
<td>• Number of times 'really drunk' (2008) and 'drunk' (2010, 2013), by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A10</td>
<td>• Whether pupils had been drunk in the last week, by age group and gender</td>
</tr>
<tr>
<td>Effects of drinking alcohol</td>
<td>A11</td>
<td>• Number of effects of drinking experienced in the last year, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A12</td>
<td>• Effects of drinking experienced at least once in the last year, by age group and gender</td>
</tr>
</tbody>
</table>
## Link to Alcohol Use Tables

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Availability/source of alcohol</td>
<td>A13</td>
<td>• Sources of alcohol, by age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td></td>
<td>In the last 4 weeks proportion of pupils who have:</td>
</tr>
<tr>
<td></td>
<td>A14</td>
<td>o Bought or tried to buy alcohol from a shop, supermarket or off-license, by age group and gender: 2008-2013</td>
</tr>
<tr>
<td></td>
<td>A15</td>
<td>o Bought or tried to buy alcohol from a pub, bar or club, by age group and gender: 2008-2013</td>
</tr>
<tr>
<td></td>
<td>A16</td>
<td>o Got someone else to buy alcohol for them, by age group and gender: 2008-2013</td>
</tr>
<tr>
<td></td>
<td>A17</td>
<td>• People who purchased alcohol for pupils in the last 4 weeks, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A18</td>
<td>• Main reason for buying/getting someone else to buy a certain type of alcohol, by age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td>A19</td>
<td>• Whether how much money pupils have influences the type of alcohol drank, by age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td>A20</td>
<td>• Amount of personal cash pupils have to spend each week by drinking status, age group and gender</td>
</tr>
<tr>
<td>Where pupils drink alcohol</td>
<td>A21</td>
<td>• Usual location of drinking, by age group and gender: 2008-2013</td>
</tr>
<tr>
<td></td>
<td>A22a</td>
<td>• Usual location of drinking by whether pupils had ever been drunk, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>A22b</td>
<td>• Usual location of drinking by whether pupils had ever been drunk, age group and gender (15 year olds)</td>
</tr>
<tr>
<td>Pupils' attitudes to drinking</td>
<td>A23</td>
<td>• Whether pupils think it is OK for someone their age to try alcohol/get drunk to see what it's like, by age group and gender</td>
</tr>
<tr>
<td>Family attitudes to drinking</td>
<td>A24</td>
<td>• Whether your parents/guardians allow you to drink alcohol at home, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A25a</td>
<td>• Usual location of drinking by whether allowed to drink at home, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>A25b</td>
<td>• Usual location of drinking by whether allowed to drink at home, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>A26</td>
<td>• Whether pupils were allowed to drink alcohol at home by whether they had been drunk, age group and gender</td>
</tr>
<tr>
<td>Family structure</td>
<td>A27</td>
<td>• Drinking status by family structure, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A28a</td>
<td>• Number of times pupils have been drunk by family structure, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>A28b</td>
<td>• Number of times pupils have been drunk by family structure, age group and gender (15 year olds)</td>
</tr>
<tr>
<td>Parental monitoring</td>
<td>A29</td>
<td>• Perceived mother’s knowledge about pupils' activities by pupils' drinking status</td>
</tr>
<tr>
<td></td>
<td>A30</td>
<td>• Perceived father's knowledge about pupils' activities by pupils' drinking status</td>
</tr>
<tr>
<td>Friends</td>
<td>A31</td>
<td>• Age of friends by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A32a</td>
<td>• Number of evenings per week spent with friends by drinking status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>A32b</td>
<td>• Number of evenings per week spent with friends by drinking status, age group and gender (15 year olds)</td>
</tr>
</tbody>
</table>
## Interactive data tables

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Leisure activities</strong></td>
<td>A33a</td>
<td>• Proportion of pupils reporting each leisure activity at least weekly, by drinking status, age group and gender (All pupils)</td>
</tr>
<tr>
<td></td>
<td>A33b</td>
<td>• Proportion of pupils reporting each leisure activity at least weekly, by drinking status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>A33c</td>
<td>• Proportion of pupils reporting each leisure activity at least weekly, by drinking status, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>A34</td>
<td>• Proportion of pupils who have actively taken part in clubs or groups, by drinking status, age group and gender</td>
</tr>
<tr>
<td><strong>Advice and support on drinking alcohol</strong></td>
<td>A35</td>
<td>• Whether school provides pupils with advice and support needed to make important decisions about drinking, by age group and gender</td>
</tr>
<tr>
<td><strong>School</strong></td>
<td>A36a</td>
<td>• Attitude to school by drinking status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>A36b</td>
<td>• Attitude to school by drinking status, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>A37</td>
<td>• How often pupils feel pressured by their schoolwork by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A38a</td>
<td>• What pupils think they will be doing when they leave school by drinking status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>A38b</td>
<td>• What pupils think they will be doing when they leave school by drinking status, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>A39a</td>
<td>• Number of times truanted in the past year, by drinking status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>A39b</td>
<td>• Number of times truanted in the past year, by drinking status, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>A40</td>
<td>• Ever been excluded from school since starting secondary school by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A41</td>
<td>• Whether pupils get free school meals by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A42</td>
<td>• Whether pupils get free school meals by whether been drunk, age group and gender</td>
</tr>
<tr>
<td><strong>Deprivation and subjective wealth</strong></td>
<td>A43</td>
<td>• Whether pupils had drank alcohol in the last week by Scottish Index of Multiple Deprivation, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A44</td>
<td>• Whether pupils had ever been drunk by Scottish Index of Multiple Deprivation, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A45</td>
<td>• Subjective wealth by drinking status, age group and gender</td>
</tr>
</tbody>
</table>
### Interactive data tables

#### Link to Alcohol Use Tables

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health and mental health</td>
<td>A46</td>
<td>• Perceived rating of health by drinking status, age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td>A47</td>
<td>• Whether pupils have a physical or mental health condition by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A48</td>
<td>• For pupils with a physical or mental health condition, whether it has reduced their ability to carry out day-to-day activities by drinking status, age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Strengths and difficulties questions:</td>
</tr>
<tr>
<td></td>
<td>A49</td>
<td>o Overall difficulties score, by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A50</td>
<td>o Emotion, by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A51</td>
<td>o Conduct, by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A52</td>
<td>o Hyperactivity/inattention, by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A53</td>
<td>o Pro-social behaviour, by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A54</td>
<td>o Peer relationships, by drinking status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>A55</td>
<td>• Average WEMWBS score by drinking status, age group and gender</td>
</tr>
<tr>
<td>Additional tables</td>
<td>A56</td>
<td>• Average age at which pupils first drank alcohol / first got drunk, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>A57</td>
<td>• Classification of pupils by smoking, drinking and drug use status, by age group and gender</td>
</tr>
</tbody>
</table>
### 6.3 Prevalence of drug use, behaviours and attitudes

The tables listed below contain additional data for your own and the other local areas in Scotland. To access these Excel tables please click on the link below:

[Drug Use Tables](#)

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Prevalence and types of drug used</strong></td>
<td>D1</td>
<td>• Reported use of drugs in the last month, last year or ever, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D2a</td>
<td>• Trends in reported drug use in the last month, last year and ever, by age group and gender: SCOTLAND 1998-2013</td>
</tr>
<tr>
<td></td>
<td>D2b</td>
<td>• Trends in reported drug use in the last month, last year and ever, by age group and gender: 2002-2013</td>
</tr>
<tr>
<td></td>
<td>D3</td>
<td>• Type of drugs used in the last month, by age group and gender: 2008-2013</td>
</tr>
<tr>
<td></td>
<td>D4</td>
<td>• Reported use of individual drugs in the last month, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D5</td>
<td>• Reported use of individual drugs in the last year, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D6</td>
<td>• Reported use of individual drugs - ever, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D7</td>
<td>• New psychoactive substances used in the last month, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D8</td>
<td>• New psychoactive substances used in the last year, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D9</td>
<td>• New psychoactive substances ever used, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D10</td>
<td>• Frequency of reported drug use, by age group and gender</td>
</tr>
<tr>
<td><strong>Using alcohol whilst using drugs</strong></td>
<td>D11</td>
<td>• Whether pupils had been drinking alcohol the last time they used drugs, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D12</td>
<td>• Whether pupils had been drinking alcohol the last time they used drugs, by age group and gender: 2010-2013</td>
</tr>
<tr>
<td><strong>Poly drug use</strong></td>
<td>D13</td>
<td>• Whether pupils used more than one type of drug the last time they used drugs, by age group and gender: 2013</td>
</tr>
<tr>
<td><strong>Drugs offered</strong></td>
<td>D14</td>
<td>• Whether pupils had ever been offered any drug, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D15a</td>
<td>• Proportion of pupils that had been offered any drug, by age group and gender: 1998-2013</td>
</tr>
<tr>
<td></td>
<td>D15b</td>
<td>• Proportion of pupils that had been offered any drug, by age group and gender: 2002-2013</td>
</tr>
<tr>
<td></td>
<td>D16</td>
<td>• Individual drugs that had been offered, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D17a</td>
<td>• Individual drugs that had been offered, by age group and gender: 2008-2013 (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>D17b</td>
<td>• Individual drugs that had been offered, by age group and gender: 2008-2013 (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>D18</td>
<td>• New psychoactive substances ever offered, by age group and gender</td>
</tr>
<tr>
<td><strong>Where pupils were when they last used drugs</strong></td>
<td>D19</td>
<td>• Where pupils were the last time they used drugs, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D20</td>
<td>• Where pupils were the last time they used drugs, by age group and gender: 2010-2013</td>
</tr>
<tr>
<td><strong>Effects of taking drugs</strong></td>
<td>D21</td>
<td>• Effects of taking drugs experienced at least once in the last year, by age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td>D22</td>
<td>• Number of effects of taking drugs in the last year, by age group and gender: 2013</td>
</tr>
</tbody>
</table>
## Link to Drug Use Tables

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perceived ease of obtaining drugs</td>
<td>D23</td>
<td>• Perceived ease of obtaining illegal drugs, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D24</td>
<td>• Perceived ease of obtaining illegal drugs, by frequency of drug use</td>
</tr>
<tr>
<td></td>
<td>D25</td>
<td>• Perceived ease of obtaining illegal drugs, by age group and gender: 2008-2013</td>
</tr>
<tr>
<td>Source of drugs</td>
<td>D26</td>
<td>• How pupils obtained drugs the last time they used them, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D27</td>
<td>• How pupils obtained drugs the last time they used them, by age group and gender: 2010-2013</td>
</tr>
<tr>
<td>Whether drugs were used, sold or</td>
<td>D28</td>
<td>• Whether pupils used all their drugs, sold some or gave some away the last time they used drugs, by age group and gender</td>
</tr>
<tr>
<td>given away</td>
<td>D29</td>
<td>• Whether pupils used all their drugs, sold some or gave some away the last time they used drugs, by age group and gender: 2010-2013</td>
</tr>
<tr>
<td>Pupils’ knowledge of drug use issues</td>
<td>D30a</td>
<td>• Pupils' knowledge of drug use issues, by drug use status (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>D30b</td>
<td>• Pupils' knowledge of drug use issues, by drug use status (15 year olds)</td>
</tr>
<tr>
<td>Pupils’ attitudes to drug use</td>
<td>D31a</td>
<td>• Whether pupils think it is OK for someone their age to try sniffing glue to see what its like, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D31b</td>
<td>• Whether pupils think it is OK for someone their age to try taking cannabis to see what its like, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D31c</td>
<td>• Whether pupils think it is OK for someone their age to try taking cocaine to see what its like, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D32a</td>
<td>• Pupils’ attitudes to drug use, by drug use status (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>D32b</td>
<td>• Pupils’ attitudes to drug use, by drug use status (15 year olds)</td>
</tr>
<tr>
<td>Help, advice and support on drug use</td>
<td>D33</td>
<td>• Whether pupils ever felt they needed help because of using drugs, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D34</td>
<td>• Whether pupils ever felt they needed help because of using drugs, by frequency of drug use</td>
</tr>
<tr>
<td></td>
<td>D35</td>
<td>• Whether pupils want to stop taking drugs, by age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td>D36</td>
<td>• Whether pupils want to stop taking drugs, by frequency of use: 2013</td>
</tr>
<tr>
<td></td>
<td>D37</td>
<td>• Where pupils would go for help, by age group and gender: 2013</td>
</tr>
<tr>
<td>Family structure</td>
<td>D38</td>
<td>• Drug use status, by family structure, age group and gender</td>
</tr>
<tr>
<td>Parental monitoring</td>
<td>D39</td>
<td>• Perceived mother’s knowledge about pupils' activities, by pupils' drug use status</td>
</tr>
<tr>
<td></td>
<td>D40</td>
<td>• Perceived father’s knowledge about pupils' activities, by pupils' drug use status</td>
</tr>
<tr>
<td>Friends</td>
<td>D41</td>
<td>• Number of close friends by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D42</td>
<td>• Age of friends by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D43</td>
<td>• Number of evenings per week spent with friends, by drug use status, age group and gender</td>
</tr>
</tbody>
</table>

Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) 2013 – Local Summary
## Interactive data tables

**Table Contents**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leisure activities</td>
<td>D44a</td>
<td>Proportion of pupils reporting each leisure activity at least weekly, by drug use status, age group and gender (All pupils)</td>
</tr>
<tr>
<td></td>
<td>D44b</td>
<td>Proportion of pupils reporting each leisure activity at least weekly, by drug use status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>D44c</td>
<td>Proportion of pupils reporting each leisure activity at least weekly, by drug use status, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>D45</td>
<td>Proportion of pupils who have actively taken part in clubs or groups, by drug use status, age group and gender</td>
</tr>
<tr>
<td>Advice and support on drug use</td>
<td>D46</td>
<td>Whether school provides pupils with advice and support needed to make important decisions about taking drugs, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D47</td>
<td>Proportion of pupils who have had any lessons, videos/DVDs or discussion in class in relation to blood borne infections, by age group and gender</td>
</tr>
<tr>
<td>School</td>
<td>D48a</td>
<td>Attitude to school by drug use status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>D48b</td>
<td>Attitude to school by drug use status, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>D49</td>
<td>How often pupils feel pressured by their schoolwork, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D50a</td>
<td>What pupils think they will be doing when they leave school, by drug use status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>D50b</td>
<td>What pupils think they will be doing when they leave school, by drug use status, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>D51a</td>
<td>Number of times truanted in the past year, by drug use status, age group and gender (13 year olds)</td>
</tr>
<tr>
<td></td>
<td>D51b</td>
<td>Number of times truanted in the past year, by drug use status, age group and gender (15 year olds)</td>
</tr>
<tr>
<td></td>
<td>D52</td>
<td>Ever been excluded from school since starting secondary school, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D53</td>
<td>Whether pupils get free school meals, by drug use status, age group and gender</td>
</tr>
<tr>
<td>Deprivation and subjective wealth</td>
<td>D54</td>
<td>Drug use status by Scottish Index of Multiple Deprivation, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D55</td>
<td>Subjective wealth by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D56</td>
<td>Amount of personal cash pupils have to spend each week by drug use status, age group and gender</td>
</tr>
</tbody>
</table>
## Link to Drug Use Tables

<table>
<thead>
<tr>
<th>Topic</th>
<th>Table Number</th>
<th>Table Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health and mental health</td>
<td>D57</td>
<td>• Perceived rating of health by drug use status, age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td>D58</td>
<td>• Whether pupils have a physical or mental health condition, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D59</td>
<td>• For pupils with a physical or mental health condition, whether it has reduced their ability to carry out day-to-day activities, by drug use status, age group and gender: 2013</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Strengths and difficulties questions:</td>
</tr>
<tr>
<td></td>
<td>D60</td>
<td>o Overall difficulties score, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D61</td>
<td>o Emotion, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D62</td>
<td>o Conduct, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D63</td>
<td>o Hyperactivity/inattention, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D64</td>
<td>o Pro-social behaviour, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D65</td>
<td>o Peer relationships, by drug use status, age group and gender</td>
</tr>
<tr>
<td></td>
<td>D66</td>
<td>• Average WEMWBS score, by drug use status, age group and gender</td>
</tr>
<tr>
<td>Additional tables</td>
<td>D67</td>
<td>• Average age at which pupils first tried drugs, by age group and gender</td>
</tr>
<tr>
<td></td>
<td>D68</td>
<td>• Classification of pupils by smoking, drinking and drug use status, by age group and gender</td>
</tr>
</tbody>
</table>