

# Publication Summary



## NHS Smoking Cessation Services (Scotland)

1 April 2014 to 31 March 2015

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### About this Release

The national smoking cessation monitoring analyses produced by ISD are used to provide evidence of the reach and success of NHS smoking cessation services in Scotland. They are also used to monitor the smoking cessation HEAT (Health Improvement, Efficiency, Access and Treatment) target for the NHS.

The related HEAT target for NHSScotland in 2014/15 was to achieve at least 12,005 successful 3 month quits through smoking cessation services in the most deprived areas.

### Key Points

Overall in Scotland in 2014/15:

- There were 66,756 quit attempts made with the help of NHS smoking cessation services. One in five (12,692) were still not smoking at three months, a 'quit rate' of 19%;
- Of all these quit attempts, 60% were made in the most deprived areas in Scotland;

In the most deprived areas in Scotland in 2014/15:

- Only one of the 14 NHS Boards in Scotland (NHS Shetland) met their smoking cessation HEAT target;
- Of 39,746 quit attempts, 7,017 were still not smoking at 3 months, a 'quit rate' of 18%, similar to the overall Scotland quit rate;
- This represents 58% of the HEAT target of around 12,000 three month quits in the most deprived areas.

## Background

The statistics in this report are based on quit attempts made so will include repeat quit attempts for the same client during the time reported. The primary source of the data in this report is the National Smoking Cessation Database. Additional information is sourced from local NHS Board information systems. The data presented in this report are as extracted on 19th August 2015.

## Contact

### Richard Lawder

Principal Information Analyst

[richard.lawder@nhs.net](mailto:richard.lawder@nhs.net)

0131 275 6477

### Kathryn Neill

Service Manager

[kathryn.neill@nhs.net](mailto:kathryn.neill@nhs.net)

0141 275 6581

## Further Information

Further information can be found in the [Full Publication Report](#) or on the [smoking cessation area](#) of the ISD website.

### About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

### Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of 'Official Statistics'. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

Further information on ISD's statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](http://www.isdscotland.org/About-ISD/About-Our-Statistics/) [www.isdscotland.org/About-ISD/About-Our-Statistics/](http://www.isdscotland.org/About-ISD/About-Our-Statistics/)