Smoking Cessation
Local Delivery Plan Standard, 2017/18 (Qtr 1 – Qtr 3)
A National Statistics publication for Scotland

Publication date: 28 August 2018

About this release
This release by Information Services Division (ISD) presents information on the performance of NHS smoking cessation services in Scotland towards their 2017/18 Local Delivery Plan (LDP) Standard, including trend data from 2014/15. Data are presented in the form of a dashboard and excel workbook.

The LDP Standard for NHSScotland in 2017/18 was to achieve at least 9,404 self-reported successful 12-week quits through smoking cessation services in the most deprived areas and prisons.

Main Points
- Based on achievement over the first three quarters of financial year 2017/18, NHSScotland had achieved 57.0% (5,359) of the required annual LDP standard.
- NHS Board achievement over the first three quarters of financial year 2017/18 ranged between 25.8% and 98.4% of their individual annual LDP standard.
- In the first three quarters of financial year 2017/18, 21.3% (5,359) of quit attempts in the most deprived areas and prisons (25,215) were self-reported as still not smoking at 12 weeks. This is similar to the Scotland quit rate of 21.9% (8,826 out of 40,248).
- Based on the first three quarters of financial year 2017/18, 12 week quit rates varied by setting type with 17.3% (2,873 out of 16,652) in pharmacy settings, 19.7% (244 out of 1,240) in prisons and 30.6% (2,242 out of 7,323) in specialist services (non-pharmacy).

Background
In July 2005 ISD Scotland set up a national smoking cessation database to capture data on people presenting to NHS services in Scotland for help to stop smoking. This is a web based system, accessible over the NHSnet, with over 300 registered users across Scotland. The database is designed to collect the national minimum dataset for smoking cessation services. The national database is used by all 14 NHS Boards in Scotland.

From July 2014 information about service activity and outcomes from pharmacy services was recorded through the smoking cessation support tool available within the Pharmacy Care Record (PCR). This forms part of the national data that are collected by smoking cessation services for each patient undertaking a quit attempt. Smoking cessation minimum data set are electronically submitted from PCR to the national smoking cessation database.
Figures are based on total quit dates set (quit attempts) during the year, rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

**Contact**

**Richard Lawder**  
Principal Information Analyst  
0131 275 6477  
richard.lawder@nhs.net

**Ruth Gordon**  
Senior Information Analyst  
0131 275 6335  
r.gordon@nhs.net

**Further Information**

Find out more in the [dashboard](#).  
We also make available [background metadata and information on our pre-release access](#).  
Background to the national minimum dataset for smoking cessation services is available on the [smoking cessation](#) page on the ISD web site.  
ISD has published an annual smoking cessation services monitoring report each year since 2007.  
These can be located at the [reports and papers](#) section of the ScotPHO website.  
The next release of this publication will be in October 2018.

---

**ISD and Official Statistics**  
Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. [Further information about our statistics](#).