NHS Smoking Cessation Services
Local Delivery Plan Standard, 2018/19 (Qtr1)
A National Statistics publication for Scotland

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About this release
This release by Information Services Division (ISD) presents information on the performance of NHS smoking cessation services in Scotland towards their 2018/19 Local Delivery Plan (LDP) Standard, including trend data from 2014/15. Data are presented in the form of a dashboard and Excel workbook.

The LDP Standard for NHS Scotland in 2018/19 is to achieve at least 7,568 self-reported successful twelve week quits through smoking cessation services in the most deprived areas.

Main Points
- In the first quarter of the financial year 2018/19, NHS Scotland contributed 21.8% (1,647 out of 7,568) towards the required annual LDP Standard. If this pattern continued for the remainder of the financial year, NHS Scotland would achieve 87.1% of the required Standard.
- Four out of fourteen NHS Boards met or exceeded 25% of their annual LDP Standard during quarter one.

Scotland and NHS Board performance against the 2018/19 LDP Standard during quarter one

- NHS Board achievement in the first quarter of the financial year 2018/19 ranged between 10.9% and 28.6% of their local annual LDP Standard.
In the first quarter of the financial year 2018/19, 20.8% (1,647 out of 7,911) of quit attempts in the most deprived areas were self-reported as still not smoking at twelve weeks. This is similar to the overall Scotland quit percentage of 21.8% (2,782 out of 12,755).

In the first quarter of financial year 2018/19, successful twelve week quit percentages varied by setting type accessed with 17.6% (1,661 out of 9,422) in pharmacy settings, and 33.6% (1,121 out of 3,333) in specialist services (non-pharmacy).

Background
In July 2005 ISD Scotland set up a national smoking cessation database to capture data on people presenting to NHS services in Scotland for help to stop smoking. The database is designed to collect the national minimum dataset for smoking cessation services. The national database is used by all 14 NHS Boards in Scotland.

From July 2014 information about service activity and outcomes from pharmacy services was recorded through the smoking cessation support tool available within the Pharmacy Care Record. This forms part of the national data that are collected by smoking cessation services for each patient undertaking a quit attempt. The smoking cessation minimum data set are electronically submitted from Pharmacy Care Record to the national smoking cessation database.

Figures are based on total quit dates set (quit attempts) during the year, rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

Due to a change in methodology and the exclusion of prisons the 2018/19 LDP Standard is 7,568. This compares to the previous year (2017/18) which was 9,404.

Contact
Richard Lawder  
Principal Information Analyst  
0131 275 6477  
richard.lawder@nhs.net

Ruth Gordon  
Senior Information Analyst  
0131 275 6335  
r.gordon@nhs.net

Further Information
Find out more in the dashboard.

We also make available background metadata and information on our pre-release access.

Background to the national minimum dataset for smoking cessation services is available on the smoking cessation page on the ISD web site.

ISD has published an annual smoking cessation services monitoring report each year since 2007. These can be located at the reports and papers section of the ScotPHO website.

The next release of this publication (Quarter 2 data) will be on 5 March 2019.

ISD and Official Statistics
Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. Further information about our statistics.