NHS Smoking Cessation Services
Local Delivery Plan Standard, 2018/19 (Qtr3)

A National Statistics publication for Scotland
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About this release

This release by Information Services Division (ISD) presents information on NHS smoking cessation services in Scotland and their progress towards their 2018/19 Local Delivery Plan (LDP) Standard. The LDP Standard for NHS Scotland in 2018/19 is to achieve at least 7,568 self-reported successful twelve-week quits (those people still not smoking after 12 weeks) through smoking cessation services in the most deprived areas.

Data are presented in the form of a dashboard and Excel workbook, which include trend data from 2014/15.

Main Points

Nine months (April to December 2018)

- In the first nine months of the financial year 2018/19, NHS Scotland contributed 63.6% (4,810 out of 7,568) towards the required annual LDP Standard. If this pattern continued for the remainder of the financial year, NHS Scotland would achieve 84.8% of the required Standard.

- Three out of fourteen NHS Boards met or exceeded 75.0% of their annual LDP Standard during the first nine months of the financial year 2018/19. NHS Board achievement ranged from 32.6% to 89.6%.

Scotland and NHS Board performance against the 2018/19 LDP Standard after nine months
Quarter 3 (October to December 2018)

- In the third quarter of the financial year 2018/19, NHS Scotland contributed 20.2% (1,531 out of 7,568) towards the required annual LDP Standard. Four out of fourteen NHS Boards met or exceeded 25.0% of their annual LDP Standard during quarter three.

- The number of successful twelve-week quits varies depending on where the smoking cessation services are accessed; 33.5% of those accessing specialist services were still not smoking after 12 weeks, compared with 18.6% of those who access the service via a pharmacy.

**Background**

In July 2005 ISD Scotland set up a national smoking cessation database to capture data on people presenting to NHS services in Scotland for help to stop smoking. The database is designed to collect the national minimum dataset for smoking cessation services. The national database is used by all 14 NHS Boards in Scotland.

From July 2014 information about service activity and outcomes from pharmacy services was recorded through the smoking cessation support tool available within the Pharmacy Care Record. This forms part of the national data that are collected by smoking cessation services for each patient undertaking a quit attempt. The smoking cessation minimum data set are electronically submitted from Pharmacy Care Record to the national smoking cessation database.

Figures are based on total quit dates set (quit attempts) during the year, rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

Due to a change in methodology and the exclusion of prisons the 2018/19 LDP Standard is 7,568. The standard in the previous year (2017/18) without these changes was 9,404.

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**Further Information**

Find out more in the dashboard.

We also make available background metadata and information on our pre-release access.

Background to the national minimum dataset for smoking cessation services is available on the smoking cessation page on the ISD web site.

ISD has published an annual smoking cessation services monitoring report each year since 2007. These can be located at the reports and papers section of the ScotPHO website.

The next release of this publication (Quarter 4 data) will be on 15 October 2019.

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