**NHS Smoking Cessation Services**

**Local Delivery Plan Standard, 2018/19 (Qtr4)**

A National Statistics publication for Scotland

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**About this release**

This release by Information Services Division (ISD) presents information on NHS smoking cessation services in Scotland and their progress towards their 2018/19 Local Delivery Plan (LDP) Standard. The LDP Standard for NHS Scotland in 2018/19 is to achieve at least 7,568 self-reported successful twelve-week quits (those people still not smoking after 12 weeks) through smoking cessation services in the most deprived areas.

Data are presented in the form of a dashboard and Excel workbook, which include trend data from 2014/15.

**Main Points**

**During financial year April 2018 to March 2019**

- In the financial year 2018/19, NHS Scotland achieved 95.2% (7,206 out of 7,568 self-reported twelve-week quits) of the required annual LDP Standard.

- There is wide variation between NHS Boards: whilst six NHS Boards met or exceeded the target number of successful twelve-week quits, the other eight NHS Boards achieved less than 90%.

**Scotland and NHS Board performance against the 2018/19 LDP Standard**

![Bar chart showing performance of different NHS Boards against the LDP Standard.](chart.png)
During Quarter 4 (January to March 2019)

- In the fourth quarter of the financial year 2018/19, NHS Scotland contributed 30.3% (2,296 out of 7,568) towards the required annual LDP Standard. Nine out of fourteen NHS Boards met or exceeded 25.0% of their annual LDP Standard during quarter four.

- The types of services accessed to support smoking cessation makes a difference, with those accessing specialist services twice as likely to be still not smoking after 12 weeks compared with those who use pharmacy based services (38.3% vs 19.8%).

Background

In July 2005 ISD Scotland set up a national smoking cessation database to capture data on people presenting to NHS services in Scotland for help to stop smoking. The database is designed to collect the national minimum dataset for smoking cessation services. The national database is used by all 14 NHS Boards in Scotland.

From July 2014 information about service activity and outcomes from pharmacy services was recorded through the smoking cessation support tool available within the Pharmacy Care Record. This forms part of the national data that are collected by smoking cessation services for each patient undertaking a quit attempt. The smoking cessation minimum data set are electronically submitted from Pharmacy Care Record to the national smoking cessation database.

Figures are based on total quit dates set (quit attempts) during the year, rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

Due to a change in methodology and the exclusion of prisons (following the introduction of smoke-free prisons) the 2018/19 LDP Standard is 7,568. The standard in the previous year (2017/18) without these changes was 9,404.

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Further Information

Find out more in the dashboard.

We also make available background metadata and information on our pre-release access.

Background to the national minimum dataset for smoking cessation services is available on the smoking cessation page on the ISD web site.

ISD has published an annual smoking cessation services monitoring report each year since 2007. These can be located at the reports and papers section of the ScotPHO website.

The next release of this publication (Financial Year 2019/20 - Quarter 1 data) will be on 26 November 2019.

ISD and Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. Further information about our statistics.