About this release

This release by Information Services Division (ISD) presents information on NHS smoking cessation services in Scotland and their progress towards their 2019/20 Local Delivery Plan (LDP) Standard. The LDP Standard for NHS Scotland in 2019/20 is to achieve at least 7,026 self-reported successful twelve-week quits (those people still not smoking after 12 weeks) through smoking cessation services in the most deprived areas.

Data are presented in the form of a dashboard and Excel workbook, which include trend data from 2014/15.

Main Points

During Quarter 1 (April to June 2019)

- In the first quarter of financial year 2019/20, NHS Scotland contributed 23.1% (1,624 out of 7,026 self-reported twelve-week quits) towards the required annual LDP Standard. If this pattern continued for the remainder of the financial year, NHS Scotland would achieve 92.4% of the required Standard.

- Three out of fourteen NHS Boards met or exceeded 25% of their annual target number of successful twelve-week quits during quarter one. NHS Board achievement ranged from 8.9% to 37.0%.
The types of services accessed to support smoking cessation makes a difference, with those accessing specialist services twice as likely to be still not smoking after 12 weeks compared with those who use pharmacy based services (35.2% and 16.7% respectively).

**Background**
In July 2005 ISD Scotland set up a national smoking cessation database to capture data on people presenting to NHS services in Scotland for help to stop smoking. The database is designed to collect the national minimum dataset for smoking cessation services. The national database is used by all 14 NHS Boards in Scotland.

From July 2014 information about service activity and outcomes from pharmacy services was recorded through the smoking cessation support tool available within the Pharmacy Care Record. This forms part of the national data that are collected by smoking cessation services for each patient undertaking a quit attempt. The smoking cessation minimum data set are electronically submitted from Pharmacy Care Record to the national smoking cessation database.

Figures are based on total quit dates set (quit attempts) during the year, rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

The LDP Standard changed in 2018/19 to exclude quit attempts in prisons, therefore comparisons of quit attempts prior to 2018/19 are based on different definitions and are not valid. The number of quit attempts in the standard may change between years and should be taken into account when looking at different years. In 2019/20 the LDP standard is at least 7,026 self-reported successful twelve-week quits.

**Contact**
**Ruth Gordon**  
Senior Information Analyst  
0131 275 6335  
r.gordon@nhs.net

**Further Information**
Find out more in the [dashboard](#).  
We also make available [background metadata and information on our pre-release access](#).  
Background to the national minimum dataset for smoking cessation services is available on the [smoking cessation](#) page on the ISD web site.  
ISD has published an annual smoking cessation services monitoring report each year since 2007. These can be located at the [reports and papers](#) section of the [ScotPHO website](#).  
The next release of this publication (Financial Year 2019/20 - Quarter 2 data) will be on 3 March 2020.