Adult Mental Health Benchmarking Toolkit

A Management Information publication for Scotland

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About this release

This release by Information Services Division (ISD) presents data up to 31 March 2018 in the Adult Mental Health Benchmarking Toolkit. The Toolkit aims to improve Mental Health Services through the use of benchmarking. This enables services to understand and, compare their outcomes and to promote best practice. The toolkit contains information on financial, prescribing, workforce and psychiatric hospital activity. It is primarily adult focused, based on General Psychiatry and Psychiatry of Old Age specialties, and excludes Child and Adolescent Psychiatry, Learning Disabilities and Forensic Psychiatry services. However, for certain indicators data are not available at an adult only level and may pertain to the wider Mental Health service. Links to the data contained within the toolkit can be found within the links tab.

This is the final release of the Adult Mental Health Benchmarking Toolkit which features data to 31 March 2018. ISD will replace the toolkit with a biannual release of the Quality Indicators as set out in the 2017 10 year Mental Health Strategy for Scotland.

Main Points

Based on the available data for the financial year ending March 2018:

- The total (net) expenditure for general psychiatry services for 2017/18 was just over £967 million for NHS Scotland. This is an increase of around 3% from £937 million in 2016/17.
- The gross ingredient cost for medicines in Mental Health per head of population increased from £15.17 in 2016/17 to £19.66 in 2017/18.
- In 2017/18 the average length of stay for mental health care in Scotland was 83.3 days. This represents an increase from 70.9 days in 2016/17 which was partly due to a number of long-term patients being discharged in 2017/18.

Background

This information helps to facilitate improvement of Mental Health services in Scotland by using a range of comparative information to compare key aspects of performance, identify gaps, identify opportunities for improvement and monitor progress. It comprises all available data for the relevant indicators split across the Quality Strategy themes of Efficient, Effective, Person-centred, Safe, Equitable and Timely.
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Further Information

Further information is available from Adult Mental Health Benchmarking Toolkit [webpage](#).

ISD and Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. [Further information about our statistics](#).