Scottish Multiple Sclerosis Register
National Report 2018
Figures from January 2010 – December 2017
A Management Information publication for Scotland

About this release
This is the eighth national report from the Scottish Multiple Sclerosis Register (SMSR) published by Information Services Division. The report provides information on all patients who were diagnosed by a Neurologist as having a confirmed diagnosis of multiple sclerosis (MS) from January 2010 to December 2017.

Main Points
• The proportion of newly diagnosed patients receiving contact with a MS Specialist Nurse within 10 working days of diagnosis, increased from 63.6% in 2016 to 75.0% in 2017.

Percentage of patients with a new diagnosis of MS contacted by a MS Specialist Nurse within 10 working days of confirmed diagnosis and percentage contacted within 10 working days from receipt of referral.

• Once a referral was received by the MS Specialist Nurse, 96.7% of patients were contacted within 10 working days, an improvement from 94.3% last year.
In 2017, 425 new patients with a confirmed diagnosis of MS were added to the MS Register. This brings the total number of patients newly diagnosed and reported over the eight year period to 3,692.

The annual incidence shows that more than twice as many women than men were diagnosed with MS.

In line with previous findings, the average annual incidence of MS in the six most northern NHS Boards is greater than the average for the eight southern NHS Boards.

**Background**

The Scottish MS Register is a national Register within the Scottish Healthcare Audits programme at the Information Services Division (ISD) of NHS National Services Scotland. The aim is to improve healthcare for people living with MS in Scotland. Establishing the incidence and interpreting the implications of its demography allows us to facilitate service evaluation and drive health improvement. The data on which this report is produced are provided by Neurologists and MS clinical teams via a standard electronic proforma.

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**Further Information**

Further information can be found in the full report on the Registry website or on the ISD website.

The next update for this publication will be September 2019.

**ISD and Official Statistics**

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of ‘Official Statistics’. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. Further information about our statistics.