

Publication Report



Child and Adolescent Mental Health Services Waiting Times in Scotland

Quarter ending 30 June 2014

Publication date – 26 August 2014

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Introduction

This publication contains information about how long children and young people waited for mental health services provided by the NHS in Scotland. This information has been published quarterly since August 2012. The information in this publication covers the period April to June 2014, with figures from January to March 2014 for reference. A years worth of data are included in the Excel files.

The NHS in Scotland provides mental health services for children and young people with a wide range of mental health conditions including Attention Deficit Hyperactivity Disorder (ADHD), anxiety, behaviour problems, depression and early onset psychosis.

This treatment is provided through Child and Adolescent Mental Health (CAMH) services. These services, which are mainly outpatient and community based, are provided by a range of staff including psychiatrists, mental health nurses, clinical psychologists, child psychotherapists, occupational therapists and other allied health professionals.

The Scottish Government requires the NHS in Scotland to measure the time people wait for treatment and this includes people waiting for CAMH services. The Scottish Government has set a target for the NHS in Scotland to deliver a maximum wait of 26 weeks from a patient's referral to treatment for specialist CAMH services from March 2013, reducing to 18 weeks from December 2014. Information for both targets are included in the report.

Following the conclusion of previously planned work on a tolerance level for CAMH service waiting times and engagement with NHS Boards and other stakeholders, the Scottish Government has determined that the CAMH services target should be delivered for at least 90% of patients.

For a small number of Boards, systems for collecting data locally are still being developed and as a result a small number of people who attend a CAMH service are not included in this publication. However, the information in this publication does give a good indication of waiting times in most areas of Scotland. The volume of information we have been able to collect from NHS Boards has increased each quarter and we expect this to continue to increase in the coming months.

It is planned to include more information on the distribution of wait (e.g. further wait categories) from the November publication.

Key points

- Waiting times information for CAMH services is still in development. NHS Boards continue to work with ISD and the Scottish Government to improve the consistency and completeness of the information. The 26 week target was due for delivery from March 2013, reducing to 18 weeks from December 2014. The target should be delivered for at least 90% of patients.
- During the quarter ending June 2014, just over 3,400 children and young people started treatment at CAMH services in Scotland (excluding NHS Highland and NHS Lothian (June only)).
- During the quarter ending June 2014, 89.1% of people were seen within 26 weeks and 82.9% of people were seen within 18 weeks.
- For this reporting period, NHS Boards Ayrshire & Arran, Fife, Forth Valley, Grampian, Lothian and Tayside did not meet the 26 week HEAT target.

Workforce information for CAMH services is published at the same time as waiting times information. The key points from the latest [CAMHS Workforce publication](#) indicate:

- In 2009, the Scottish Government committed central funding to expand the CAMH services workforce of NHS Scotland.
- Data released in the CAMHS Workforce publication show that, since 30th September 2009, the CAMH services workforce in NHS Scotland has risen from 764.6 WTE (883 headcount) in September 2009 to 925.4 WTE (1,080 headcount) as at 30th June 2014.
- NHS Scotland CAMH services vary in the age of population served. In some areas, services are provided up to 16 only; while others offer services up to 18 years. This has significant implications for workforce requirements.

Results and Commentary

How long people waited to start their treatment

This section shows waiting times for patients who started their treatment during the period April-June 2014. Waiting times information for CAMH services is still in development. NHS Boards are working with ISD and the Scottish Government to improve the consistency and completeness of the information. Appendix A2 provides NHS Board level information on the completeness of the data and any data quality issues to be aware of.

During April-June 2014 (see Table 1):

- Just over 3,400 children and young people started their treatment at CAMH services in Scotland (excluding NHS Highland and NHS Lothian (June only)).
- Using adjusted waits where available, 89.1% of people seen by a CAMH service started their treatment within 26 weeks and 82.9% were seen within 18 weeks of being referred. Half started their treatment within 8 weeks.
- In the NHS Boards that are able to report unadjusted waits, 87.2% of people seen by a CAMH service started their treatment within 26 weeks and 78.3% started their treatment within 18 weeks of being referred. Half started their treatment within 10 weeks.

There has been a slight decrease in the percentage of people seen within 26 weeks (adjusted figures) this quarter compared to the quarter January-March 2014 (Chart 1). The missing NHS Highland data are likely to account for part of this decrease.

Information by NHS Board is shown in Tables 2 and 3 and Charts 2 and 3.

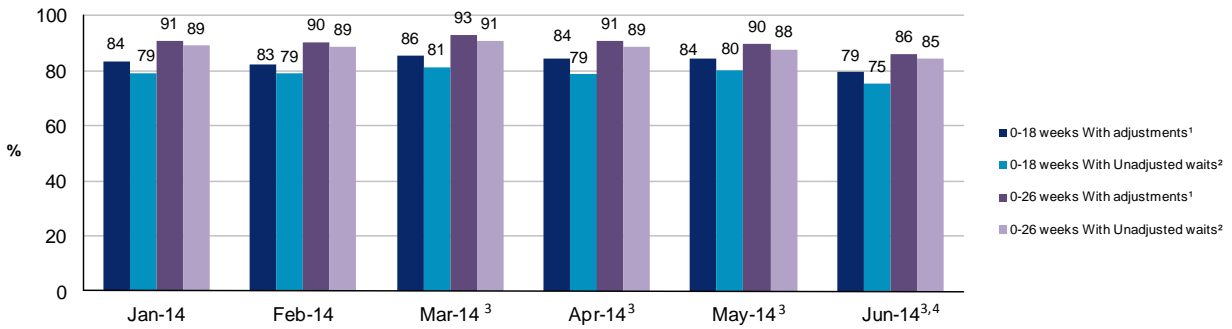
Table 1. Waiting times for people who started their treatment in April-June 2014, NHS Scotland (excluding NHS Highland and NHS Lothian (June only)).

Month	With adjustments ¹				Unadjusted ²		
	People seen	Seen within 18 weeks (%)	Seen within 26 weeks (%)	Average (median) wait (weeks)	Seen within 18 weeks (%)	Seen within 26 weeks (%)	Average (median) wait (weeks)
Apr 14 ³	1,114	84.3%	90.9%	8	78.6%	88.9%	10
May 14 ³	1,305	84.3%	89.7%	8	80.5%	87.9%	10
Jun 14 ^{3,4}	1,012	79.4%	86.3%	9	75.3%	84.6%	12
Total	3,431	82.9%	89.1%	8	78.3%	87.2%	10

Notes

1. Scotland level data include unadjusted waits for NHS Boards where adjusted waits are not available. For details of adjustments see Table 2 (page 7).
2. Excludes NHS Dumfries & Galloway where unadjusted waits are not available.
3. NHS Highland April to June 2014 data are not available due to them moving to a new patient management system.
4. NHS Lothian June 2014 data are not available due to them moving to a new patient management system.

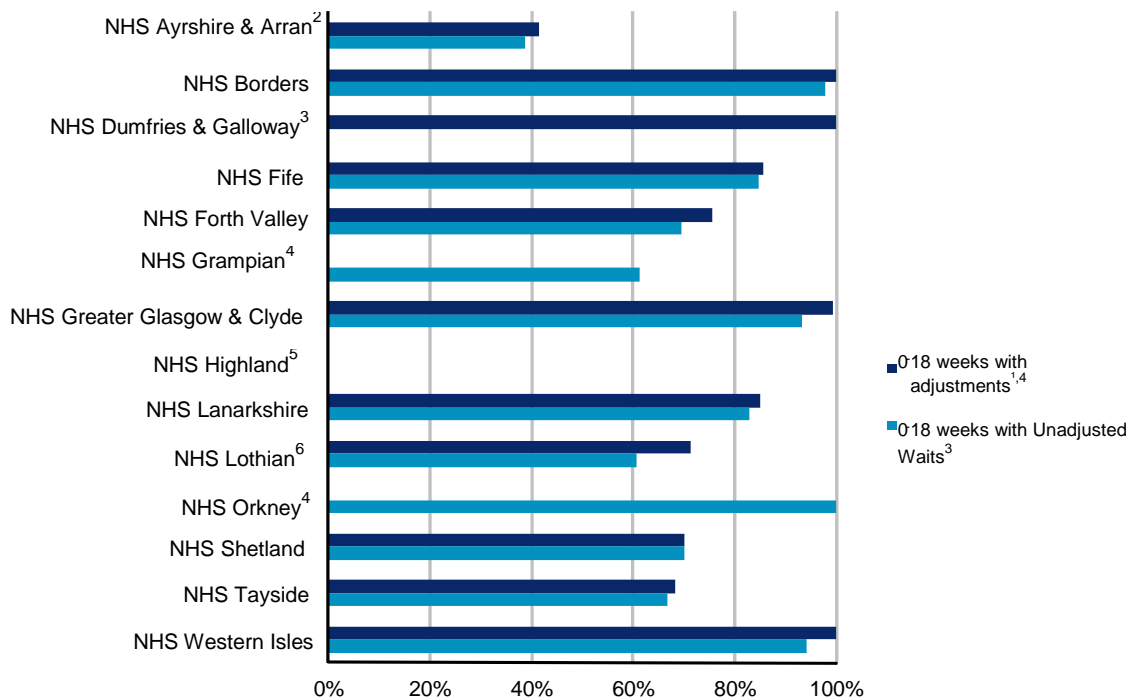
Chart 1. Percentage of people who started their treatment within both 18 and 26 weeks, NHS Scotland, January-June 2014



Notes

1. Scotland level data include unadjusted waits for NHS Boards where adjusted waits are not available. For details of adjustments see Table 2 (page 7).
2. Excludes NHS Dumfries & Galloway where unadjusted waits are not available.
3. NHS Highland March to June 2014 data are not available due to them moving to a new patient management system.
4. NHS Lothian June 2014 data are not available due to them moving to a new patient management system.

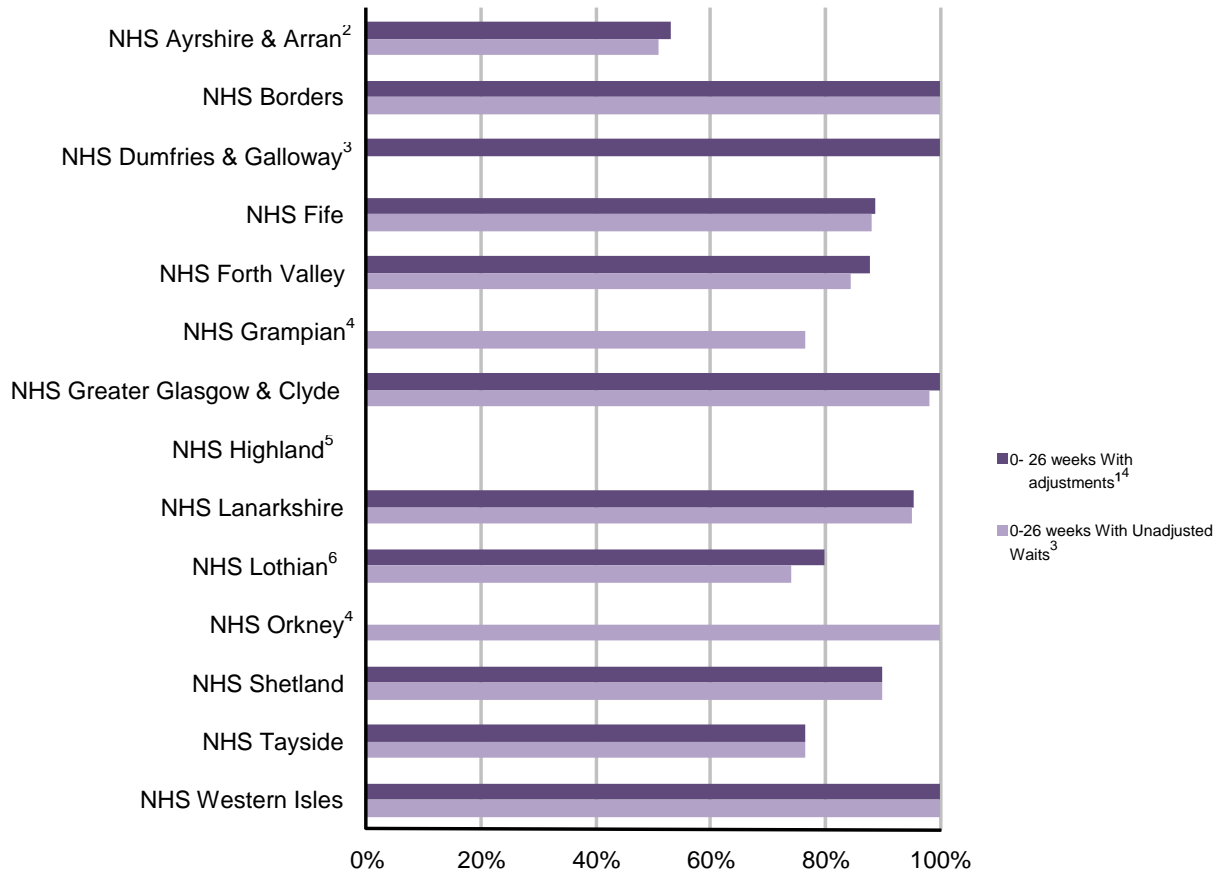
Chart 2. Percentage of people who started their treatment within 18 weeks by NHS Board, April-June 2014



Notes

1. Adjusted waits are only included where Boards are able to provide these. For details of adjustments see Table 2 (page 7).
2. NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
3. NHS Dumfries & Galloway are unable to provide unadjusted waits.
4. NHS Grampian & NHS Orkney are unable to provide adjusted waits, NHS Grampian advised that the difference between their adjusted and unadjusted waits is minimal.
5. NHS Highland April to June 2014 data are not available due to them moving to a new patient management system.
6. NHS Lothian June 2014 data are not available due to them moving to a new patient management system. Only April and May 2014 data are included.

Chart 3. Percentage of people who started their treatment within 26 weeks by NHS Board, April-June 2014



Notes

- Adjusted waits are only included where Boards are able to provide these. For details of adjustments see Table 2 (page 7).
- NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
- NHS Dumfries & Galloway are unable to provide unadjusted waits.
- NHS Grampian & NHS Orkney are unable to provide adjusted waits, NHS Grampian advised that the difference between their adjusted and unadjusted waits is minimal.
- NHS Highland April to June 2014 data are not available due to them moving to a new patient management system.
- NHS Lothian June 2014 data are not available due to them moving to a new patient management system. Only April and May 2014 data are included.

Information on data quality and data completeness at NHS Board level is available on pages 22-27 in Appendix A2.

Table 2. Waiting times (with adjustments) for people who started their treatment in April-June 2014 by NHS Board

NHS Board of Treatment	People seen	People seen within		Average (median) wait (weeks)	Waiting time adjustments ¹
		18 weeks (%)	26 weeks (%)		
NHS Scotland ^{2,3,4,5}	3,431	82.9%	89.1%	8	..
NHS Ayrshire & Arran ³	173	41.6%	53.2%	24	NA, U, RO
NHS Borders	135	100.0%	100.0%	5	NA
NHS Dumfries & Galloway	114	100.0%	100.0%	6	NA, U, RO
NHS Fife	327	85.6%	88.7%	7	NA
NHS Forth Valley	115	75.7%	87.8%	10	NA, U
NHS Grampian	351	61.3%	76.6%	16	Unadjusted
NHS Greater Glasgow & Clyde	1,043	99.3%	100.0%	6	NA, U, RO
NHS Highland ⁴
NHS Lanarkshire	511	84.9%	95.3%	6	NA, U, RO
NHS Lothian ⁵	316	71.2%	79.7%	11	NA
NHS Orkney	11	100.0%	100.0%	4	Unadjusted
NHS Shetland	10	70.0%	90.0%	13	NA, U, RO
NHS Tayside	308	68.2%	76.6%	9	NA, U, RO
NHS Western Isles	17	100.0%	100.0%	3	NA, RO

Notes

1. Waiting time adjustments:
 NA: Non Attendance. Waiting time may be reset if a person misses or rearranges an appointment.
 U: Unavailability. Time a person is unavailable may be subtracted from the waiting time.
 RO: Refuses Reasonable Offer. Waiting time may be reset if a person declines 2 or more dates.
 For further information see page 22.
2. Scotland level data include unadjusted waits for NHS Boards where adjusted waits are not available. NHS Grampian advised that the difference between their adjusted and unadjusted waits is minimal.
3. NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
4. NHS Highland April to June 2014 data are not available due to them moving to a new patient management system.
5. NHS Lothian June 2014 data are not available due to them moving to a new patient management system. Only April and May 2014 data are included.

In the quarter April to June 2014, at least 90% of people were seen within 26 weeks in all NHS Boards except for NHS Ayrshire & Arran (53.2%), NHS Fife (88.7%), NHS Forth Valley (87.8%), NHS Grampian (76.6%), NHS Lothian (79.7%) and NHS Tayside (76.6%).

Further information by NHS Board and for the last 4 quarters can be found [here](#).

Table 3. Unadjusted waiting times for people who started their treatment in April-June 2014 by NHS Board

NHS Board of Treatment	People seen	People seen within		Average (median) wait (weeks)
		18 weeks (%)	26 weeks (%)	
NHS Scotland ^{1,2,3,4}	3,317	78.3%	87.2%	10
NHS Ayrshire & Arran ¹	173	38.7%	50.9%	26
NHS Borders	135	97.8%	100.0%	7
NHS Dumfries & Galloway ²
NHS Fife	327	84.7%	88.1%	8
NHS Forth Valley	115	69.6%	84.3%	14
NHS Grampian	351	61.3%	76.6%	16
NHS Greater Glasgow & Clyde	1,043	93.2%	98.2%	9
NHS Highland ³
NHS Lanarkshire	511	82.8%	95.1%	6
NHS Lothian ⁴	316	60.8%	74.1%	16
NHS Orkney	11	100.0%	100.0%	4
NHS Shetland	10	70.0%	90.0%	13
NHS Tayside	308	66.9%	76.6%	10
NHS Western Isles	17	94.1%	100.0%	4

Notes

.. Data not available

1. NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
2. Excludes NHS Dumfries & Galloway where unadjusted waits are not available.
3. NHS Highland April to June 2014 data are not available due to them moving to a new patient management system.
4. NHS Lothian June 2014 data are not available due to the moving to a new patient management system. Only April and May data are included.

Further information by NHS Board and for the last 4 quarters can be found [here](#).

Information on data quality and data completeness at NHS Board level is available on pages 22-27 in Appendix A2.

People waiting at the end of the month

This section presents a summary of waiting times information for CAMH services for people who are waiting at the end of each month. This is a useful measure for managers of these services as it can help them take early action to ensure that patient waits do not exceed the target. However, this measure does not show how long people actually wait before they received care.

NHS Boards are working with ISD and the Scottish Government to improve the consistency and completeness of the information. Appendix A2 provides NHS Board level information on the completeness of the data and any data quality issues to be aware of.

At the end of June 2014 (Table 4):

- Around 5,300 people were waiting to start treatment at CAMH services in Scotland (excluding NHS Highland and NHS Lothian (June only)).
- Using adjusted waits where available, 83.3% of people had been waiting for less than 26 weeks (887 people were waiting over 26 weeks) and 71.5% of people had been waiting for less than 18 weeks (1,512 people were waiting over 18 weeks).
- In the NHS Boards that are able to report unadjusted waits, 81.2% of people had been waiting for less than 26 weeks (982 people were waiting over 26 weeks) and 68.0% of people had been waiting for less than 18 weeks (1,672 people were waiting over 18 weeks).

The percentage of patients waiting over 18 and 26 weeks has gradually increased over the last six months (Chart 4). The missing NHS Highland and Lothian data do not affect this pattern. Information by NHS Board is shown in Charts 5 and 6 and Tables 5 and 6.

Table 4. Waiting times for people waiting at the end of the month in Scotland (excluding NHS Highland and NHS Lothian (June only)).

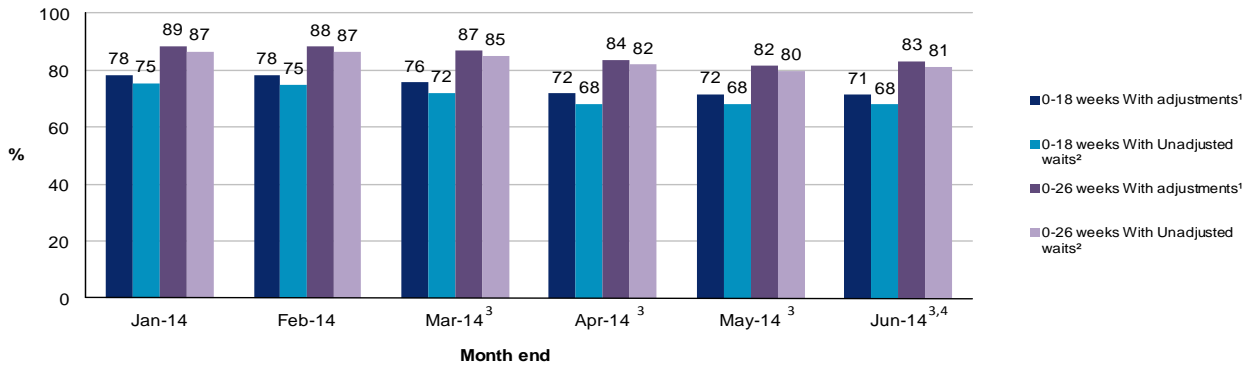
Month End	Total People Waiting	With adjustments ¹		Unadjusted ²	
		Less than 18 weeks (%)	Less than 26 weeks (%)	Less than 18 weeks (%)	Less than 26 weeks (%)
Apr-14 ³	6,876	71.8%	83.7%	68.2%	81.9%
May-14 ³	6,972	71.7%	81.7%	68.3%	79.6%
Jun-14 ^{3,4}	5,297	71.5%	83.3%	68.0%	81.2%

Notes

1. Scotland level data include unadjusted waits for NHS Boards where adjusted waits are not available. For details of adjustments see Table 5 (page 12).
2. Excludes NHS Dumfries & Galloway where unadjusted waits are not available.
3. NHS Highland April to June 2014 data are not available due to them moving to a new patient management system.
4. NHS Lothian June 2014 data are not available due to them moving to a new patient management system.

Information on data quality and data completeness at NHS Board level is available on pages 22-27 in Appendix A2.

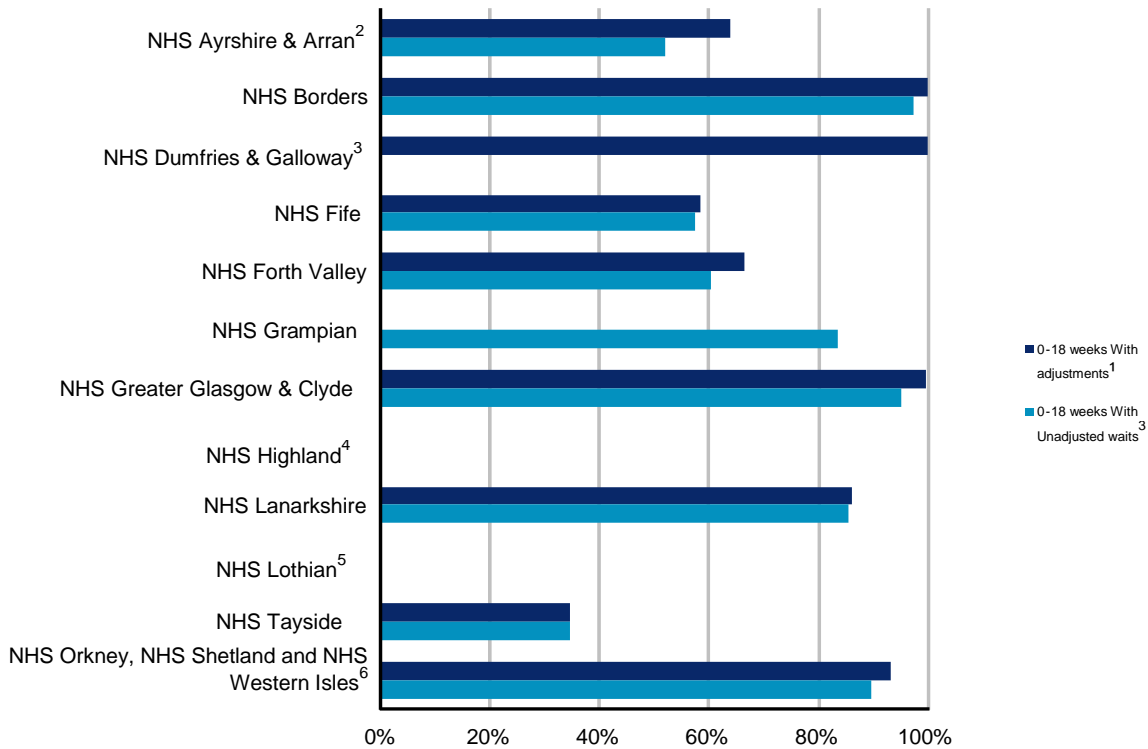
Chart 4. Percentage of people waiting less than both 18 and 26 weeks, NHS Scotland, January 2014 – June 2014



Notes

1. Scotland level data include unadjusted waits for NHS Boards where adjusted waits are not available. For details of adjustments see Table 5 (page 12).
2. NHS Dumfries & Galloway are unable to provide unadjusted waits.
3. NHS Highland March to June 2014 data are not available due to them moving to a new patient management system.
4. NHS Lothian June 2014 data are not available due to them moving to a new patient management system.

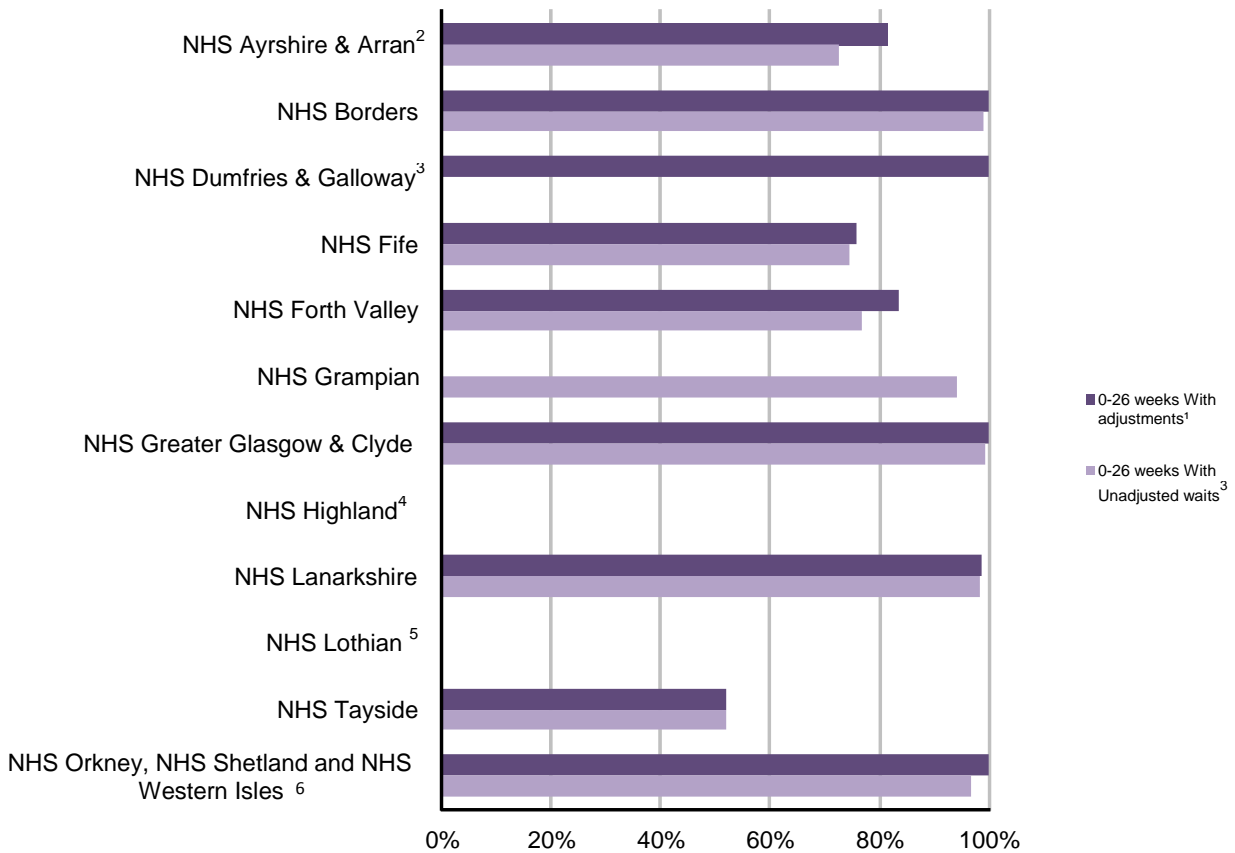
Chart 5. Percentage of people waiting less than 18 weeks by NHS Board, as at 30 June 2014



Notes

1. Adjusted waits are only included where Boards are able to provide these. For details of adjustments see Table 5 (page 12).
2. NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
3. NHS Dumfries & Galloway are unable to provide unadjusted waits.
4. NHS Highland June 2014 data are not available due to them moving to a new patient management system.
5. NHS Lothian June 2014 data are not available due to them moving to a new patient management system.
6. NHS Orkney, NHS Shetland and NHS Western Isles have been combined to prevent disclosive numbers.

Chart 6. Percentage of people waiting less than 26 weeks by NHS Board, as at 30 June 2014



Notes

- Adjusted waits are only included where Boards are able to provide these. For details of adjustments see Table 5 (page 12).
- NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
- NHS Dumfries & Galloway are unable to provide unadjusted waits.
- NHS Highland June 2014 data are not available due to them moving to a new patient management system.
- NHS Lothian June 2014 data are not available due to them moving to a new patient management system.
- NHS Orkney, NHS Shetland and NHS Western Isles have been combined to prevent disclosive numbers.

Information on data quality and data completeness at NHS Board level is available on pages 22-27 in Appendix A2.

Table 5. Waiting times (with adjustments) for people waiting at 30 June 2014 by NHS Board

NHS Board of treatment	Total People Waiting	Less than 18 weeks (%)	Less than 26 weeks (%)	Waiting time adjustments ¹
NHS Scotland ^{2,3,4,5}	5,297	71.5%	83.3%	..
NHS Ayrshire & Arran ²	623	63.7%	81.2%	NA, U, RO
NHS Borders	112	100.0%	100.0%	NA
NHS Dumfries & Galloway	73	100.0%	100.0%	NA, U, RO
NHS Fife	550	58.5%	75.8%	NA
NHS Forth Valley	325	66.5%	83.4%	NA, U
NHS Grampian	741	83.4%	94.2%	Unadjusted
NHS Greater Glasgow & Clyde	1,023	99.7%	100.0%	NA, U, RO
NHS Highland ⁴
NHS Lanarkshire	717	86.1%	98.7%	NA, U, RO
NHS Lothian ⁵
NHS Tayside	1,104	34.7%	51.9%	NA, U, RO
NHS Orkney, NHS Shetland and NHS Western Isles ⁶	29	93.1%	100.0%	..

Notes

.. Data not available

1. Waiting time adjustments:

NA: Non Attendance. Waiting time may be reset if a person misses or rearranges an appointment.

U: Unavailability. Time a person is unavailable may be subtracted from the waiting time.

RO: Refuses Reasonable Offer. Waiting time may be reset if a person declines 2 or more dates.

For further information see page 22.

- NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
- Scotland level data include unadjusted waits for NHS Boards where adjusted waits are not available.
- NHS Highland June 2014 data are not available due to them moving to a new patient management system.
- NHS Lothian June 2014 data are not available due to them moving to a new patient management system.
- NHS Orkney, NHS Shetland and NHS Western Isles have been combined to prevent disclosive numbers.

Further information by NHS Board and for the last 4 quarters can be found [here](#).

Information on data quality and data completeness at NHS Board level is available on pages 22-27 in Appendix A2.

Table 6. Unadjusted waiting times for people waiting at 30 June 2014 by NHS Board

NHS Board of treatment	Total People Waiting	Less than 18 weeks (%)	Less than 26 weeks (%)
NHS Scotland ^{1,2,3,4}	5,224	68.0%	81.2%
NHS Ayrshire & Arran ¹	623	51.8%	72.7%
NHS Borders	112	97.3%	99.1%
NHS Dumfries & Galloway ²
NHS Fife	550	57.3%	74.5%
NHS Forth Valley	325	60.3%	76.6%
NHS Grampian	741	83.4%	94.2%
NHS Greater Glasgow & Clyde	1,023	95.0%	99.2%
NHS Highland ³
NHS Lanarkshire	717	85.4%	98.3%
NHS Lothian ⁴
NHS Tayside	1,104	34.5%	51.9%
NHS Orkney, NHS Shetland and NHS Western Isles ⁵	29	89.7%	96.6%

Notes

.. Data not available

1. NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
2. NHS Dumfries & Galloway are unable to provide unadjusted waits
3. NHS Highland June 2014 data are not available due to them moving to a new patient management system.
4. NHS Lothian June 2014 data are not available due to them moving to a new patient management system.
5. NHS Orkney, NHS Shetland and NHS Western Isles have been combined to prevent disclosive numbers.

Further information by NHS Board and for the last 4 quarters can be found [here](#).

Information on data quality and data completeness at NHS Board level is available on pages 22-27 in Appendix A2.

Number of people referred to CAMH Services

This section has information on how many children and young people are referred to CAMH services. Waiting lists can build up where demand for services exceeds the capacity of that service, so the number of referrals is a key measure for managing waiting times.

During the period April to June 2014, around 6,100 children and young people were referred to CAMH services (excluding NHS Highland and NHS Lothian (June only)). The numbers of referrals by NHS Board are shown in Table 7.

It is not possible to give a direct comparison of referral rates across NHS Boards as CAMH services vary in the age of population served. Some areas provide services for all those under 18, while others offer services to those over 16 only if they are in full time education (for more detail see the 'Age of Service Provision' section in the [Workforce Publication](#)). The 'referrals per 1,000 people under 18' gives an indication of the relative differences in demand.

Table 7. Referrals to CAMH services by NHS Board, April-June 2014

NHS Board	All referrals		Referrals excluding rejected referrals	
	Number of referrals	Referrals per 1,000 people under 18	Number of referrals	Referrals per 1,000 people under 18
NHS Scotland^{1,2,3}	6,103	6.2	4,859	5.0
NHS Ayrshire & Arran ¹	380	5.3	240	3.3
NHS Borders	168	7.7	143	6.6
NHS Dumfries & Galloway	241	8.7	224	8.1
NHS Fife	389	5.3	338	4.6
NHS Forth Valley	336	5.5	227	3.7
NHS Grampian	671	6.1	580	5.2
NHS Greater Glasgow & Clyde	1,716	7.9	1,264	5.8
NHS Highland ²
NHS Lanarkshire	980	7.3	892	6.6
NHS Lothian ³	729	4.5	639	3.9
NHS Orkney	23	5.7	21	5.2
NHS Shetland	33	6.7	25	5.1
NHS Tayside	416	5.3	245	3.1
NHS Western Isles	21	4.1	21	4.1

Notes

.. Data not available

1. NHS Ayrshire & Arran figures are provisional. Following a waiting list validation exercise the Board plan to resubmit data for the previous year. They were unable to resubmit within timescales for this publication, therefore data will be updated at the next publication. This may also have a small affect on the Scotland figure.
2. NHS Highland April to June 2014 referrals data are not available due to them moving to a new patient management system.
3. NHS Lothian June 2014 data are not available due to them moving to a new patient management system. Only April and May 2014 data are included.

Further information on referrals for the last 4 quarters can be found [here](#).

Glossary

Adjusted waiting time	This is how long a person waited after taking into account any periods they were unavailable and any appointments that they missed or rearranged. The adjustments are described on Page 23. If a person has no periods of unavailability and attends on the first date that they accept, then no adjustments are made and their adjusted waiting time is the same as their unadjusted waiting time.
CAMH services	Child and Adolescent Mental Health (CAMH) services provided by NHS Scotland. Services are provided by teams of clinicians including psychiatrists, mental health nurses, clinical psychologists, occupational therapists and other allied health professionals. These services are based mainly in outpatient clinics and in the community.
Children and young people	The people served by CAMH services. Some areas provide services for all those under 18, while others offer services to those over 16 only if they are in full time education (for more detail see the 'Age of Service Provision' section in the Workforce Publication).
HEAT targets	A set of targets agreed between the Scottish Government and NHS Scotland relating to Health Improvement, Efficiency, Access or Treatment (HEAT).
Start of treatment	When treatment starts or the person is removed from the waiting list. Not all people who are referred to a CAMH service go on to have treatment. Some people attend an assessment appointment, need no further treatment and so are removed from the waiting list. Some people are offered treatment but decide not to go ahead.
Tiers of service provision	<p>Tier 2 – Mental Health Practitioners at this level tend to be CAMH services specialists working in community and primary care settings, in uni-disciplinary teams (although many will also work as part of tier 3 services). They can include, mental health professionals employed to deliver primary mental health work, psychologists and counsellors working in GP practices, paediatric clinics, schools and youth services. Practitioners offer consultation to families and other practitioners, outreach to identify severe or complex needs requiring specialist intervention.</p> <p>Tier 3 – This is usually a multi-disciplinary team or service working in a community mental health clinic or child psychiatry outpatient service, providing a specialised service for children and young people with more severe, complex and persistent disorders. Team members are likely to include child and adolescent psychiatrists, social workers, clinical psychologists,</p>

community psychiatric nurses, child psychotherapists, occupational therapists and art, music and drama therapists.

Tier 4 – Essential tertiary level services such as intensive outreach services, day units and inpatient units. These are generally services for the small number of patients who are deemed to be at the greatest risk (of rapidly declining mental health or serious self injury) and/or who require a period of intensive input for the purpose of assessment and/or treatment. Team members will come from the same professional groups as listed for tier 3. The clinical responsibility for overseeing the assessment, treatment and care for each tier 4 patient is likely to lie with a consultant child and adolescent psychiatrist or clinical psychologist.

Unadjusted waiting time

The total time from the date the referral was received by the CAMH service to the date treatment commenced.

List of Tables

Table No.	Name	Time period	File & size
1	Adjusted Completed waits for people seen	July 2013-June 2014	Excel [883kb]
2	Unadjusted Completed waits for people seen	July 2013-June 2014	Excel [868kb]
3	Adjusted Waiting times for people waiting	July 2013-June 2014	Excel [875kb]
4	Unadjusted waiting times for people waiting	July 2013-June 2014	Excel [859kb]
5	Referrals	July 2013-June 2014	Excel [149kb]

Note: in order to view the tables to full effect, your macro security settings will need to be set to medium. To change macro security settings use Tools, Macro, Security - set security level to Medium and re-open the report.

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Further Information

Further information can be found on the [ISD website](#)

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Appendix

A1 – Background Information

Data collection

When the CAMH services data collection was first set up, the IT systems across NHS Boards were not set up to collect the data at patient level. Therefore, it was agreed to collect aggregate level data. The IT systems have developed since this work started and some of this information is now collected on Boards patient management systems; however, there are still some services where the information is still collected by NHS Boards in Excel.

NHS Boards collate and submit aggregate level data to ISD in an Excel template. The template has evolved over time. The current template is set up to collect information on patients who waited during the month and information on patients waiting at the end of each month. This information (number of people) is collected in weekly time bands to allow calculation of the median and 90th percentile. A separate Excel sheet is set up for adjusted and unadjusted waits.

ISD have programs set up to combine the Board information into one file. Since this is aggregate level data, the analysis involves aggregating the numbers and calculating percentages waiting/waited and medians/percentiles. ISD also carry out quality assurance to sense check the data and liaise with NHS Boards to resolve any queries.

Why are waiting times important?

The main function of CAMH services is to develop and deliver services for those children and young people (and their parents and carers) who are experiencing the most serious mental health problems. They also have an important role in supporting the mental health capability of the wider network of children's services.

Delivery of good quality CAMH services depends on timely access to healthcare. Early action is more likely to result in full recovery and, in the case of children and young people, minimises the impact on other aspects of their development, such as their education, so improving their wider social development outcomes.

Mental Health Policy and Targets

Developments in mental health care have been driven by a series of reports and policy recommendations:

[The Scottish Needs Assessment Programme \(SNAP\) Report on Child and Adolescent Mental Health](#) (2003) highlighted the importance of CAMH services and the need for development of these services within Scotland.

[Mental Health of Children and Young People: A Framework for Promotion, Prevention and Care](#) (Scottish Executive, 2005) set the policy direction and a commitment to developing these services.

A [HEAT target](#) for CAMH services was set in April 2010. The target is that no child or young person will wait longer than 26 weeks from referral to treatment in a specialist CAMH service from March 2013, reducing to 18 weeks from December 2014. Following the conclusion of previously planned work on a tolerance level for CAMH services waiting times and engagement with NHS Boards and other stakeholders, the Scottish Government has determined that the CAMH services target should be delivered for at least 90% of patients.

The [Mental Health Strategy for Scotland: 2012-2015](#) (2012) sets the policy direction for the next four years and includes a commitment to achieving and maintaining waiting times targets.

Psychological Therapies Waiting Times

Waiting times for [Psychological Therapies](#) are also published this quarter.

Workforce Information

[CAMH Workforce Information](#) presents the latest information on numbers of clinical staff working in CAMH services.

A2 – Data Quality

CAMH services waiting times data have been collected nationally since January 2010, although initially data were very incomplete and of poor quality. There have been significant improvements in data quality and completeness over time, but some systems for collecting data locally are still being developed, and as a result, the data are not yet complete. Over the coming months, we expect the quality and completeness of data to continue to improve.

This section provides information on the quality and completeness of data supplied by NHS Boards to ISD. As part of the quality assurance process for this publication, ISD has asked Boards to provide information on any data quality and completeness issues that may affect interpretation of the statistics.

ISD also routinely seeks clarification from NHS Boards amongst other things where there may be large changes in numbers, unusual patterns in the data or changes in trends. These changes may be influenced by a variety of factors including service changes/reconfiguration or data recording changes.

How ISD will evaluate when the CAMH services data are no longer developmental

The ISD analysts involved with mental health waiting times meet monthly to review the latest CAMH services management information. This includes reviewing the data quality and completeness issues. The analysts have regular contact with NHS Boards to keep up to date on progress Boards are making in developing their CAMH services information.

ISD analysts attend the Scottish Government's quarterly CAMH Services Implementation and Monitoring Group where an update on the latest CAMH services information is given and any issues are discussed. This group is made up of Scottish Government, ISD and NHS Board representation.

The Scottish Government have six monthly review meetings with NHS Boards. ISD provide the SG with a list of data quality issues to be discussed.

As part of the quality assurance process for the quarterly publication, ISD ask Boards to give an update on: percentage completeness; update on providing both adjusted and unadjusted information if applicable; update on measuring referral to treatment accurately if applicable; an update on what Tiers are included; and information on any other data quality issues ISD should be aware of. Once all Boards are able to measure adjusted and unadjusted waiting times accurately and data are 95-100% complete, ISD analysts (in consultation with the CAMH Services Implementation and Monitoring Group) will decide that the publication is no longer classed as developmental.

Adjustment of waiting times

Waiting times for most NHS services are worked out using a calculation that takes into account any periods a person is unavailable and missed or cancelled appointments. These are referred to as adjustments. Some NHS Boards are not able to make all the appropriate adjustments to waiting times for CAMH services so we have included information on what adjustments each NHS Board has made.

Waiting time adjustments allow fair reporting of waiting times which have been affected by factors outside the NHS Board's control. However, the timing of appointments is always based on clinical need. For CAMH services, resetting the waiting time to zero is done for reporting purposes only and does not impact on the timing of any further appointments.

The main adjustments that are made to CAMH services waiting times are:

- If a person is unavailable (for example on holiday), the period for which they are unavailable is subtracted from their total waiting time.
- If a person does not attend an appointment and has to be given another, their waiting time is reset to zero.
- If a person rearranges an appointment, their waiting time is reset to zero on the day they contact the service to rearrange their appointment.
- If a person is offered several appointments and declines them all, their waiting time is reset to zero. NHS Boards report that this happens very rarely as most appointments are agreed by telephone.

This report also shows unadjusted waiting times. These are the actual times people have waited. Unadjusted waiting times are available for all NHS Boards except for one.

The [Summary Report on the Application of NHS Scotland Waiting Times Guidance](#) provides more explanation on the main adjustments that are made to waiting times for CAMH services.

Adjusted and unadjusted waiting times

It is not possible to report nationally consistent data at Scotland level due to the differences in adjustments made to waiting times across the NHS Boards.

When the HEAT target was announced, NHS Boards were asked to adjust waiting times where patients were unavailable or did not attend an appointment and had to be given another. This "New Ways" calculation of wait is used in other NHS services such as inpatients, outpatients and audiology.

Some NHS Boards developed systems to enable this calculation for CAMH services. However, not all systems are able to make all the appropriate adjustments, so all data

which includes adjusted figures also includes information about what adjustments have been applied.

With the exception NHS Dumfries & Galloway, all NHS Boards which adjust data also report unadjusted waiting times.

Referral to treatment calculation

Some NHS Boards are not able to calculate the waiting times from referral to treatment yet. While systems are being developed to do this, they are using referral to assessment as a proxy for treatment. This will mean their waiting times could increase once they are able to calculate referral to treatment. Information on which NHS Boards are still developing their systems for this is detailed in the NHS Board level data quality issues.

Tiers of service provision

The data submission should include service provision from tiers 2, 3 and 4 (descriptions in the glossary section, pages 16/17). Some NHS Boards are not able to report on all tiers, this may be because they do not provide services which fall under a particular tier or because they are still developing their systems to incorporate all tiers. This is detailed in the NHS Board level data quality issues.

Data completeness: common issues

Waiting times data are extracted from local administration systems which are updated frequently with information about appointments, attendances, etc. This may lead to different reported numbers of patients seen or waiting depending on the date the data were extracted. However, any differences equate to a relatively small proportion of total numbers of patients seen or waiting.

Data quality issues by NHS Board

This section details specific data quality issues for each NHS Board and provides completeness estimates where there are still data missing due to systems still being developed.

NHS Ayrshire & Arran

The Board estimate the data to be 100% complete.

The Board do not use a proxy measure for referral to treatment.

The Board submit data for tiers 2, 3 and 4.

NHS Borders

The Board estimate the data to be 100% complete.

The Board do not use a proxy measure for referral to treatment.

The Board submit data for tiers 2, 3 and 4 (which is not a separate team).

NHS Dumfries & Galloway

Currently, data for CAMH services and Child Psychology are recorded on different systems, Topas for CAMH services and Access for Child Psychology. The CAMH services data are adjusted and the Child Psychology are unadjusted. The Board are not able to provide information on unadjusted waits for CAMH services. The two sets of data are also measured differently, for Child Psychology a proxy of first appointment is used and for CAMH services a proxy of 2nd appointment is used.

Therefore, at present, only information for CAMH services is included in this publication. The Board are working to make the two sets of data consistent so that they can be combined in future.

The Board submit data for tiers 2, 3 and 4.

NHS Fife

The Board estimate the data to be 100% complete.

The Board do not use a proxy measure for referral to treatment.

The Board submit data for tiers 2, 3 and 4.

NHS Forth Valley

The Board estimate the data to be 100% complete for tier 3 services.

The Board identify the second appointment or partnership appointment as the start of treatment as defined through the CAPA model.

The Board submit data for tier 3; they do not have tier 4 services. For the tier 2 service model, patients are given 6 months to attend for an assessment, to include these data would therefore impact on the accuracy of the data already collected, therefore these are not included.

NHS Grampian

The Board estimate the data to be close to 100% complete.

The Board identify the second appointment or partnership appointment as the start of treatment as defined through the CAPA model.

The Board are not able to provide information on adjusted waits. They have identified that the numbers involved are very small (single figures) where adjusted waits would apply.

The Board submit data for tiers 2, 3 and 4.

NHS Greater Glasgow and Clyde

The Board estimate the data to be 100% complete for all Tier 3 and 4 services.

As per the guidance, the Board use a proxy measure of 2nd appointment to indicate treatment started.

The Board submit data for tiers 3 and 4. They do not hold tier 2 referrals in CAMH services although CAMH services provide input and support to partner agencies to provide this level of service.

NHS Highland

NHS Highland have not been able to submit data from March 2014 due to issues moving from ISOFT/Helix to Trakcare. The Board are unable to advise on timescales for submitting data at present. Once they are in a position to submit data again the missing data back to March 2014 will be submitted and the publication will be revised to include the missing data.

For Tier 3 services, the Board identify the second appointment or partnership appointment as the start of treatment as defined through the CAPA model.

For Primary Mental Health Workers, the first appointment is the start of treatment.

The Board submit data for tiers 2 and 3. There is a North of Scotland tier 4 service which is provided by NHS Tayside (since February 2013).

NHS Lanarkshire

The Board estimate the data to be 100% as of April 2014.

The Board do not use a proxy measure for referral to treatment.

The Board submit data for tiers 2 and 3. Whilst the Board do have a tier 4 service, they currently do not have any cases that should be included in waiting times.

NHS Lothian

NHS Lothian have not been able to submit data from June 2014 due to issues moving to a new Patient Management System (PMS). The Board have advised that they hope to be able to submit data from June onwards in September. Information for quarter April to June 2014 would be updated in the next publication planned for November.

The Board estimate the data submitted to be 100% complete for tiers 2 and 3.

The Board do not use a proxy measure for referral to treatment.

The Board do not currently submit data for Tier 4, the Board have been advised this should be included.

NHS Orkney

The Board estimate the data to be 100% complete.

The Board do not use a proxy measure for referral to treatment.

The Board plan to implement adjusted waiting times shortly when they switch over to an electronic system.

The Board submit data for tiers 3 and 4, they do not have a tier 2 service.

NHS Shetland

The Board estimate the data to be 100% complete.

The Board do not use a proxy measure for referral to treatment.

The Board submit data for tiers 2, 3 and 4.

NHS Tayside

All data comes directly from their PAS which is used within CAMH services and is 100% complete.

The Board do not use a proxy measure for referral to treatment.

The Board submit data for tiers 2 and 3, they currently do not have any Tier 4 services.

NHS Western Isles

The Board estimate the data to be 100% complete.

The Board do not use a proxy measure for referral to treatment.

The Board submit data for tiers 2, 3 and 4.

A3 – Publication Metadata (including revisions details)

Metadata Indicator	Description
Publication title	Child and Adolescent Mental Health Services Waiting Times http://www.isdscotland.org/Health-Topics/Waiting-Times/Child-and-Adolescent-Mental-Health/
Description	Monthly and quarterly summary of waiting times and waiting lists for Child and Adolescent Mental Health Services
Theme	Health and Social Care
Topic	Access and Waiting Times
Format	Excel workbooks
Data source(s)	Aggregate counts accredited and derived from individual NHS Scotland Boards are submitted monthly to ISD using a defined Excel template.
Date that data are acquired	Deadline for data submission is the 24th of each month, though files can be resubmitted up to 3 weeks before publication where the quality assurance process identifies differences with local figures.
Release date	The last Tuesday of the month for each publication
Frequency	Quarterly
Timeframe of data and timeliness	Data for the last four quarters are included.
Continuity of data	Information has been collected nationally since January 2010 with a revised dataset introduced in April 2012. Monthly information is included in the report for the last six months.
Revisions statement	Previously published waiting times are revised at each publication to reflect the latest available data submitted to ISD by the NHS Boards.
Revisions relevant to this publication	There are no revisions to the previously published data.
Concepts and definitions	Definitions not contained in this report are available here .
Relevance and key uses of the statistics	Waiting times are important to patients and are a measure of how the NHS is responding to demands for services. Measuring and regular reporting of waiting times highlights where there are delays in the system and enables monitoring of the effectiveness of NHS performance throughout the country. The NHS in Scotland has been set a number of targets for maximum waiting times.

	Other uses of the data include information requests for a variety of customers, e.g. research charities; public companies; Freedom of Information requests; information support to Boards; health intelligence work; parliamentary questions and HEAT targets.
Accuracy	These data are classified as developmental. ISD only receives aggregate data from each NHS Board. Although aggregated data cannot be systematically validated by ISD, reported data are compared to previous figures and to expected trends. Derivation of the figures and data accuracy are matters for individual NHS Boards.
Completeness	100% of submitted data are used for analysis and publication.
Comparability	There will be differences in the measures used and collection methods of CAMH services waiting times statistics, as well as differences in service structures between the administrations. The different datasets will not be strictly comparable. Users need to carefully read the publications when making comparisons. Links to other CAMH services waiting time information published can be found below: England: No data available at the moment in England. Monthly submission to the CAMH services dataset is due to start in Spring 2014. Northern Ireland: They have a Ministerial Target of 9 weeks for patients waiting. This information is not published and they do not have any referral to treatment data for CAMH services. Wales: http://wales.gov.uk/statistics-and-research/referral-to-treatment-times/?lang=en They have a standard for patients referred to Specialist Child and Adolescent Mental Health Services (CAMHS), assessment and any intervention plans required are to be initiated within 16 weeks.
Accessibility	It is the policy of ISD Scotland to make its web sites and products accessible according to published guidelines .
Coherence and clarity	Key statistics for the latest quarter are linked to on the main Waiting Times page www.isdscotland.org/Health-Topics/Waiting-Times/ . Statistics are presented within Excel spreadsheets. NHS

	<p>Board and national figures are presented. Further features to aid clarity:</p> <ol style="list-style-type: none"> 1. Tables are printer friendly. 2. Key data presented graphically.
Value type and unit of measurement	Number and percentage of patients seen, number and percentage of patients waiting, median and 90 th percentile waits; by NHS Board.
Disclosure	The ISD protocol on Statistical Disclosure Protocol is followed.
Official Statistics designation	Official Statistics
UK Statistics Authority Assessment	Awaiting assessment
Last published	27 May 2014
Next published	25 November 2014
Date of first publication	28 August 2012
Help email	Nss.CAMH@nhs.net
Date form completed	

A4 – Early Access details (including Pre-Release Access)

Pre-Release Access

Under terms of the "Pre-Release Access to Official Statistics (Scotland) Order 2008", ISD are obliged to publish information on those receiving Pre-Release Access ("Pre-Release Access" refers to statistics in their final form prior to publication). The standard maximum Pre-Release Access is five working days. Shown below are details of those receiving standard Pre-Release Access and, separately, those receiving extended Pre-Release Access.

Standard Pre-Release Access:

- Scottish Government Health Department
- NHS Board Chief Executives
- NHS Board Communication leads

Extended Pre-Release Access

Extended Pre-Release Access of 8 working days is given to a small number of named individuals in the Scottish Government Health Department (Analytical Services Division). This Pre-Release Access is for the sole purpose of enabling that department to gain an understanding of the statistics prior to briefing others in Scottish Government (during the period of standard Pre-Release Access).

- Scottish Government Health Department (Analytical Services Division)

A5 – ISD and Official Statistics

About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

Purpose: To deliver effective national and specialist intelligence services to improve the health and wellbeing of people in Scotland.

Mission: Better Information, Better Decisions, Better Health

Vision: To be a valued partner in improving health and wellbeing in Scotland by providing a world class intelligence service.

Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of 'Official Statistics'. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

ISD's statistical publications are currently classified as one of the following:

- National Statistics (i.e. assessed by the UK Statistics Authority as complying with the Code of Practice)
- National Statistics (i.e. legacy, still to be assessed by the UK Statistics Authority)
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- other (not Official Statistics)

Further information on ISD's statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](#).