

# Publication Summary



## Child & Adolescent Mental Health Services in NHS Scotland

Workforce Information as at 31<sup>st</sup> December 2012

26<sup>th</sup> February 2013



### About this Release

This release is a collaborative piece of work between ISD and NHS Education for Scotland (NES), and presents Child & Adolescent Mental Health Services (CAMHS) workforce information on staff in post as at 31<sup>st</sup> December 2012.

The data are presented as figures in both Headcount numbers and Whole Time Equivalents (wte). Wte's adjust headcount staff figures to take account of part-time staff.

### Key Points

- Data show that a headcount of 1055 clinical staff (898.2 wte) were working in CAMHS in Scotland as at 31<sup>st</sup> December 2012; this is an increase of 1.4 % in staff in post wte since 30th September 2012 (1.2% for headcount). From December 2011 it is an increase of 6.6% wte (7.2% headcount).
- Nationally, this represents a staffing level of 17.1 wte clinical workers per 100,000 of the population of Scotland.
- NHSScotland CAMHS vary in the age of population served. In some areas services are provided up to age 16 only; while others offer services up to 18 years. This has significant implications for workforce requirements. See Table 2 in the full publication report for details.
- From 1st April 2012 NHS Dumfries & Galloway CAMHS substance misuse mental health workers (headcount =5) sit within a separate subteam; Child and Adolescent substance service, CAS.
- From 1st April 2012, as part of the new Highland Lead Agency structure, CAMHS Primary Mental Health Workers are Highland Council employees, not NHS Scotland.
- As at 31<sup>st</sup> December 2012, an additional 52.4 wte posts throughout NHS Scotland CAMHS were between being advertised and being filled. A further 23.5 wte posts were approved for recruitment but not yet advertised.

### Background

[The Scottish Needs Assessment Programme \(SNAP\) Report](#) on Child and Adolescent Mental Health highlighted the importance of Child and Adolescent Mental Health Services (CAMHS) and the need for development of these services within Scotland. In October

2005, the Scottish Executive (Government) published [The Mental Health of Children and Young People: A Framework for Promotion, Prevention and Care](#) which set the policy direction and a commitment to developing these services.

Delivery of good quality CAMH services depends on adequate numbers of well trained staff being available for career posts in services across NHSScotland.

Data on the staff in post in NHSScotland CAMHS services have been reported since 2006.

CAMH Services vary across Scotland and the definition includes the following service types:

- Multi-disciplinary CAMHS, including clinical psychology
- Multi-disciplinary CAMHS, excluding clinical psychology
- Psychology services in Child Health/Paediatrics
- Island services – provided by two or three professionals

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## Further Information

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#)

### About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

### About NES

NES are a Special Health Board, responsible for supporting NHS services delivered to the people of Scotland by developing and delivering education and training for those who work in NHSScotland.

NES helps to provide better patient care by providing educational solutions for workforce development. This is done by designing, commissioning, quality assuring and where appropriate providing education for NHSScotland staff.

### Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of 'Official Statistics'. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

Further information on ISD's statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](#). [www.isdscotland.org/About-ISD/About-Our-Statistics/](http://www.isdscotland.org/About-ISD/About-Our-Statistics/)