

# Publication Summary



## Child & Adolescent Mental Health Services in NHS Scotland

Workforce Information as at 30<sup>th</sup> June 2014

26<sup>th</sup> August 2014



### About this Release

This release is a collaborative piece of work between ISD and NHS Education for Scotland (NES), and presents Child & Adolescent Mental Health Services (CAMHS) workforce information on staff in post as at 30<sup>th</sup> June 2014.

The data are presented as figures in both Headcount numbers and Whole Time Equivalents (WTEs). WTEs are used to adjust headcount staff figures to take account of part-time staff.

### Key Points

- In 2009, the Scottish Government committed central funding to expand the CAMHS workforce of NHSScotland.
- Since 30<sup>th</sup> September 2009 the CAMHS workforce in NHSScotland has risen from 764.6 WTE (883 headcount) in September 2009 to 925.4 WTE (1080 headcount) as at 30<sup>th</sup> June 2014.
- The most significant staff increases have been in Psychology (66% since 2009), and Nursing (17% since 2009).
- The headcount has remained relatively stable over the past year. There are currently 1080 clinical staff (925.4 WTE). Nationally, this represents a staffing level of 17.4 WTE clinical workers per 100,000 of the population of Scotland.
- An additional 60.9 WTE posts throughout NHS Scotland CAMHS were between being advertised and being filled. A further 6.0 WTE posts were approved for recruitment but not yet advertised.
- NHS Scotland CAMHS vary in the age of population served. In some areas services are provided up to 16 only; while others offer services up to 18 years. This has significant implications for workforce requirements.
- Waiting times information for CAMH services are still in development. NHS Boards continue to work with ISD and the Scottish Government to improve the consistency and completeness of the information. The 26 week target was due for delivery from March 2013, reducing to 18 weeks from December 2014.
- During the quarter ending June 2014, just over 3,400 children and young people started treatment at CAMH services in Scotland.

- During the quarter ending June 2014, 89.1% of people were seen within 26 weeks and 82.9% of people were seen within 18 weeks.

## Background

[The Scottish Needs Assessment Programme \(SNAP\) Report](#) on Child and Adolescent Mental Health highlighted the importance of Child and Adolescent Mental Health Services (CAMHS) and the need for development of these services within Scotland. In October 2005, the Scottish Executive (Government) published [The Mental Health of Children and Young People: A Framework for Promotion, Prevention and Care](#) which set the policy direction and a commitment to developing these services.

Delivery of good quality CAMH services depends on adequate numbers of well trained staff being available for career posts in services across NHSScotland.

Data on the staff in post in NHSScotland CAMHS services have been reported since 2006.

CAMH Services vary across Scotland and the definition includes the following service types:

- Multi-disciplinary CAMHS, including clinical psychology
- Multi-disciplinary CAMHS, excluding clinical psychology
- Psychology services in Child Health/Paediatrics
- Island services – provided by two or three professionals

## Contact

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## Further Information

Further information can be found in the [Full Publication Report](#) or on the [ISD website](#)

### About ISD

Scotland has some of the best health service data in the world combining high quality, consistency, national coverage and the ability to link data to allow patient based analysis and follow up.

Information Services Division (ISD) is a business operating unit of NHS National Services Scotland - and has been in existence for over 40 years. We are an essential support service to NHSScotland and the Scottish Government Health Department and others, responsive to the needs of NHSScotland as the delivery of health and social care evolves.

### Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of 'Official Statistics'. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. The Code of Practice is produced and monitored by the UK Statistics Authority which is independent of Government. Under the Code of Practice, the format, content and timing of statistics publications are the responsibility of professional staff working within ISD.

Further information on ISD's statistics, including compliance with the Code of Practice for Official Statistics, and on the UK Statistics Authority, is available on the [ISD website](http://www.isdscotland.org/About-ISD/About-Our-Statistics/) [www.isdscotland.org/About-ISD/About-Our-Statistics/](http://www.isdscotland.org/About-ISD/About-Our-Statistics/)